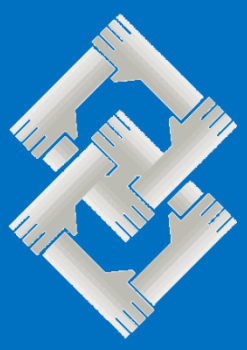




RESOURCE GUIDE

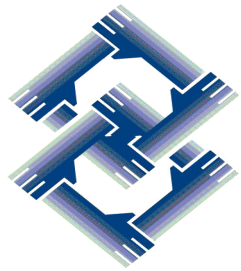
The Absolute Link



Collaborative Community Network

Southeast

Los Angeles Vicinity



Collaborative Community Network Resource Guide

TABLE of CONTENTS

Children's Service..... 11

Alta Med	11
Arts and Services for Disabled Inc.....	11
Aspen Community Services.....	11
Bellflower Child Development Center.....	11
Children's Home Society.....	11
Christian Outreach in Action (COA)	11
City of Norwalk-Social Services.....	12
City of Norwalk Youth Intervention	12
City of Whittier/Therapeutic Recreation Program	12
Community Family Guidance Center	12
Crystal Stairs.....	12
Disabled Resources Center Inc. (DRC).....	12
Easter Seals Southern California Adult Services	12
Family Outreach & Community Intervention Services (F.O.C.I.S.).....	12
LACOE-HEADSTART	13
LA County Department of Children and Family Services Kinship Division	13
LINC Housing Corporation	13
Links Sign Language & Interpreting Services	13
Little House	13
Long Beach Nursury	13
Long Beach Community Improvement League	13
Los Cerritos YMCA.....	13
Mexican American Opportunity Foundation (MAOF)	13
Norwalk Public Safety Dept.	13
Olive Crest Family Resource Center.....	14
Options For Learning.....	14
Positive Steps.....	14
SPIRITT Family Services	14
The Greenleaf Center.....	14
United American Indian Involvement Inc.....	14
Young Horizons.....	14
Weingart Lakewood YMCA.....	14

Community Services..... 15

Alta Med	15
American Family Housing	15
American Health Services.....	15
Angel Step Inn Youth & Family Services.....	15
Career Connection	15
Caring Connections.....	15
Catholic Charities	15
Cerritos College Admissions and Records.....	15
Cerritos College Assessment Testing.....	15
Cerritos College CalWORKs.....	15
Cerritos College Child Care Development Center	15
Cerritos College Community Education (Adult Education).....	16
Cerritos College EOPS & CARE.....	16
Cerritos College Office of International Students Services (OISS)	16
Cerritos College Re-Entry Resource Program	16
Christian Outreach in Action (COA)	16

City of Bellflower Volunteer Center	16
City of Cerritos A-Z Guide	16
City of Lakewood Community Resource Center	16
City of La Mirada Community Services	16
City of Norwalk-Social Services.....	16
City of Santa Fe Springs Neighborhood Center	17
City of Whittier/Therapeutic Recreation Program	17
Community Advocates for Peoples' Choice	17
Community Assessment Services Center (CASC)	17
Community Family Guidance Center	17
Department of Public Social Services.....	17
Disabled Resources Center Inc. (DRC).....	17
Downey Adult School Career & Education Center	17
DPSS/GROW	18
Family Outreach & Community Intervention Services (F.O.C.I.S.)	18
Field Of Dreams Learning Inc.	18
General Relief.....	18
Habitat for Humanity of Greater Los Angeles	18
Hosanna Christian Fellowship	18
Injoy Life Resources, Inc.	18
Komputers 4 R Kids	18
LINC Housing Corporation	18
Links Sign Language & Interpreting Services	18
Little House Inc.	19
LA County Department of Children and Family Services Kinship Division	19
Long Beach Community Improvement League	19
Long Beach Job Corps	19
Long Beach Rescue Mission	19
Mexican American Opportunity Foundaiton (MAOF)	19
NARCONAN Drug Prevention	19
Norwalk Social Services Center.....	19
Olive Crest Family Resource Center.....	20
Positive Steps.....	20
SARAH.....	20
Salvation Army Bell Shelter Supportive Services for Veteran Families	20
Southern California Rehabilitation Services	20
Su Casa - Ending domestic Violence	20
The Gary Center.....	20
UAW-Labor Employment Training-South LA WSC.....	20
United American Indian Involvement Inc.....	21
WIC	21
Young Horizons.....	21

Counseling..... 22

Alcoholics Anonymous.....	22
Alta-Med Health Services.....	22
Alta-Med Youth Services	22
American Health Services.....	22
American Red Cross	22
Arts and Services for Disabled Inc.....	22
Providence Community Services	22
California Diversion Intervention Foundation	22
Casa Youth Shelter	22
Cerritos College CalWORKs	23
City of Norwalk-Social Services.....	23
City of Norwalk Teen Alliance Program	23
ClearPoint Credit Counseling	23
Community Assessment Services Center (CASC-CHCADA-SP)	23
Community Family Guidance Center	23
Crime Victim Counseling Center.....	23
Department of Public Social Services.....	23
Disabled Resources Center Inc. (DRC).....	23
Exchange Club Family Support Center.....	24
Family Services of Long Beach	24
Family Outreach & Community Intervention Services (F.O.C.I.S.)	24
Help Line Youth Counseling	24

Hosanna	24
Links Sign Language & Interpreting Services	24
Little House Inc.	24
Long Beach Rescue Mission	24
Los Angeles Centers for Alcohol & Drug Abuse.....	24
NCADD - Woman to Woman.....	24
Norwalk Dispute Resolution	24
Norwalk-La Mirada Adult School	25
Olive Crest Family Resource Center.....	25
Positive Steps	25
SAHARA.....	25
The Salvation Army Bell Shelter	25
South Asian Network.....	25
SPIRITT Family Services	25
Su Casa - Ending Domestic Violence	25
Tarzana Treatment Center	26
The Gary Center.....	26
United American Indian Involvement Inc.....	26

Disability Programs 27

American Family Housing	27
ARC of Southeast Los Angeles County.....	27
Blind Start of America	27
Cerritos College Human Resources	27
Community Advocates For Peoples' Choice.....	27
City of Norwalk-Therapeutic Programs	27
City of Whittier/Therapeutic Recreation Program	27
Cush Maker.....	27
Dept. of Public Social Services.....	27
Dept. of Rehabilitation.....	27
Disabled Resources Center Inc. (DRC).....	27
Easter Seals Southern California Adult Services	28
Easter Seals Southern California.....	28
EDD-GLADD.....	28
Employment Development Dept.-Disability Insurance Information.....	28
Goodwill Long Beach and South Bay.....	28
Habitat for Humanity of Greater Los Angeles	28
InClusion Services	28
LINC Housing Corporation	28
Links Sign Language & Interpreting Services	28
Miracle Ear at Sears	29
Rancho Los Amigos National Rehabilitation Center	29
Southeast Family Resource Center	29
Southern California Rehabilitative Services, Inc	29
Try Mediation	29

Education..... 30

ABC Adult School.....	30
ABC Unified School District	30
Arts and Services for Disabled Inc.....	30
Bellflower Adult School	30
Bellflower Unified School District	30
Career Connection	30
Casa Youth Shelter	30
Cerritos College Admissions and Records.....	30
Cerritos College Assessment Testing	30
Cerritos College CalWORKs	30
Cerritos College Child Care Development Center	30
Cerritos College Community Education (Adult Education).....	31
Cerritos College EOPS & CARE.....	31
Cerritos College Office of International Student Services (OISS).....	31
Cerritos College Re-Entry Resource Program	31
City of Long Beach Center for Families & Youth	31
Community Advocates for Peoples' Choice.....	31
CSULB-CCPE	31

Downey Adult School Career & Education Center.....	31
Disability Resource Centers Inc. (DRC).....	31
Field of Dreams Learning Inc.	31
Habitat for Humanity of Greater Los Angeles	32
Helpline Youth Counseling, Inc.....	32
John Muir Charter School.....	32
LA County Department of Children and Family Services Kinship Division	32
Links Sign Language & Interpreting Services	32
Long Beach Community Improvement League	32
Long Beach Job Corps	32
Mexican American Opportunity Foundation (MAOF)	32
Norwalk/La Mirada Adult School.....	32
Norwalk-La Mirada Adult School	33
Norwalk/La Mirada Unified School District.....	33
NTMA Training Center	33
Olive Crest Family Resource Center.....	33
RWM Fiber Optics, Inc.....	33
SAHARA.....	33
Southeast Regional Occupational Program.....	33
UAW-Labor Employment Training-South LA WSC.....	33
United American Indian Involvement Inc.....	33
World Financial Group	34
Young Horizons.....	34

Emergency Services.....35

American Red Cross	35
American Red Cross-Chain Reaction Leadership.....	35
Avenues to Work Program.....	35
Caring Connections.....	35
Casa Youth Shelter	35
Christian Outreach in Action (COA)	35
Community Family Guidance Center	35
Disabled Resources Center Inc. (DRC).....	36
Fair Housing Foundation	36
LA County Sheriffs Dept	36
Links Sign Language & Interpreting Services	36
Long Beach Rescue Mission.....	36
Norwalk Social Service Center	36
Rancho Los Amigos National Rehabilitation Center	36
Salvation Army.....	36
Salvation Army Bell Shelter	36
Su Casa - Ending Domestic Violence	37
United American Indian Involvement Inc.....	37

Employment38

ABC Adult School	38
Abbott Staffing	38
Angel Step Inn Youth & Family Service	38
Apple One.....	38
Avenues to Work Program.....	38
Career Connection	38
City of Norwalk-Social Services.....	38
Community Advocates for Peoples' Choice.....	38
Disabled Resources Center Inc. (DRC).....	39
DPSS.....	39
Easter Seals Southern California Adult Services	39
Employment Development Department.....	39
Goodwill Long Beach & South Bay	39
InClusion Services	39
LACOE Los Angeles County Office of Education	39
Norwalk-La Mirada Adult School	39
RWM Fiber Optics, Inc.....	39
Salvation Army Bell Shelter Supportive Services for Veteran Families	40
Southern California Rehabilitation Services	40
SELACO WDB.....	40

Advantage Resourcing	40
Social Vocational Services (SVS).....	40
Southeast Regional Occupational Program.....	40
UAW-Labor Employment Training-South LA WSC.....	40
Working Wardrobes.....	40
World Financial Group	40

Health Care41

Alta Med	41
Alta-Med-Health Services.....	41
Alta-Med Senior Services.....	41
American Health Services.....	41
Asian Pacific Mental Health Program.....	41
Bellflower District Health Dept.	41
Community Family Guidance Center	41
County of Los Angeles-Bellflower Office Ability to Pay Plan.....	41
Disabled Resources Center Inc. (DRC).....	41
Families in Good Health	41
Hawaiian Gardens Health Center.....	42
Links Sign Language & Interpreting Services	42
Little House Inc.	42
Miracle Ear At Sears.....	42
Molina Health Care.....	42
Norwalk Regional Health Center	42
Positive Steps.....	42
Rancho Los Amigos National Rehabilitation Center	42
Remote Area Medical	42
SAHARA.....	42
The Gary Center.....	42

Homeless Resources.....43

American Family Housing	43
Angel StepToo	43
Southern California Alcohol and Drug Programs Inc.	43
Avenues to Work Program.....	43
Caring Connections.....	43
Casa Youth Shelter	43
Catholic Charities	43
Christian Outreach in Action (COA)	43
City of Bellflower Volunteer Center.....	43
City of Norwalk Social Services Center	44
Community Assessment Services Center (CASC-CHCADA-SP)	44
Department of Public Social Services	44
Disabled Resources Center Inc. (DRC).....	44
DPSS/GROW	44
Family Service of Long Beach.....	44
Hawaiian Gardens Food Bank	44
LINC Housing Corporation	44
Long Beach Job Corps	44
Long Beach Rescue Mission.....	45
Mental Health Association/Homeless Assistance	45
Norwalk Social Services Center.....	45
Community Action Partnership	45
Public Safety Department	45
SAHARA.....	45
Salvation Army.....	45
Salvation Army Bell Shelter	45
Salvation Army Bell Shelter Supportive Services for Veteran Families	45
Su Casa	46
Su Casa Family Crisisand Support Center	46
Union Rescue Mission	46
United American Indian Involvement Inc.....	46
Village Baptist Church.....	46
Weingart Center.....	46
Women and Children Crisis Shelter.....	46

Hotlines 47

AIDS Info 47
Al-Anon/Alateen Hotline..... 47
Alcoholics Anonymous..... 47
Boys Town National Hotline 47
Childhelp National Child Abuse Hotline 47
Depression and Bipolar Support Alliance 47
Identity Theft Resource Center 47
MADD (Mothers Against Drunk Driving)..... 47
National Alliance on Mental Illness..... 47
National Center on Elder Abuse 47
National Domestic Violence Hotline 47
National Runaway Switchboard..... 47
Parents of Murdered Children..... 47
Planned Parenthood Hotline..... 47
Poison Control 47
Post-Partum International 47
S.A.F.E. Alternatives 47

Housing 48

American Family Housing 48
Anaheim Housing Authority 48
Christian Outreach in Action (COA) 48
Community Advocates for Peoples' Choice..... 48
Compton Housing Authority..... 48
Disabled Resources Center Inc. (DRC)..... 48
Easter Seals Southern California Adult Services 48
Fair Housing Foundation 48
Habitat for Humanity of Greater Los Angeles 48
Hawaiian Gardens Housing Authority 48
LINC Housing Corporation 49
Long Beach Rescue Mission 49
Los Angeles County Housing Authority..... 49
Norwalk Housing Authority..... 49
Salvation Army Bell Shelter Supportive Services for Veteran Families 49
UAW-Labor Employment Training-South LA WSC..... 49
United American Indian Involvement Inc 49

Immigration Assistance..... 50

A-Immigration Express..... 50
Cerritos College Adult Education and Diversity Program 50
Immigration and Naturalization 50
Law Office Vachani & Associates..... 50
Links Sign Language & Interpreting Services 50
Los Angeles Center for Law & Justice 50
Mexican American Opportunity Foundation (MAOF) 50
SAHARA 50
South Asian Network..... 50
The Greenleaf Center..... 50
US Dept. of Homeland Security..... 50

Legal Assistance..... 51

Al's Fingerprinting 51
Better Business Bureau 51
CA Bureau of Autootive Repair..... 51
CA Tenants (CA Dept. of Consumer Affairs)..... 51
City of Norwalk-Social Services..... 51
Community Family Guidance Center 51
Community Legal Services 51
Consumer Agencies 51

County Clerk.....	51
Department of Industrial Relations	51
Disabled Resources Center Inc. (DRC).....	51
Dispute Resolutions Services.....	51
EEO Commission	51
Eviction Defense Center	51
Fair Housing Foundation	51
Federal Information Center	51
Federal Trade Commission	51
LA County Public Defender	51
Lawyer Referral Service of the Southeast District Bar	52
Legal Aid	52
Los Angeles Center for Law & Justice	52
Mercury Paralegal Services	52
National Housing Hotline	52
Norwalk Dispute Resolution Program	52
Office of Clients Rights and Advocacy.....	52
Office of LA County Registrar	52
OSHA - Division of Safety and Health.....	52
Pre-Paid Legal Services, Inc.	52
SAHARA.....	52
Salvation Army Bell Shelter Supportive Services for Veteran Families	52
Senior Legal Hotline.....	52
Single Parents United N' Kids (SPUNK)	52
Victim Witness Assistance Program.....	52

Libraries.....53

Mental Health54

Asian Pacific Mental Health Program.....	54
Cerritos College Human Resources	54
College Hospital Hotline.....	54
Community Assessment Services Center (CASC-CHCADA-SP).....	54
Community Family Guidance Center	54
County of Los Angeles Dept. of Mental Health.....	54
Disabled Resources Center Inc. (DRC).....	54
Helpline Youth Counseling, Inc.....	54
Little House	55
Mental Health of America Los Angeles.....	55
Metropolitan State Hospital	55
Olive Crest Family Resource Center	55
Positive Steps.....	55
Rio Hondo Mental Health.....	55
SAHARA.....	55
The Greenleaf Center.....	55
The Salvation Army Bell Shelter	55
Suicide Prevention Center	56
Tarzana Treatment Center.....	56
The Gary Center.....	56
United American Indian Involvement Inc.....	56

Senior Services.....57

Alta Med	57
Alta-Med Senior Health Services.....	57
ARC of Southeast Los Angeles County.....	57
Cerritos Senior Center	57
Christian Outreach in Action (COA)	57
City of Norwalk-Social Services.....	57
Disabled Resources Center Inc. (DRC).....	57
Downey Barbara Riley Senior Center	57
Easter Seals Southern California Adult Services	57
Grandparents as Parents.....	58

Habitat for Humanity of Greater Los Angeles	58
Hawaiian Gardens Mary Rodriguez Center	58
LA County Department of Children and Family Services Kinship Division	58
Lakewood Weingart Senior Center.....	58
LINC Housing Corporation	58
Long Beach Multipurpose Senior Center.....	58
Mexican American Opportunity Foundation (MAOF)	58
Norwalk Senior Citizens Center.....	58
Oasis	58
Pathpoint.....	58
SAHARA.....	59
Senior Legal Hotline.....	59
Southern California Rehabilitation Services	59
UAW-Labor Employment Training-South LA WSC.....	59
United American Indian Involvement Inc.....	59

Substance/Physical Abuse..... 60

American Health Services.....	60
Angel Step Too	60
California Diversion Intervention Foundation	60
Casa Elena	60
Center for Family Matters.....	60
Child Abuse Hotline	60
Cider House Supportive Program	60
City of Norwalk-Social Services.....	60
Community Assessment Services Center (CASC-CHCADA-SP).....	61
Community Family Guidance Center	61
East L.A. Women’s Center	61
Family Intervention Team.....	61
Family Outreach & Community Intervention Services (F.O.C.I.S.)	61
Helpline Youth Counseling, Inc.....	61
Homes of Promise Izzy's Recovery Home for Men	61
Hosanna Counseling Center.....	61
Interval House.....	61
La Casita de Las Mamas	62
LACADA.....	62
Links Sign Language & Interpreting Services	62
Little House Inc.	62
NARCONON Drug Prevention	62
NCADD - Woman to Woman.....	62
Paramount Counseling Services.	62
Positive Steps.....	62
Southern California Alcohol & Drug Program	62
Southern California Alcohol & Drug Youth Program.....	63
Substance Abuse Foundation	63
SPIRITT Family Foundation	63
Tarzana Treatment Center.....	63
United American Indian Involvement Inc.....	63

Transportation..... 64

ACCESS PARATRANSIT	64
Arts and Services for Disabled Inc.....	64
Bellflower Dial-A-Ride	64
Community Advocates for Peoples' Choice.....	64
Cerritos on Wheels.....	64
Dial-A-Ride	64
Disabled Resources Center Inc. (DRC).....	64
go Metro	64
Live Free Traffic Info	64
Long Beach Transit.....	64
METROLINK.....	64
Metropolitan Transit Authority.....	64
Orange County Transit.....	64
Salvation Army.....	64
Torrance Transit System	64

United American Indian Involvement Inc.....	64
Yellow Cab	64

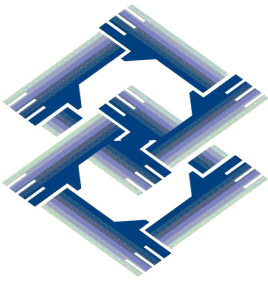
Veterans Services 65

ABC Adult School.....	65
Department of Veteran’s Affairs	65
Disabled Resources Center Inc. (DRC).....	65
Easter Seals Southern California Adult Services	65
EDD-Veterans Services	65
Habitat for Humanity of Greater Los Angeles	65
National Veterans Legal Services Program.....	65
Positive Steps.....	65
RWM Fiber Optics, Inc.	66
Selective Services	66
Salvation Army Bell Shelter Supportive Services for Veteran Families	66
USW-Labor Employment Training-South LA WSC	66
U.S. Veterans.....	66
Veterans Assistance	66
Veterans Center.....	66
Veterans University Center for Excellence	66
Working Wardrobes.....	66

Youth Services 67

Alta Med	67
Alta-Med-Pregnant and Parenting Teen Programs.....	67
Alta-Med Youth Services	67
Arts and Services for Disabled Inc.....	67
Casa Youth Shelter	67
City of Long Beach Center for Families & Youth	67
City of Norwalk Youth Intervention	67
City of Whittier/Therapeutic Recreation Program	67
Community Family Guidance Center	67
Disabled Resources Center Inc. (DRC).....	68
Families in Good Health	68
Family Intervention Team.....	68
Family Outreach & Community Intervention Services (F.O.C.I.S.)	68
Field Of Dreams Learning Inc.	68
Habitat for Humanity of Greater Los Angeles	68
Helpline Youth Counseling, Inc.....	68
Job Corps	68
LACADA.....	68
LINC Housing Corporation	69
Long Beach Community Improvement League	69
Long Beach Job Corps	69
Mexican American Opportunity Foundation (MAOF)	69
NARCONON Drug Prevention	69
Olive Crest Family Resource Center.....	69
Positive Steps.....	69
Providence Community Services	69
The Salvation Army	70
Southern California Alcohol & Drug Youth Program.....	70
SPIRITT Family Services	70
United American Indian Involvement Inc.....	70

Thrift Stores 71



RESOURCE GUIDE

CHILDRENS' SERVICES			
ORGANIZATION ADDRESS	PHONE / FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Alta Med 711 E Wardlow Long Beach, Ca 90807	(562) 490-7583 (562) 595-8174 (f)	www.altamed.org	Case management for youth and parenting classes. Connections for senior services, health care and child services. Areas Served: LA & Orange County Hours: 8:00 am to 5:00 pm
Arts and Services for Disabled Inc. 3962 N Studebaker Rd Ste. 206 Long Beach, Ca 90808	(562) 982-0252	www.artsandservices.org	We provide meaningful day programming for adults with developmental disabilities, using the creative arts as a tool to develop and strengthen social and developmental skills. Our primary focus is to encourage and support artists with disabilities in their creative expression through inclusive community participation. We also offer transportation to and from our site. Serving the Southern California Area. Hours: 8:30 am to 3:30 pm
Aspen Community Services (ACS) 21520 S. Pioneer Blvd., Bldg. #110 Hawaiian Gardens, CA 90716	(562) 865-3644 (562) 865-5244 (f)	aspencommunityservices.org	Intense day treatment services are offered to children and adolescents ages 6-18, living in the South East Los Angeles area and receiving Medi-Cal or Healthy Families Insurance. The Aspen program is designed for youth with behavioral management problems related to Serious Emotional Disturbance.
Bellflower Child Development Center 9301 Flower St. Bellflower, CA 90706	(562) 461-2227 (562) 461-2231		Provides a variety of programs including extended day care and preschool classes. Morning & Afternoon sessions.
Child Abuse Hotline	(800) 540-4000		To report child abuse. Provides counseling, intervention and prevention services in cases of child abuse.
Children's Home Society 330 Golden Short, Suite 20 Long Beach, Ca 90802	(562) 929-9525 (562) 929-9524 (f)	www.chs-ca.org	Helps pay for child care services for parents who need child care while they work, seek work, or attend school or job training programs. The programs are funded primarily by the State Department of Education, and eligibility requirements are established by state and federal guidelines. Clients are enrolled in order of greatest need. Qualified parents select the child care of their choice, and CHS reimburses child care providers for all or part of the cost of care.
Christian Outreach in Action (COA) 515 E. 3 rd Street Long Beach, Ca 90802	(562) 432-1440 (562) 592-8984 (f)	www.coalongbeach.org	Free groceries to anyone on Tue. & Thur. 9 am-12Noon. Free clothing (Fri.9am-Noon only) and furniture (Fri. 9am-2pm only) to Long Beach residents only. Transitional housing for drug abuse women w/children. Serves Long Beach.



CHILDREN'S SERVICES

ORGANIZATION ADDRESS	PHONE / FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
City of Norwalk – Social Services 11929 Alondra Blvd. Norwalk, Ca 90650	(562) 929-5547 (562) 929-5515 (f)	www.norwalkca.gov	Emergency Food Cupboard – Emergency food assistance provided to individuals that are experiencing crisis situations, Paralegal Services – Provide free civil paralegal services to qualifying Norwalk residents, Self-help Support Groups – Groups meet weekly to provide support, counseling, and information relating to various issues: Al-Anon, Domestic Violence, Neurotics Anonymous, Alcoholics Anonymous, and ESL-English Classes. Senior 60 years and older Nutrition Program – Hot Lunch Monday thru Friday 11:30 am for a minimal donation. Child Development Program available to low income working parents, in training and CALWORKS participants, Norwalk Senior Center – offers a variety of activities and services to meet the social, educational and recreational needs of mature adults. Children's Dental Program – Provides transportation the dental clinic. Norwalk Dispute Resolution Program – Assists in resolving tenant/landlord, consumer/merchant and neighborhood disputes. Job Board – Current job listings.
City of Norwalk Youth Intervention 12700 Norwalk Blvd. Norwalk, CA 90650	(562) 929-5761 (562) 651-1075 (f)	www.ci.norwalk.ca.us	Provides free services for Norwalk families whose children are between the ages of 13-17 that are experiencing dysfunction in the areas of school, home, or community.
City of Whittier Therapeutic Recreation Program 13225 Walnut St Whittier, Ca 90602	(562) 567-9470 (562) 567-2878 (f)	www.cityofwhittier.org	The Therapeutic Recreation Program provides an opportunity for physical activity, emotional release, social involvement and creative expression for those with disabilities helps participants develop positive self-image and feelings of individual worth, physical activities, and continuing relationships. Ages 8 and up. Serving: City of Whittier and the Surrounding Cities
Community Family Guidance Center 10929 South St., Ste. 208B Cerritos, CA 90703 8320 Iowa St Ste. 201 Downey, Ca 90241	(562) 924-5526 (562) 924-1040 (f) Service HOTLINE 855-329-8080 (562) 924-4815	www.cfgcenter.com	CFGC has programs that service children with trauma, depressive symptoms, anxiety, ADHD, and home behavioral issues. Our programs provide clients and families with the tools and skills to improve positive social skills, emotional skills, and strengthen family relationships. We are able to serve children with MediCal insurance and also have some programs where no insurance is required. Serves: Surrounding cities of Lakewood, Long Beach, Bellflower, Norwalk, Paramount, Cerritos, Artesia, and Hawaiian Gardens.
Crystal Stairs Inc. 5110 W. Goldleaf Circle, Suite 150 Los Angeles, CA 90056	(323) 299-8998 (323) 421-2489 (f)	www.crystalstairs.org	Provides free childcare referrals for those who are on CalWorks, child health & wellness, helps parents get health care for children, and also helps clients obtain their license for child care, a resource library to borrow items for licensed providers only.
Disabled Resources Centers Inc. (DRC) 2750 E Spring Street Ste. 100 Long Beach, Ca 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch
Easter Seals Southern California Adult Services 17416-18 Bellflower Blvd Bellflower, Ca 90706	(562) 804-4686 (562) 804-4824 (f)	www.easterseals.com	We provide exceptional services to ensure that all people with disabilities or special needs and their families have an equal opportunity to live, work and play in their communities. Therapeutic, Developmental and Personal Care, Health Care needs, Behavioral, Personal, Mental needs and Support. Monday – Friday 9:00 am to 4:00 pm
Family Outreach & Community Intervention Services (F.O.C.I.S.) 11364 E. Imperial Hwy. Norwalk, Ca 90650	(562) 807-6464 (562) 864-3528 (f)	www.focisweb.com	Serving our community by providing innovative programs that increase individual and family growth and structure. Tuesday – Friday 8:00 am to 4:00 pm

CHILDRENS' SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
LACOE- HEADSTART Plaza De La Raza 12830 Clark Ave. Downey, CA 90242	(562) 803-6229 (562) 776-8712 (f)	www.lacoe.edu	Provides childcare for children between the ages of 0 months- 5 years. Hours of operation are from 7:30 a.m.-4:30p.m.Services are provided for the Downey community and LACOE employees. Target is for low-income families and depends on the needs of the family; sliding scale or no charge. Hours depend on program for which you qualify.
LA County Department of Children and Family Services Kinship Division 421 S Glendora Ave West Covina, Ca 91790	(562) 760-8844	dcfs.co.la.ca.us/kinshippublic/default.html www.lacdcfs.org	Supportive Services to Relative Caregivers caring for children in Dependency System, Probate Courts, Probation, and Informal Kinship Caregivers etc. Support groups, educational opportunities, free recreational opportunities, navigation/advocacy of child welfare system. Connections to tutoring, mental health, DPSS applications for non-needy caregiver funding. Areas Served: All of Los Angeles County Hours: Monday – Friday 8:00 am to 5:00 pm
LINC Housing Corporation 555 E Ocean Blvd Ste. 900 Long Beach, Ca 90802	(562) 684-1100 (562) 684-1137 (f)	www.linchousing.org	LINC Cares provides services that build networks of support, access, and awareness for families and that support healthy and independent living for those who live within our communities. The staff members teach and collaborate with nearby agencies to facilitate classes and activities that cover health, exercise, financial literacy, after-school care, ESL, computer skills, crafts, volunteer opportunities, social events, and field trips to experience science, nature, and the arts.
Links Sign Language Interpreting Services 800West Pacific Coast Hwy Long Beach, Ca 90806	(562) 435-3411 (562) 436-5559 (f) Emergencies (562) 331-0927	www.linksinterpreting.com	We are an agency that places both sign and verbal language interpreters for temporary assignments. We work with over 300 interpreters supporting American Sign Language and 30 Spoken Languages. M-F 7:30am – 4:30pm After Hours Emergencies 24/7
Little House, Inc. 9718 Harvard St. Bellflower, CA 90706	(562) 925-2777 (562) 925-7572 (f)	www.littlehouseinc.org	Residential Treatment Program for Women with Alcohol and Substance Abuse issues. Program is 6-9 months with three phases of treatment, the third which is re-entry, i.e.: job, school. 12 Step based, daily groups, aimed at the whole woman sustaining her recovery. Supportive Service offered upon completion and weekly aftercare. Call for a phone assessment. Serves: Los Angeles & Orange County Office Hours: 8:00am – 5:00pm
Long Beach Nursery 3965 Bellflower Blvd. Long Beach, CA 90808	(562) 591-0509 (562) 599- 8262(f)	www.lbdn.org	Early care and education/childhood development for children 6 weeks to 6 years for children of working parents (or going to school). Eligibility is based on family income. Call 562-591-6509 for details. Hours: 6:30am – 6:00pm
Long Beach Community Improvement League 2222 Olive Ave. Long Beach, CA 90806	(562) 951-3500 (562) 951-0800 (f)	www.lbcil.org	LBCIL provides social services to low income residents of Long Beach including: Universal Preschool (LAUP); state-subsidized preschool age care; before and after school care; child nutrition; teacher training; parent training, and Summer Youth Training Program Serves: Long Beach Hours: M – F... 6:30am – 6:00pm
Los Cerritos YMCA 15530 Woodruff Ave. Bellflower, CA 90706	(562) 925-1292		Provides subsidized before and after-school day care for children from low-income households.
Mexican American Opportunity Foundation (MAOF) 5657 E Washington Blvd Commerce, Ca 90040	(323) 313-1603 (323) 890-1556 (f)	www.maof.org	Human services organization servicing low income families, children, seniors, and other individuals with services such as vocational/job training, work experience employment, childcare, and senior services. Monday – Friday 8:00 am to 5:00 pm
Norwalk Public Safety Dept. 12700 Norwalk Blvd. Norwalk, CA 90650	(562) 929-5732 (929) 929-5564(f)	norwalk.org/city-hall/departments/public-safety	Provides residents of the City of Norwalk with family intervention, probation services, community services worker program, gang and drug abatement, juvenile intervention, parenting skill building classes, and youth and family counseling referrals. Can also provide referrals for a variety of services to non-residents.

CHILDRENS' SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Olive Crest Family Resource Center 17800 Woodruff Ave. Bellflower, CA 90706	(562) 866-8956	www.olivecrest.org	Free tutor; Parent support groups/kinship/foster education classes; financial education classes; information to local resources & referrals. Areas Served: Bellflower & Surrounding Communities Hours: Monday – Friday 9:00 am – 5:00 pm
Options for Learning 13100 Brooks Dr. Baldwin Park, CA. 91706	(626) 856-5900 (626) 960-9574 (f)	www.optionsforlearning.org	Various child care services including: resource and referrals, resource lending library, alternative payment program, Inclusion Specialist working with special needs, family child care, home network, family/child care food program. Funding: state, federal, united way. Languages spoken are Spanish, Vietnams, Chinese, and Mandarin. Services are free.
Positive Steps 5230 N. Clark Ave., # 18 Lakewood, CA 90712	(562) 804-2700 (562) 496-2104 (f)	www.positivestepsinc.com/	Specializing in: Child Abuse-Domestic Violence-Drug & Alcohol Counseling – Obsessive Compulsive Disorders. Offer individuals advice to learn healthy ways of relating to others and tools to improve self-esteem and self-worth. Family therapy; parenting and anger management classes. Serve all court ordered and social service cases. Serves: Out of state & all communities Hours: Tues-Thurs: 10am-7pm by appointment Friday: 2pm-7:30pm
SPIRITT Family Services 8000 Painter Ave Whittier, Ca 90602	(562) 777-1410 (562) 693-1803 (f)	www.spiritt.org	Family communication skills class: parenting, anger management, alcohol and drug recovery services, domestic violence, and child abuse prevention. After school programs are available for ages 5-18 years old. Services are in English and Spanish. Sliding scale fees apply for low-income clients.
The Greenleaf Center 13006 Philadelphia St., Ste.411 Whittier, CA 90601	(562) 945-5108 (562) 945-5208 (f)	www.thegreenleafcenter.com	Mental health counseling for children and adults, psychological testing. Immigration evaluation (psychological). Monday – Friday 8:00 am to 5:00 pm
United American Indian Involvement Inc. 1125 W. 6 th Street Los Angeles, Ca 90017	(213) 202-3970 (213) 241-0925 (f)	www.UAII.org	UAII is an organization that has been established in Los Angeles for over 38 years. The majority of our funding is to serve the Native American Community, we have many programs, the Robert Sundance is our Substance Abuse Program, we have a Senior's Program, and we also have our clinic that receives HIS monies to provide medical care to the Native American Community. Continuing Education for youth seeking their high school diploma, Seven Generations mental health component, we serve everyone, native or non-native. Native Pathway's to Healing Domestic Violence/Sexual Assault Program, serving victims of domestic violence or sexual abuse. Areas Served: Los Angeles County Hours: 8:00 am – 5:00 pm
Young Horizons 501 Atlantic Ave. Long Beach, CA 90802	(562) 437-8991 (562) 436-8847 (f)	www.yhcc-lb.com	All families will be placed on a waiting list first. This is not a first come first served, but based on eligibility priorities. First; children at risk of abuse or neglect and referred by legal qualified professionals. Second; families with lowest adjusted income. Third; demonstrate a need for care. Monday – Friday 7:00 am to 6:00 pm
Weingart Lakewood YMCA 5835 East Carson St. Lakewood, CA 90713	(562) 425-7431 (562) 425-5451 (f)	www.lbymca.org	We offer before and after school childcare programs for children entering kindergarten through 8 th grades. We also offer day camp and resident camps; gymnastics for 18 months and up.

Children are one third of our population and all of our future.

-Select Panel for the Promotion of child Health, 1981



COMMUNITY SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Alta Med 711 E Wardlow Long Beach, Ca 90807	(562) 490-7583 (562) 595-8174 (f)	www.altamed.org	Case management for youth and parenting classes. Connections for senior services, health care and child services. Areas Served: LA & Orange County Hours: 8:00 am to 5:00 pm
American Health Services 5200 San Gabriel Place, Suite D Pico Rivera, CA 90660	(562) 222-1331 (562) 222-1322 (f)	www.americanhealthservices.org	Drug testing for local schools and employers; several outpatient “methadone” clinics with individual counseling, drug tested as part of the program; new outpatient drug free program in Eastside & Pico Rivera (non-methadone).; Most sites are also community clinics with free to low cost medical services, youth and family planning (clinics accept non-documented patients). Serves: Pico Rivera, Whittier, Montebello, Hawaiian Gardens, Norwalk, Santa Fe Springs, Long Beach, Cerritos Hours: 8:00am – 3:30pm
American Family Housing 15161 Jackson St. Midway City, Ca 92655	(714) 897-3221 Ext 113 (714) 893-6858(f)	www.afhusa.org	Affordable Housing and Interim Housing. Serves: Long Beach, South Gate, City of LA, Orange County, San Bernardino. Hours: 8:00 am to 5:00 pm
Angel Step Inn Youth & Family Services 11500 Paramount Blvd Downey, Ca 90241	(562) 949-5358 (562) 869-1835 (f)	www.scadpinc.org	Provides crisis counseling, domestic violence education, individual and group counseling, case management for linkage to social services and substance abuse treatment. Some of the Angel Step Inn activities include: comprehensive needs assessment, treatment planning, individual & group counseling, case management and transportation to social services. Serves: Los Angeles County Hours: 8:00am – 5:00pm
Career Connection 9401 S. Painter Ave. Whittier, CA 90605	(562) 698-8121, x 1240 (562) 693-4414		Assists participants (middle school through adult) with educational support, career development, job development, placement, self-advocacy, money management, disability benefits consultation and independent living skills leading to self-sufficiency. Participants must have identified disability to qualify for services. Serves: Whittier residents Hours: 8:00am – 2:30pm
Caring Connections (connected with Bellflower USD) 16703 S. Clark Ave. Bellflower, CA 90706	(562) 866-9011 Ext 2092 (562) 804-6590 (f)	www.caringconnectionsonline.com	Caring Connections works to provide community resources to students and families of the Bellflower Unified School District. Case Managers are available at school sites to link families with services and services and resources in the community. Referrals may include: Academic support, vision, dental, health insurance, medical services, basic needs and more. Areas Served: Bellflower/Lakewood
Catholic Charities 123 E. 14 th St. Long Beach, CA 90813	(562) 591-1351 (562) 591-2481 (f)	www.catholiccharitiesla.org	Help with food assistance, sandwiches served every Tuesday & Wednesday; use of mailing address for those that do not have an address; case worker available to assist with food stamp application every Thursday from 9:30-12; free clothing. Closed every Friday
Cerritos College Admissions and Records 11110 Alondra Blvd. Norwalk, Ca 90650	(562) 860-2451 Ext 2211		The admissions and records office helps new and continuing students apply for graduation, apply for graduation, pay for parking and class fees, as well as purchase official transcripts.
Cerritos College Assessment Testing 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext 2599 or 2598		At Cerritos College, assessment includes, but not limited to, the collection of information regarding student’s study skills. English language proficiency, aptitudes, goals, learning skills, career aspirations, academic performance, and need for special services.
Cerritos College CalWORKs 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext 2593	www.cerritos.edu/calworks/	The CalWORKs Program at Cerritos College assists students who are cash aid recipients to transition off welfare and achieve economic self-sufficiency.
Cerritos College Child Care Development Center 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext 2583		The Cerritos College Child Development Center provides high quality child care and development services to Cerritos College Community.

COMMUNITY SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Cerritos College Community Education (Adult Education) 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext 7891	www.cerritoscommunityd.com	Cerritos College Community Education offers not for credit adult education classes on campus, as well as six week classes you can take from home, train for a new career, improve your job skills, or explore a hobby.
Cerritos College EOPS & CARE 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext 2398	www.cerritos.edu/eops/	EOPS offers book vouchers, grants, CARE program, Summer Bridge Program, Achievement in Mathematics, transfer assistance, counseling and guidance classes, early registration assistance, psychological services, supplemental instruction, learning community, Cal State University & UC application fee waivers, and nomination for Cal State EOPS Programs.
Cerritos College Office of International Student Services (OISS) 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext 2156	www.cerritos.edu/oiss/	The Office of International Student Services (OISS) fosters the education and development of International Students with F-1 status, to empower them to achieve their academic and professional goals.
Cerritos College Re-Entry Resource Program 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext 2362	www.cerritos.edu/re-entry-program/	The Re-Entry Resource Program is here to assist and support adult students returning to school after a gap in their education.
Christian Outreach in Action (COA) 515 E. 3 rd Street Long Beach, Ca 90802	(562) 432-1440 (562) 590-8984 (f)	www.coalongbeach.org	Free groceries to anyone on Tue. & Thur. 9 am-12Noon. Free clothing (Fri.9am-Noon only) and furniture (Fri. 9am-2pm only) to Long Beach residents only. Transitional housing for drug abuse women w/children. Serves Long Beach.
City of Bellflower Volunteer Center ... SIMM's Park 16610 S. Clark Ave. Bellflower, CA 90706	(562) 925-9003 (562) 925-7272 (f)		The Bellflower Volunteer Center provides emergency food, information and referrals. Hours: M – 9am-2:30pm T, W, Th ... 9am – 4:30pm F- Sun ... Closed
City of Cerritos A-Z Guide P.O. Box 3130 Cerritos, CA 90703	(562) 860-0311 (562) 916-1313 (f)	www.cerritos.us	The City of Cerritos provides an alphabetical listing of services that are available in their community. Call to receive the guide. You must be a resident of Cerritos.
City of Lakewood Community Resource Center William J. Burns Community Service Center 5510 Clark Ave. Lakewood, CA 90712	(562) 925-7512 (562) 865-6414	www.lakewoodcity.org	Lakewood Online Connect Service Center – Search for personal and community services online at the city of Lakewood website. It is a fast and easy way to find what you need in this community.
City of La Mirada Community Services 13710 La Mirada Blvd. La Mirada, CA 90638	(562) 943-7277 (562) 902-2938 (f)	www.cityoflamirada.org	Community Services provides services at the La Mirada Resource Center, Family Services Center, La Mirada Community Gymnasium. The La Mirada Activity Center offers special events, recreational classes, programs and services designed to enhance the quality of life of La Mirada's seniors, adult and youth. The La Mirada Family Services is dedicated to improving the quality of life by providing comprehensive information and referral, extensive volunteer opportunities, employment referral and educational workshops.
City of Norwalk – Social Services 11929 Alondra Blvd. Norwalk, Ca 90650	(562) 929-5547 (562) 929-5515	www.norwalkca.gov	Emergency Food Cupboard – Emergency food assistance provided to individuals that are experiencing crisis situations, Paralegal Services – Provide free civil paralegal services to qualifying Norwalk residents, Self-help Support Groups – Groups meet weekly to provide support, counseling, and information relating to various issues: Al-Anon, Domestic Violence, Neurotics Anonymous, Alcoholics Anonymous, ESL-English Classes. Senior 60 years and older Nutrition Program – Hot Lunch Monday thru Friday 11:30 am for a minimal donation. Child Development Program available to low income working parents, in training and CALWORKS participants, Norwalk Senior Center – offers a variety of activities and services to meet the social, educational and recreational needs of mature adults. Children's Dental Program – Provides transportation the dental clinic. Norwalk Dispute Resolution Program – Assists in resolving tenant/landlord, consumer/merchant and neighborhood disputes. Job Board – Current job listings.

COMMUNITY SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
City of Santa Fe Springs Neighborhood Center 9255 Pioneer Blvd. Santa Fe Springs, CA 90670	(562) 692-0261 (562) 695-8620 (f)	www.santafesprings.org	The SFS Neighborhood Center provides information and referrals to local social service agencies, emergency food pantry and utility assistance on a one-time basis for Santa Fe Springs residents. SFSNC also offers a Senior Center and nutrition program. Non-residents may access our free legal consultations by appointment only. Services are only available to residents of Santa Fe Springs. Hours: Monday-Friday 8am-6pm.
City of Whittier Therapeutic Recreation Program 13225 Walnut Street Whittier, Ca 90602	(562) 567-9470 (562) 567-2878 (f)	www.cityofwhittier.org	The Therapeutic Recreation Program provides an opportunity for physical activity, emotional release, social involvement and creative expression for those with disabilities helps participants develop positive self-image and feelings of individual worth, physical activities, and continuing relationships. Ages 8 and up. Serving: City of Whittier and the Surrounding Cities
Community Advocates For Peoples' Choice 7200 Greenleaf Ave Ste. 170 Whittier, Ca 90602	(562) 693-8826 (562) 693-3826 (f)	www.cafcinc.org	Assisting adults with disabilities to work and live on their own. Life skills training, employment services, supported living services, community inclusion services, in home support services, Housing and Urban Development and family supports.
Community Assessment Services Center (CASC-CHCADA-SP) 9033 Washington Blvd. Pico Rivera, CA 90660	(562) 942-9625 (562) 942-9695 (f) 1-800-564-6600		Substance abuse assessment and referral for drug and alcohol treatment. Transportation available for assessment and initial intake appointment. Ancillary services: housing, clothing and food bank referrals. Brief medical screening, including screening for infectious disease and HIV/AIDS; educational information and presentations. Serves: Spa 7 Hours: 8:00am – 6:00pm
Community Family Guidance Center 10929 South St., Ste. 208B Cerritos, CA 90703 8320 Iowa St Ste. 201 Downey, Ca 90241	(562) 924-5526 (562) 924-1040 (f) Service HOTLINE 855-329-8080 (562) 904-4815	www.cfgcenter.com	CFGC has programs that service children with trauma, depressive symptoms, anxiety, ADHD, and home behavioral issues. Our programs provide clients and families with the tools and skills to improve positive social skills, emotional skills, and strengthen family relationships. We are able to serve children with MediCal insurance and also have some programs where no insurance is required. Serves: Surrounding cities of Lakewood, Long Beach, Bellflower, Norwalk, Paramount, Cerritos, Artesia, and Hawaiian Gardens.
Department of Public Social Services 12727 Norwalk Blvd Norwalk, Ca 90650	(310) 258-7400	dpss.lacounty.gov/wps/portal/dpss	In home supportive services. We help you obtain General Relief, AFDC, Food Stamps, and MediCal. Areas Served: Norwalk and Surrounding Cities Hours: Monday – Friday 8:00 am to 5:00 pm
Disabled Resources Center Inc. (DRC) 2750 E. Spring St., Suite 100 Long Beach, CA 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch
Downey Adult School Career & Education Center 12340 Woodruff Ave. Downey, CA 90241	(562) 940-6200 (562) 940-6256 (f)	www.das.edu	Provides Career Technical Education and Short Term Training in Clinical Medical Assistant, Dental Assistant, Pharmacy Technician, Vocational Nursing, Phlebotomy, Massage Therapy, Medical Billing Coding, EKG Tech, EMT. Serves: All areas Hours: Monday – Friday 8:00 am to 4:00 pm

COMMUNITY SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
DPSS/GROW 17600-B S. Santa Fe Ave. Rancho Dominguez, CA 90221	(310) 761-2213 (310) 764-2542 (f) (310) 764-0927 (f)		General Relief Opportunities for Work program (GROW) provides employment and training services to help employable General Relief participants obtain jobs and achieve long-term self-sufficiency. Participants are assigned GROW case managers who work with them to achieve their employment goals.
Family Outreach & Community Intervention Services (F.O.C.I.S.) 11364 E. Imperial Hwy. Norwalk, Ca 90650	(562) 807-6464 (562) 864-3528 (f)	www.focisweb.com	Serving our community by providing innovative programs that increase individual and family growth and structure. Tuesday – Friday 8:00 am to 4:00 pm
Field of Dreams Learning Inc. 15014 Studebaker Rd. Norwalk, Ca 90650	(562) 708-1046 (562) 991-5031 (f)	www.fieldofdreamslearning.org	FoDL is an educational nonprofit servicing young people 16-24 in the areas of education (high school diploma based education), post-secondary support, vocational training, personal counseling, mentorship, and leadership. Hours: Monday – Friday 8:00 am to 4:00 pm
General Relief 17600-B Santa Fe Ave. Rancho Dominguez, CA 90221	(310) 761-2213		Homeless or unemployed individuals can collect financial assistance. Each individual must participate in the GROW program in order to continue receiving aid unless disabled. Hours for application are from 7a.m. – 10 a.m.
Habitat for Humanity of Greater Los Angeles 8739 Artesia Blvd. Bellflower, CA 90706	(310) 323-4663	www.habitatla.org home@habitatla.org	Housing Services Program for low-income individuals and families including: Homeownership, Home repairs, Manufactured homeownership/repairs, WaterWise program. Education; Financial Literacy, First-time homebuyer and Pathways to Homeownership. Youth (5-24) and Veteran support services and engagement programs. Volunteer opportunities for the general public in our build sites, retail store and offices. ReStores (Thrift Stores) home improvement hardware stores. We have new inventory and building materials every day to inspire you on your home project of your dreams. Areas Served: 51 Cities and 61 Unincorporated areas of Los Angeles Office Hours: 9:00 am – 5:00 pm ReStore Hours: 8:30 am – 7:30 pm
Hosanna Christian Fellowship 16523 Bellflower Blvd. Bellflower, CA 90706	(562) 925-5093	www.hosannachapel.org	Offers a variety of services to the community. Please call for further information.
Injoy Life Resources, Inc. 10329 Artesia Blvd. Bellflower, Ca 90706	(562) 867-2100	www.Injoyliferesources.com	Adult day program offers self-care, life skills and community integration. Serves: Bellflower and the surrounding areas Hours: 8:00 am to 5:00 pm
Komputers 4 R Kids 16317 ½ Piuma Ave. Cerritos, CA 90703	(562) 860-7463 info@k4rk.org	www.k4rk.org www.komputers4rkids.com	Non-profit organization that builds low cost computer systems for low income families, churches, schools and other non-profits in Southern California; also offer a tax deductible receipt for donations of surplus electronics and provide a free recycling service. Hours: M-F ... 9:00am – 5:00pm Sat. ... 11:00am – 4:00pm
LINC Housing Corporation 110 Pine Ave., Ste.500 Long Beach, CA 90802	(562) 684-1100 (562) 435-1054 (f)	www.linchousing.org	LINC Cares provides services that build networks of support, access, and awareness for families and that support healthy and independent living for those who live within our communities. The staff members teach and collaborate with nearby agencies to facilitate classes and activities that cover health, exercise, financial literacy, after-school care, ESL, computer skills, crafts, volunteer opportunities, social events, and field trips to experience science, nature, and the arts.
Links Sign Language Interpreting Services 800 West Pacific Coast Hwy. Long Beach, CA 90806	(562) 435-3411 (562) 436-5559 (f) (Emergencies) (562) 331-0927	www.linksinterpreting.com	We are an agency that places both sign and verbal language interpreters for temporary assignments. We work with over 300 interpreters supporting American Sign Language and 30 Spoken Languages. M-F 7:30am – 4:30pm After Hours Emergencies 24/7

COMMUNITY SERVICES

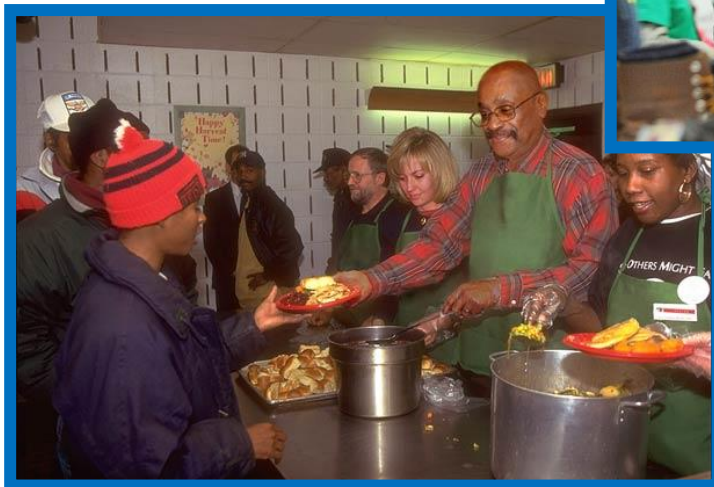
ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Little House, Inc. 9718 Harvard St. Bellflower, CA 90706	(562) 925-2777 (562) 925-7572 (f)	www.littlehouseinc.org	Residential Treatment Program for Women with Alcohol and Substance Abuse issues. Program is 6-9 months with three phases of treatment, the third which is re-entry, i.e.: job, school. 12 Step based, daily groups, aimed at the whole woman sustaining her recovery. Supportive Service offered upon completion and weekly aftercare. Call for a phone assessment. Serves: Los Angeles & Orange County Office Hours: 8:00am – 5:00pm
LA County Department of Children and Family Services Kinship Division 421 S Glendora Ave West Covina, Ca 91790	(562) 760-8844	www.lacdcfs.org/ dcfs.co.la.ca.us/kinshippublic/default.html	Supportive Services to Relative Caregivers caring for children in Dependency System, Probate Courts, Probation, and Informal Kinship Caregivers etc. Support groups, educational opportunities, free recreational opportunities, navigation/advocacy of child welfare system. Connections to tutoring, mental health, DPSS applications for non-needy caregiver funding. Areas Served: All of Los Angeles County Hours: Monday – Friday 8:00 am to 5:00 pm
Long Beach Community Improvement League 2222 Olive Ave. Long Beach, CA 90806	(562) 951-3500 (562) 951-0800 (f)	www.lbcil.org	LBCIL provides social services to low income residents of Long Beach including: Universal Preschool (LAUP); state-subsidized preschool age care; before and after school care; child nutrition; teacher training; parent training, and Summer Youth Training Program Serves: Long Beach Hours: M – F...6:30am – 6:00pm
Long Beach Job Corps 1903 Santa Fe Ave. Long Beach, Ca 90810	(562) 983-1777, x 2313 (562) 983-6393 (f)	longbeach.jobcorps.gov	Job Corps is a no-cost education and career technical training program administered by the U.S. Department of Labor that helps young people ages 16 through 24 improve the quality of their lives through career technical and academic training. At Long Beach Job Corps Center, we support the Job Corps program's mission of teaching eligible young people the skills they need to become employable and independent and placing them in meaningful jobs or further education.
Long Beach Rescue Mission 1335 Pacific Ave Long Beach, Ca 90813	(562) 591-1292 (562) 591-5116 (f)	www.lbrm.org	Emergency Shelter, Food Services, Care Management, Life Recovery
Mexican American Opportunity Foundation (MAOF) 5657 E Washington Blvd Commerce, Ca 90040	(323) 313-1603 (323) 890-1556 (f)	www.maof.org	Human services organization servicing low income families, children, seniors, and other individuals with services such as vocational/job training, work experience employment, childcare, and senior services. Monday – Friday 8:00 am to 5:00 pm
NARCONON Drug Prevention 13850 Graber Ave. Sylmar, CA 91342	(800) 775-8750 (818) 367-8300 moreinfo@theroadout.org	www.narconon.org	Free drug rehab referral services; drug abuse prevention programs to school age children and adults. Serves: Southern California Hours: 9:00am – 9:00pm
Norwalk-La Mirada Adult School 15711 Pioneer Blvd. Norwalk, CA 90650	(562) 868-9858	www.nlmas.org	Offer classes such as: High School Diploma, GED, Computer Technology, ESL, Artful Living (baking, Asian cooking, sewing, quilting, etc.), Notary Public, Medical Billing, Real Estate, ESL (Distance Learning) Serves: Norwalk, La Mirada, Artesia, Bellflower, Whittier Hours: M – Th ... 7:30am – 9:30am Fri ... 7:30am – 4:00pm
Norwalk Social Services Center 11929 Alondra Blvd. Norwalk, CA 90650	(562) 929-5544 (562) 929-5515 (f)	www.ci.norwalk.ca.us.org	Provides residents of the City of Norwalk with a variety of services including children's dental program, client advocacy, consumer/rental mediation, counseling, emergency food and a variety of senior services including Meals-on-Wheels. Can also provide referrals for variety of services to non-residents.

COMMUNITY SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Olive Crest Family Resource Center 17800 Woodruff Ave. Bellflower, CA 90706	(562) 866-8956	www.olivecrest.org	Free tutor; Parent support groups/kinship/foster education classes; financial education classes; information to local resources & referrals. Areas Served: Bellflower & Surrounding Communities Hours: Monday – Friday 9:00 am – 5:00 pm
Positive Steps Program (SCADP, Inc.) 11501 Dolan Ave Downey, Ca 90241	(562) 923-7894 (562) 869-3400 (f)	www.positivestepsinc.com	Specializing in: Child Abuse-Domestic Violence-Drug & Alcohol Counseling – Obsessive Compulsive Disorders. Offer individuals advice that to learn healthy ways of relating to others and tools to improve self-esteem and self worth. Family therapy; parenting and anger management classes. Serve all court ordered and social service cases. Serves: Out of state & all communities Hours: Tues-Thurs ... 10am-7pm by appointment Friday... 2pm-7:30pm
SAHARA South Asian Helpline & Referral Agency 17100 Pioneer Blvd., Ste. 260 Artesia, CA 90701	(562) 402-4132 (562) 402-6093 (f)	www.saharacares.org	SAHARA is a non-profit organization providing case management, mental health counseling, legal advocacy, transitional home and education for victims of domestic violence. Other services include assistance with public benefits, computer literacy and educational workshops for the older adults/seniors and summer youth programs. All core services are culturally-sensitive and linguistically competent (Hindi, Urdu, Gujarati, Punjabi, Marathi, Bangla, and English) Office locations in Irvine, Artesia and Van Nuys.
The Salvation Army Bell Shelter 5600 Rickenbacker Rd. Bell, CA 90201	(323) 263-1206	www.salvationarmy-socal.org	The largest homeless shelter west of the Mississippi - operates a comprehensive program that offers transitional care for up to 350 homeless men and women. The goal of Bell Shelter is to meet the needs of the homeless population by addressing the myriad of reasons why people become homeless and assisting them in developing a higher quality of life through independence. Services offered include: emergency shelter, transitional housing, substance abuse rehabilitation, case management, counseling, on-site health care & medical referrals, HIV/AIDS education, ESL classes, computer training, vocational assistance, job referrals and life skills classes.
The Salvation Army Bell Shelter Supportive Services for Veteran Families 5600 Rickenbacker Rd. Bell, Ca 90201	(562) 263-1206 Ext. 205 (562) 263-8543 (f)		Housing for homeless and near homeless veterans and their family. Social Services, connecting the veterans with the appropriate benefit source. Employment Services, helping veterans and their families find employment. Qualification other than dishonorable discharge, in danger of losing your housing, or being actually homeless, and low income.
Southern California Rehabilitation Services 7830 Quill Dr., Suite D Downey, CA 90242	(562) 862-6531 (562) 923-5274	www.scrs-ilc.org	Offers a variety of services for both individuals with disabilities and employers looking to hire qualified candidates. Services are career education and training, Career assessment and counseling, transportation, Independent Living Skills.
Su Casa – Ending Domestic Violence 3840 Woodruff Ave. #203 Long Beach, CA 90808	(562) 421-6537 (562) 421-8117 (f)	www.sucasadv.org	Program for victims/survivors of domestic violence including women, men and transgendered persons and their children if any. Shelter, support groups, assistance with restraining orders, parenting and education on domestic violence. Serves: Southeast LA County Hours: M-F ... 8:00am – 5:00pm
The Gary Center 341 Hillcrest Street La Habra, CA 90631	(562) 691-3263 (562) 690-5063 (f)	vistacommunityclinic.org/	Counseling, ESL, computer training, Dental clinic, Service is provided to low Income Individuals and families.
UAW- Labor Employment Training – South LA WSC 3965 S Vermont Ave. Los Angeles, Ca 90037	(323) 730-7900 (323) 730-7937 (f)		We are a South Los Angeles Work source Center that offers Employment assistance, training opportunities, and supportive services. We offer referral services to many community based organizations. Areas Served: South Los Angeles Hours: Monday – Friday 8:00 am to 5:00 pm

COMMUNITY SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
United American Indian Involvement Inc. 1125 W. 6 th Street Los Angeles, Ca 90017	(213) 202-3970 (213) 241-0925 (f)	www.UAII.org	UAII is an organization that has been established in Los Angeles for over 38 years. The majority of our funding is to serve the Native American Community, we have many programs, the Robert Sundance is our Substance Abuse Program, we have a Senior's Program, we also have our clinic that receives HIS monies to provide medical care to the Native American Community. Continuing Education for youth seeking their high school diploma, Seven Generations mental health component, we serve everyone, native or non-native. Native Pathway's to Healing Domestic Violence/Sexual Assault Program, serving victims of domestic violence or sexual abuse. Areas Served: Los Angeles County Hours: 8:00 am – 5:00 pm
WIC 17610 Bellflower Blvd. Suite # 103-105 Bellflower, CA 90706	(562) 461-9602 (562) 461-0080 (f)	www.phfewic.org	Provides food vouchers, nutrition education, referrals and breast feeding support to pregnant women or women who are breast feeding and their children under the age of five. Call and you will be directed to the nearest WIC office.
WIC 13926 San Antonio Dr. Norwalk, CA 90650	(562) 868-4814	www.phfewic.org	Same as above.
Young Horizons 501 Atlantic Ave. Long Beach, Ca 90802	(562) 437-8991 (562) 436-8847 (f)	www.yhcc-lb.com	All families will be placed on a waiting list first. This is not a first come first served, but based on eligibility priorities. First; children at risk of abuse or neglect and referred by legal qualified professionals. Second; families with lowest adjusted income. Third; demonstrate a need for care. Monday – Friday 7:00 am to 6:00 pm



Things get solved if you get involved.

COUNSELING

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Alcoholics Anonymous 3450 E Spring St., # 109 Long Beach, CA 90806	(562) 989-7697 (310) 516-8626 Spanish	www.hacoaa.org	A 12 step, self –help program for those with alcohol problems. The office hours are Monday-Friday, 9 am – 6 p.m. Saturday, 9 am – 5 p.m.
Alta-Med Health Services 9436 E. Slauson Ave. Pico Rivera, CA 90660	(562) 949-6069 (562) 949-0199 (f)	www.altamed.org	Alta Med serves the entire family with primary medical care, dental clinics and complete senior long-term care services, including Adult Day Health Care Center (ADHC) services, senior case management, and the Program of All Inclusive Care for the Elderly (PACE). Alta Med also delivers disease management programs, health education, youth services, specialty HIV/AIDS care and substance abuse treatment.
Alta-Med Youth Services 711 E. Wardlow Rd., Suite 203 Long Beach, CA 90807	(323) 595-8040 (323) 595-8174 (f)	www.altamed.org	Alta Med’s youth programs provide teens with health information and education with the goal of decreasing the number of teenage pregnancies and improving health outcomes. Our programs are designed to help teen mothers and their partners understand the health, social and economic challenges of having a child at a young age. In addition to health education, we provide parenting education and support for continued educational advancement.
American Health Services 5200 San Gabriel Place, Suite D Pico Rivera, CA 90660	(562) 222-1310 (562) 222-1322 (f)	www.americanhealthservices.org	Drug testing for local schools and employers; several outpatient “methadone” clinics with individual counseling, drug tested as part of the program; new outpatient drug free program in Eastside & Pico Rivera (non-methadone).; Most sites are also community clinics with free to low cost medical services, youth and family planning (clinics accept non-documented patients). Serves: Pico Rivera, Whittier, Montebello, Hawaiian Gardens, Norwalk, Santa Fe Springs, Long Beach, Cerritos Hours: 8:00am – 3:30pm
American Red Cross 3150 E. 29 th St. Long Beach, CA 90806	(562) 595-6341 (562) 424-0385 (f)	www.redcross.org/ca/long-beach	A volunteer humanitarian organization established by Congregational Charter provides relief to victims of disaster and helps people prevent, prepare for, and respond to emergencies. Counseling for victims of disaster.
Arts and Services for Disabled Inc. 3962 N Studebaker Rd Ste. 206 Long Beach, Ca 90808	(562) 982-0252	www.artsandservices.org	We provide meaningful day programming for adults with developmental disabilities, using the creative arts as a tool to develop and strengthen social and developmental skills. Our primary focus is to encourage and support artists with disabilities in their creative expression through inclusive community participation. We also offer transportation to and from our site. Serving the Southern California Area. Hours: 8:30 am to 3:30 pm
Providence Community Services Outpatient/Day Treatment 21520 S. Pioneer Blvd. #110 Hawaiian Gardens, CA 90716 Full Service Partnerships 11745 Firestone Blvd. #102 Norwalk, CA 90650	(562) 865-3644 (562) 865-5244 (f) (562) 207-4272 (562) 207-4279 (f)	www.providencecommunity.com	Provide home- and community-based services for children, transition age youth and families in Southern California. As a Short-Doyle Medi-Cal (Medicaid) certified provider, PCS provides behavioral health services, substance abuse (and co-occurring disorders) treatment, intensive case management, intensive day treatment, educational and vocational assistance, housing assistance and foster family services.
California Diversion Intervention Foundation 1095 N. Main St Ste. C Orange, Ca 92867	(714) 633-0502 (714) 633-9249 (f)	www.cdifcounseling.com	We do drug and alcohol counseling, domestic violence, Prop. 36 and outpatient services. We work with DCFS, Courts, Voluntary, and Probation. Serves: Los Angeles and Orange Counties Hours: 9:00 am to 4:00 pm
Casa Youth Shelter 10911 Reagan St. Los Alamitos, CA 90720	(800) 914-2272 (562) 594-9185 (f)	www.casayouthshelter.org	Emergency shelter for boys and girls ages 12-17 years who are homeless, running away, or at risk, counseling services provided with the goal of family reunification of safe. Parenting classes also offered in English and Spanish. Approved by Social Services and Probation. Certificates provided. Hours: 24/7

COUNSELING

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Cerritos Community College – CalWORKs 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext. 2377 (562) 653-7823 (f)	www.cerritos.edu/calworks	At Cerritos College, the CalWORKs Program focuses on providing CalWORKs students with special support services in order to assist with educational and career planning, as well as ensuring compliance with the Department of Public Social Services (DPSS) welfare-to-work requirements.
City of Norwalk – Social Services 11929 Alondra Blvd. Norwalk, CA 90650	(562) 929-5547 (562) 929-5515 (f)	www.norwalkca.gov	Emergency Food Cupboard – Emergency food assistance provided to individuals that are experiencing crisis situations, Paralegal Services – Provide free civil paralegal services to qualifying Norwalk residents, Self-help Support Groups – Groups meet weekly to provide support, counseling, and information relating to various issues: Al-Anon, Domestic Violence, Neurotics Anonymous, Alcoholics Anonymous, ESL-English Classes. Senior 60 years and older Nutrition Program – Hot Lunch Monday thru Friday 11:30 am for a minimal donation. Child Development Program available to low income working parents, in training and CALWORKS participants, Norwalk Senior Center – offers a variety of activities and services to meet the social, educational and recreational needs of mature adults. Children’s Dental Program – Provides transportation the dental clinic. Norwalk Dispute Resolution Program – Assists in resolving tenant/landlord, consumer/merchant and neighborhood disputes. Job Board – Current job listings.
City of Norwalk Teen Alliance Program 12700 Norwalk Blvd. Norwalk, CA 90650	(562) 929-5518 (562) 929-5757 (f)	www.citi.norwalk.ca.us	Youth counseling for youth at risk.
ClearPoint Credit Counseling 6055 E Washington Blvd #390 Los Angeles, Ca 90040	(800) 750-2227 (323) 725-1075 (f)	www.clearpointccs.org	Provides consumer credit education, confidential budget and credit counseling, and debt repayment plans, housing, bankruptcy and credit card counseling.
Community Assessment Services Center (CASC-CHCADA-SP) 9033 Washington Blvd. Pico Rivera, CA 90660	(562) 942-9625 (562) 942-9695 (f) 1-800-564-6600		Substance abuse assessment and referral for drug and alcohol treatment. Transportation available for assessment and initial intake appointment. Ancillary services: housing, clothing and food bank referrals. Brief medical screening, including screening for infectious disease and HIV/AIDS; educational information and presentations. Serves: Spa 7 Hours: 8:00am – 6:00pm
Community Family Guidance Center 10929 South St., Ste. 208B Cerritos, CA 90703 8320 Iowa St Ste. 201 Downey, Ca 90241	(562) 924-5526 (562) 924-1040 (f) Service HOTLINE 855-329-8080 (562) 904-4815	www.cfgcenter.com	CFGC has programs that service children with trauma, depressive symptoms, anxiety, ADHD, and home behavioral issues. Our programs provide clients and families with the tools and skills to improve positive social skills, emotional skills, and strengthen family relationships. We are able to serve children with MediCal insurance and also have some programs where no insurance is required. Serves: Surrounding cities of Lakewood, Long Beach, Bellflower, Norwalk, Paramount, Cerritos, Artesia, and Hawaiian Gardens.
Crime Victim Counseling Ctr. 17150 Norwalk Blvd. Norwalk, CA 90650	(562)402-0414		Provides psychological counseling by professional staff either M.A. or doctorate degree. Services are free of cost to victims of crime and some family members.
Department of Public Social Services 12727 Norwalk Blvd Norwalk, Ca 90650	(310) 258-7400	dpss.lacounty.gov/wps/portal/dpss	In home supportive services. We help you obtain General Relief, AFDC, Food Stamps, and MediCal. Areas Served: Norwalk and Surrounding Cities Hours: Monday – Friday 8:00 am to 5:00 pm
Disabled Resources Center Inc. (DRC) 2750 E. Spring St., Suite 100 Long Beach, CA 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch

COUNSELING

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Family Services of Long Beach 16704 Clark Ave. Bellflower, CA 90706 1043 Pine Long Beach, CA 90815	(562) 867-1737 Admin (562) 867-6717 (f)	www.aspiranet.org	Provides foster care, adoption, group care, after-school programs and services to children and families including individual counseling, parenting classes, outpatient drug program, anger and domestic violence management.
Family Outreach & Community Intervention Services (F.O.C.I.S.) 11364 E Imperil Hwy Norwalk, Ca 90650	(562) 807-6464 (562) 864-3528 (f)	www.focis.com	Serving our community by providing innovative programs that increase individual and family growth and structure. Tuesday – Friday 8:00 am to 4:00 pm
Exchange Club Family Support Center 8320 Iowa St. Downey, CA 90241	(562) 904-9590 (562) 904-9593 (f)	www.downeyfamilysupport.com	Offers 3 different parenting classes, minimal fee of \$40.00 per registration, 3-10 sessions, and evening classes. If cannot pay, fee will be waived.
Help Line Youth Counseling 12440 E. Firestone Blvd., Ste. 1000 Norwalk, CA 90650	(562) 864-3722 (562) 864-4596 (f)	www.hycinc.org	Provides counseling and intervention services for youth and families. Services include gang intervention/prevention, substance abuse programs (adolescents), individual, group, and family counseling, domestic violence counseling, child abuse prevention, anger management training (adolescents), and parenting skills training. Assistance is in English and Spanish. Access to some services is through Department of Children and Family Services, other county agencies, youth on probation, GAIN recipients, and referrals from school district personnel, law enforcement, parents, etc. Eligibility varies.
Hosanna Counseling Center 16523 Bellflower Blvd Bellflower, Ca 90706 Mailing: Po Box 1817 Bellflower, Ca 90706	(562) 925-7200 (562) 286-8899 (f)	www.hosannachapel.org	We provide state-approved domestic violence counseling for batterers and victims, as well as substance abuse help. Monday – Friday 9:00 am to 5:00 pm
Links Sign Language Interpreting Services 800 West Pacific Coast Hwy Long Beach, Ca 90806	(562) 435-3411 (562) 436-5559 (f) Emergencies (562) 331-0927	www.linksinterpreting.com	We are an agency that places both sign and verbal language interpreters for temporary assignments. We work with over 300 interpreters supporting American Sign Language and 30 Spoken Languages. M-F 7:30am – 4:30pm After Hours Emergencies 24/7
Little House Inc. 9718 Harvard St. Bellflower, CA 90706	(562) 925-2777 (562) 925-7572 (f)	www.littlehouseinc.org	Women’s residential treatment services. Call for a screening, assessment and or referral. Serves: All areas Office Hours: 6:00 am to 10:00 pm
Long Beach Rescue Mission 1335 Pacific Ave Long Beach, Ca 90813	(562) 591-1292 (562) 591-5116 (f)	www.lbrm.org	Emergency Shelter, Food Services, Care Management, Case Management, Life Recovery. Office Hours Monday – Friday 9:00 am to 5:00 pm
Los Angeles Centers for Alcohol & Drug Abuse 11015 Bloomfield Ave, Santa Fe Springs, CA 90670	(562) 906-2676 (562) 906-2681 (f)	www.lacada.com	Intensive Outpatient Programs: youth outpatient program, anger management, parenting classes (12 & 52 weeks), domestic violence, drug diversion, drug counseling, individual sessions, HIV testing.
NCADD – Woman to Woman 780 Atlantic Ave. Long Beach, CA 90813	(562) 426-8262 (562) 426-5283 (f)	www.womantowomanrecovery.org	Substance abuse recovery services. Long-term outpatient and residential substance abuse recovery for women, without children. Drug Court, co-ed. Positive Choices youth program. Domestic Violence case management services, with GAIN referral. Agency offers a variety of services in the substance abuse field. Child care available for our clients. Treatment covers a variety of topics such as anger management, domestic violence, parenting, etc. Hours: 9:00am – 5:00pm
Norwalk Dispute Resolution 11929 Alondra Blvd. Norwalk, CA 90650	(562) 929-5603 (562) 929-5515 (f)	www.ci.norwalk.ca.us	Provides dispute resolution involving landlord/tenant, consumer/merchant or neighbor/neighbor. Free to all participants.

COUNSELING

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Norwalk-La Mirada Adult School 15711 Pioneer Blvd Norwalk, Ca 90650	(562) 868-9858 (562) 863-2159 (f)	www.nlmas.org	Offer classes such as: High School Diploma, GED, ESL, and Vocational Programs. Serves: Norwalk, La Mirada, Artesia, Bellflower, Whittier Hours: M – Th ... 7:30am – 9:00pm Fri ... 7:30am – 3:30pm
Olive Crest Family Center 17800 Woodruff Ave. Bellflower, CA 90706	(562) 866-8956	www.olivecrest.org	Free tutor; Parent support groups/kinship/foster education classes; financial education classes; information to local resources & referrals. Areas Served: Bellflower & Surrounding Communities Hours: Monday – Friday 9:00 am – 5:00 pm
Positive Steps 11501 Dolan Ave Downey, Ca 90241	(562) 923-7894 (562) 869-3400 (f)	www.positivestepsinc.com	Specializing in: Child Abuse-Domestic Violence-Drug & Alcohol Counseling – Obsessive Compulsive Disorders. Offer individuals advice that to learn healthy ways of relating to others and tools to improve self-esteem and self worth. Family therapy; parenting and anger management classes. Serve all court ordered and social service cases. Serves: Out of state & all communities Hours: Tues-Thurs... 10am-7pm by appointment Friday... 2pm-7:30pm
SAHARA South Asian Helpline & Referral Agency 17100 Pioneer Blvd., Ste. 260 Artesia, CA 90701	(562) 402-4132 (562) 402-6093 (f)	www.saharacares.org	SAHARA is a non-profit organization providing case management, mental health counseling, legal advocacy, transitional home and education for victims of domestic violence. Other services include assistance with public benefits, computer literacy and educational workshops for the older adults/seniors and summer youth programs. All core services are culturally-sensitive and linguistically competent (Hindi, Urdu, Gujarati, Punjabi, Marathi, Bangla, and English) Office locations in Irvine, Artesia and Van Nuys.
The Salvation Army Bell Shelter 5600 Rickenbacker Rd. Bell, CA 90201	(323) 263-1206	www.salvationarmy-socal.org	The largest homeless shelter west of the Mississippi - operates a comprehensive program that offers transitional care for up to 350 homeless men and women. The goal of Bell Shelter is to meet the needs of the homeless population by addressing the myriad of reasons why people become homeless and assisting them in developing a higher quality of life through independence. Services offered include: emergency shelter, transitional housing, substance abuse rehabilitation, case management, counseling, on-site health care & medical referrals, HIV/AIDS education, ESL classes, computer training, vocational assistance, job referrals and life skills classes.
South Asian Network 18173 Pioneer Blvd. Ste. I Artesia, CA 90701	(562) 403-0488 x112 (562) 403-0487(f)	www.southasiannetwork.org	Domestic Violence, counseling; also provide immigration services. Serves: All areas
SPIRITT Family Services 9401 S. Painter Ave., Bldg. E Whittier, CA 90605	(562) 698-5722 (562) 903-7000 (f)	www.spiritt.org	Family Communication skills classes, parenting, anger management, alcohol and drug recovery services, domestic violence, child abuse prevention. After school programs are available for ages 5-18 years old. Services are in English and Spanish. Sliding scale fees apply for low-income clients.
Su Casa – Ending Domestic Violence 3840 Woodruff Ave. Long Beach, CA 90808	(562) 421-6557 (562) 421-8117	www.sucasadv.org	A non-profit agency serving victims of domestic violence and their children. Through a 24 hr. crisis hotline, clients gain access to shelter services including food, clothing, counseling, referrals, advocacy, support groups and legal assistance. All victims/survivors can receive services (male/female) at the Community Outreach Center, emergency shelter and transitional shelter. There are no fees charged to Su Casa clients. Serves: Southeast LA County Hours: M-F ... 9:00am – 5:00pm

COUNSELING

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Tarzana Treatment Center 2101 Magnolia Avenue Long Beach, CA 90806	(562) 218-1868 (562) 591-0346 (f)	www.tarzanatc.org	Provide assessments, residential and outpatient treatment, detoxification treatment. Provide individual and group counseling, family therapy and support services such as employment, educational and child care. Accept women with children and youth between the ages of 12-20 years old. Serves: Long Beach, Tarzana, and Antelope Valley. Hours: 8:30am- 5:00pm.
The Gary Center 341 Hillcrest Street La Habra, CA 90631	(562) 691-3263 (562) 690-5063 (f)	vistacommunityclinic.org	Counseling, ESL, computer training, DENTAL clinic, job coaching and resume service. Service is provided to those who are low income individuals and families.
United American Indian Involvement Inc. 1125 W. 6 th Street Los Angeles, Ca 90017	(213) 202-3970 (213) 241-0925 (f)		UAIL is an organization that has been established in Los Angeles for over 38 years. The majority of our funding is to serve the Native American Community, we have many programs, the Robert Sundance is our Substance Abuse Program, we have a Senior's Program, we also have our clinic that receives HIS monies to provide medical care to the Native American Community. Continuing Education for youth seeking their high school diploma, Seven Generations mental health component, we serve everyone, native or non-native. Native Pathway's to Healing Domestic Violence/Sexual Assault Program, serving victims of domestic violence or sexual abuse. Areas Served: Los Angeles County Hours: 8:00 am – 5:00 pm



"This communicating of a man's self to his friend works two contrary effects; for it redoubleth joys, and cutteth griefs in half."

Aristotle

DISABILITY PROGRAMS			
ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
American Family Housing 15161 Jackson Street Midway City, Ca 92655	(714) 897-3221 Ext 113 (714) 893-6858 (f)	www.afhusa.org	Affordable Housing and Interim Housing. Serves: Long Beach, South Gate, City of LA, Orange County, San Bernardino. Hours: 8:00 am to 5:00 pm
ARC of Southeast Los Angeles County 9555 Washburn Rd Downey, Ca 90242	(562) 803-4606 (562) 803-1556 (562)803-4080 (f)	www.arcselac.org	Job Training, Job Placement, Adult Education Classes, Independent Living Classes, High School to Work Transportation, Supported Employment, Supported Living, Culinary Arts, Senior Program and Transportation.
Blind Start of America 13047 Artesia, Ste. C-204 Cerritos, CA 90703	(562) 282-0123 (562) 467-1686 (f)	www.blindstart.org	Blind Start of America is a non-profit, charitable organization with the mission to help blind and visually impaired people learn and develop job skills to lead lives of independence.
Cerritos College Human Resources 11110 Alondra Blvd Norwalk, Ca 90650	(562) 860-2451 Ext 2284	www.cerritos.edu	Assuming faculty leadership roles in activities to support students who are deaf or hard of hearing and activities contributes to student's success. Courses designed for adult students with hearing loss, learning disabilities and physical and mental disabilities. Disabled Student Programs & Services. Areas Served: Artesia, Bellflower, Cerritos, Downey, Surrounding Cities Hours: Monday – Saturday 8:00 am to 5:00 pm
Community Advocates For People's Choice 7200 Greenleaf Ave. Suite 170 Whittier, CA 90602	(562) 693-8826 (562) 693-3826 (f)	www.capcinc.org	Assisting adults with disabilities to work and live on their own. Life skills training, employment services, supported living services, community inclusion services, in home support services, Housing and Urban Development and family supports.
City of Norwalk- Therapeutic Programs 14700 Gridley Road Norwalk, CA 90650	(562) 929-5611		Programs are designed for children, teens and adults with developmental, physical or learning disabilities, ages 6 to adult. Participants are encouraged to maximize their abilities through recreation activities with a social recreation emphasis. The therapeutic program provides various services including: After-school programs, Special Olympics, excursions, cooking and art classes, aerobics for limited mobility, and social clubs.
City of Whittier Therapeutic Recreation Program 13225 Walnut Street Whittier, Ca 90602	(562) 567-9470 (562) 567-2878 (f)	www.cityofwhittier.org	The Therapeutic Recreation Program provides an opportunity for physical activity, emotional release, social involvement and creative expression for those with disabilities helps participants develop positive self-image and feelings of individual worth, physical activities, and continuing relationships. Ages 8 and up. Serving: City of Whittier and the Surrounding Cities
Cush Maker 14535 Valley View Ave. Santa Fe Springs, CA 90670	(562) 404-5545 (562) 921-1404 (f)		We offer solutions for any seating and positioning project, no matter how complex, including seatbacks, and proper seating positioning. Hours: 9:00 am to 4:00 pm
Department of Public Social Services 12727 Norwalk Blvd. Norwalk, CA 90650	(626)569-1399 (info line)	dpss.lacounty.gov/wps/portal/dpss	Services include counseling for obtaining GR, AFDC, food stamps, Medi-Cal, in house supportive care for the elderly and the handicapped.
Department of Rehabilitation (State of California) 12501 E. Imperial Hwy., Suite 140 Norwalk, CA 90650	(562) 465-0538 (562) 465-0552 (f)		Helps individuals with disabilities to find employment. Also will help with funding for training to further or complete education, if found eligible based on their disability.
Disabled Resources Centers Inc. (DRC) 2750 E Spring St Ste. 100 Long Beach, CA 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1336 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch

DISABILITY PROGRAMS

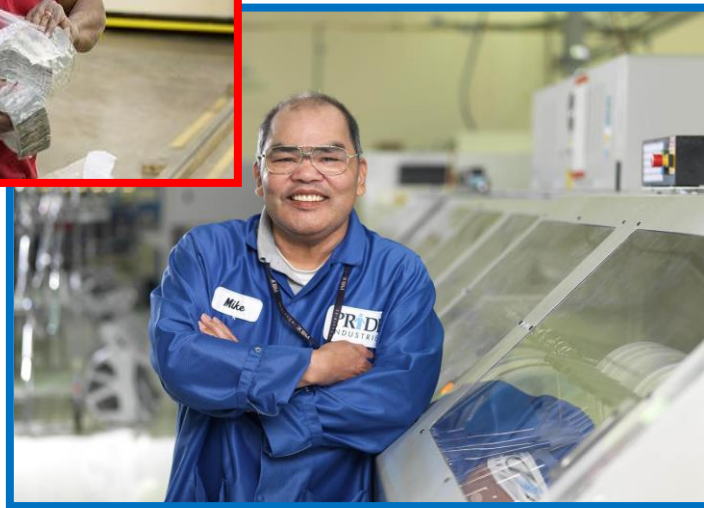
ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Easter Seals Southern California Adult Services 17416-18 Bellflower Blvd Bellflower, Ca 90706	(562) 804-4686 (562) 804-4824 (f)	www.easterseals.com	We provide exceptional services to ensure that all people with disabilities or special needs and their families have an equal opportunity to live, work and play in their communities. Therapeutic, Developmental and Personal Care, Health Care needs, Behavioral, Personal, Mental needs and Support. Monday – Friday 9:00 am to 4:00 pm
Easter Seal Southern CA 11110 Artesia Blvd. Suite C Cerritos, CA 90703	(562) 860-7270 (562) 860-1680 (f)	www.easterseals.com	The Easter Seals is a non-profit organization that provides programs and services to promote equality, dignity and independence for children and adults with disabilities. Provide job training, volunteer opportunities, alternative to institutionalized living and variety of services that meet the goal of ensuring people to live independent lives.
EDD-GLADD 12715 S. Pioneer Blvd. Norwalk, CA 90650	(562) 929-9107	www.edd.ca.gov	Helps people that are hearing impaired.
Employment Development Department-Disability Insurance Information 4300 Long Beach Blvd. Long Beach, CA 90807-2011	(800) 480-3287 (866) 658-8846 (Spanish)	www.edd.ca.gov	Is a partial wage replacement insurance plan for CA workers. State mandated and funded through employee payroll deductions, workers are covered by 2 programs: Disability Insurance, and paid family leave.
Goodwill Long Beach and South Bay 800 West Pacific Coast Hwy. Long Beach, CA 90806	(562) 435-3411 (562) 436-7145 (f)	www.thinkgood.org	Employment training programs for people with disabilities and other barriers to employment. Employment placement and retention services for people with disabilities and other barriers to employment.
Habitat for Humanity of Greater Los Angeles 8739 Artesia Blvd. Bellflower, CA 90706	(310) 323-4663	www.habitatla.org home@habitatla.org	Housing Services Program for low-income individuals and families including: Homeownership, Home repairs, Manufactured homeownership/repairs, WaterWise program. Education; Financial Literacy, First-time homebuyer and Pathways to Homeownership. Youth (5-24) and Veteran support services and engagement programs. Volunteer opportunities for the general public in our build sites, retail store and offices. ReStores (Thrift Stores) home improvement hardware stores. We have new inventory and building materials every day to inspire you on your home project of your dreams. Areas Served: 51 Cities and 61 Unincorporated areas of Los Angeles Office Hours: 9:00 am – 5:00 pm ReStore Hours: 8:30 am – 7:30 pm
InClusion Services 9901 Paramount Blvd Ste. 245 Downey, Ca 90240	(562) 945-2000 (562) 324-6190 (f)	www.inclusionsvs.org	Supported Living Services, Adaptive Skills Training, Mobility Training Services, Residential Care Services, and Adult Day Program which includes: fitness and health, computer learning skills, accessing community resources, daily living skills and instruction such as hygiene skills, self-help skills, and community integration. Areas Served: Downey, El Monte, Los Angeles, and Surrounding Areas Hours: 8:00 am to 5:00 pm
LINC Housing Corporation 110 Pine Ave., Ste.500 Long Beach, CA 90802	(562) 684-1100 (562) 435-1054 (f)	www.linchousing.org	LINC Cares provides services that build networks of support, access, and awareness for families and that support healthy and independent living for those who live within our communities. The staff members teach and collaborate with nearby agencies to facilitate classes and activities that cover health, exercise, financial literacy, after-school care, ESL, computer skills, crafts, volunteer opportunities, social events, and field trips to experience science, nature, and the arts.
Links Sign Language Interpreting Services 800 West Pacific Coast Hwy Long Beach, Ca 90806	(562) 435-3411 (562) 436-5559 (f) Emergencies (562) 331-0927	www.linksinterpreting.com	We are an agency that places both sign and verbal language interpreters for temporary assignments. We work with over 300 interpreters supporting American Sign Language and 30 Spoken Languages. M-F 7:30am – 4:30pm After Hours Emergencies 24/7

DISABILITY PROGRAMS

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Miracle Ear at Sears 100 Los Cerritos Center Cerritos, CA 90703	(562) 865-0472		Hearing Aids, Diagnostic Testing, Repairs & Troubleshooting, Maintenance tips, Free Hearing Test and Consultation.
Rancho Los Amigos National Rehabilitation Center 7601 E Imperial Hwy Downey, Ca 90242	(562) 401-8390	www.dhs.lacounty.gov	Job services, including basic computer groups, functional capacity evaluation, work readiness program, worksite evaluation. Language and culture resource center, wheelchair sports adaptive outdoor adventure with use of specialized equipment. Areas Served: Downey and Surrounding Areas Hours: 8:00 am to 5:00 pm
Southeast Family Resource Center 16337 Bellflower Blvd. Bellflower, CA 90706	(562) 461-2986	www.snapla.org	Part of California's Early Start Program providing support services for infants and toddlers with special needs/disabilities and their families. Eligible for 0-36 months old and at risk of developmental disabilities and those who have established disabilities. Services are available by appointment Monday-Friday, 10am-5pm. No fee for services.
Southern California Rehabilitation Services 7830 Quill Dr., Ste. D Downey, CA 90242	(562) 862-6531	www.scrs-ilc.org	An independent living center serving both individuals with disabilities and employers looking to hire qualified candidates. Services include counseling, independent living skills, and career assessment.
Try Mediation 11639 Senwood St. Norwalk, CA 90650	(562) 416-6878		Mediation and arbitration services focusing on disability issues in the workplace and reasonable accommodations for job applications and employees.



The only disability in life is a bad attitude. Scott Hamilton



I choose not to place "DIS", in my ability. Robert M. Hensel



EDUCATION

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
ABC Adult School 12254 Cuesta Ave. Cerritos, CA 90703	(562) 926-6734 x25100 (562) 229-7961 (f)	www.abcadulthoodschool.com	ABC Adult School offers meaningful opportunities to fulfill personal, educational and workplace goals. Our programs include Career Technical Training, Community Education, Academics and ESL. We are always open to referrals from agencies and welcome veterans as well as individuals looking to reenter the workforce. Our full service Job Center offers assistance in job readiness skill building. We offer something for everyone.
ABC Unified School District 16700 Norwalk Blvd. Norwalk, CA 90650	(562) 926-5566 (562) 404-1092 (f)	www.abcusd.k12.ca.us	Public school services.
Arts and Services for Disabled Inc. 3962 N Studebaker Rd Ste. 206 Long Beach, Ca 90808	(562) 982-0252	www.artsandservices.org	We provide meaningful day programming for adults with developmental disabilities, using the creative arts as a tool to develop and strengthen social and developmental skills. Our primary focus is to encourage and support artists with disabilities in their creative expression through inclusive community participation. We also offer transportation to and from our site. Serving the Southern California Area. Hours: 8:30 am to 3:30 pm
Bellflower Adult School 9242 E. Laurel St. Bellflower, CA 90706	(562) 461-2218 (562) 461-2221 (f)	www.busd.k12.ca.us/adult	The Bellflower Unified School District in conjunction with the Bellflower Adult School. Vocational courses include Computer Application Specialist, Nurse Asst., Medical Billing and Locksmithing; also features <i>Instrux</i> on line Internet classes taken at the student's convenience.
Bellflower Unified School District 16703 S. Clark Ave. Bellflower, CA 90706	(562) 866-9011 (562) 920-3961 (562) 804-6590 (f) (562) 866-7713 (f)	www.busd.k12.ca.us	Developing Capable People / Teens – the objective for these workshops is to reduce family conflicts, encourage self-esteem, build confidence, communication skills, and encourage children/teens to be responsible for their actions.
Career Connection 9401 S. Painter Ave. Whittier, CA 90605	(562) 698-8121, x 1240 (562) 693-4414	www.wuhsed.k12.ca.us	Assists participants (middle school through adult) with educational support, career development, job development, placement, self-advocacy, money management, disability benefits consultation and independent living skills leading to self-sufficiency. Participants must have identified disability to qualify for services. Serves: Whittier residents Hours: 8:00am – 2:30pm
Casa Youth Shelter 10911 Reagan Street Los Alamitos, Ca 90720	(800) 914-2272 (562) 594-9158 (f)	www.casayouthshelter.org	Emergency shelter for boys and girls ages 12-17 years who are homeless, running away, or at risk, counseling services provided with the goal of family reunification of safe. Parenting classes also offered in English and Spanish. Approved by Social Services and Probation. Certificates provided. Hours: 24/7
Cerritos College Admissions and Records 11110 Alondra Blvd Norwalk, Ca 90650	(562) 860-2451 Ext 2211	www.cerritos.edu/admissions-and-records/	The admissions and records office helps new and continuing students apply for4 graduation, pay for parking and class fees, as well as purchase official transcripts.
Cerritos College Assessment Testing 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext. 2599 or Ext. 2598	www.cerritos.edu/assessment-center/	At Cerritos College, assessment includes, but is not limited to, the collection of information regarding student's study skills. English language proficiency, aptitudes, goals, learning skills, career aspirations, academic performance, and need for special services.
Cerritos Community College CalWORKs 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext 2593	www.cerritos.edu/calworks/	The CalWORKs Program at Cerritos College assists students who are cash aid recipients to transition off welfare and achieve economic self-sufficiency.
Cerritos Community College Child Care Development Center 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext 2583	www.cerritos.edu/child-development-center/	The Cerritos College Child Development Center provides high quality child care development services to the Cerritos College Community.

EDUCATION

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Cerritos Community College Community Education (Adult Education) 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext 7891	www.cerritoscommunityed.com	Cerritos College Community Education offers not for credit adult education classes on campus, as well as six week classes you can take from home, train for a new career, improve your job skills, or explore a hobby.
Cerritos College EOPS & CARE 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext 2398	www.cerritos.edu/eops/	EOPS offers book vouchers, grants, CARE program, Summer Bridge Program, Achievement in Mathematics, transfer assistance, counseling and guidance classes, early registration assistance, psychological services, supplemental instruction, learning community, Cal State University & UC application waivers, and nomination for Cal State EOPS Programs.
Cerritos College Office of International Student Services (OISS) 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext 2156	www.cerritos.edu/oiss/	The Office of International Student Services (OISS) fosters the education and development of International Students with F-1 status, to empower them to achieve their academic and professional goals.
Cerritos College Re-Entry Resource Program 11110 Alondra Blvd. Norwalk, CA 90650	(562) 860-2451 Ext 2362	www.cerritos.edu/re-entry-program/	The Re-Entry Resource Program is here to assist and support adult students returning to school after a gap in their education.
City of Long Beach Center for Families & Youth 6335 Myrtle Ave. Long Beach, CA 90805	(562) 570-3279 (562) 570-1266 (f)	www.longbeach.gov	An integrated, comprehensive approach to strengthening and preserving families at risk of already experiencing problems in family functioning, with the goal of assuring the emotional, social, educational, cultural and spiritual development of children in a safe and nurturing environment. With linkages to education & youth services.
Community Advocates for People's Choice 7200 Greenleaf Ave Ste. 170 Whittier, Ca 90602	(562) 693-8826 (562) 693-3826 (f)	www.capcinc.org	Assisting adults with disabilities to work and live on their own. Life skills training, employment services, supported living services, community inclusion services, in home support services, Housing and Urban Development and family supports.
CSULB College of Continuing and Professional Education 6300 State University Dr., #104 Long Beach, CA 90815	(562) 985-8358 (562) 985-2896 (f)	www.ccpe.csulb.edu	The College of Continuing and Professional Education provides you with access to CSULB's exceptional academic programs and educational resources by offering an extensive variety of credit and professional development programs. Our programs are designed to meet the educational and training needs most relevant to you and your organization. Serves: National Office Hours: M – F, 8:00am – 5:00pm
Downey Adult School Career & Education Center 12340 Woodruff Ave. Downey, CA 90241	(562) 940-6200 (562) 940-6221 (f)	www.das.edu wecare@das.edu	Provides Career Technical Education and Short Term Training in Clinical Medical Assistant, Dental Assistant, Pharmacy Technician, Vocational Nursing, Phlebotomy, Massage Therapy, Medical Billing Coding, EKG Tech, EMT, HSD, GED training, ESL. Serves: All areas Hours: Monday – Friday 8:00 am to 4:00 pm
Disability Resources Centers Inc. (DRC) 2750 E Spring St Ste. 100 Long Beach, Ca 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch
Field Of Dreams Learning Inc. 15014 Studebaker Rd. Norwalk, Ca 90650	(562) 708-1046 (562) 991-5031 (f)	www.fieldofdreamslearning.org	FoDL is an educational nonprofit servicing young people 16-24 in the areas of education (high school diploma based education), post-secondary support, vocational training, personal counseling, mentorship, and leadership. Hours: Monday – Friday 8:00 am to 4:00 pm

EDUCATION

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Habitat for Humanity of Greater Los Angeles 8739 Artesia Blvd. Bellflower, CA 90706	(310) 323-4663	www.habitatla.org home@habitatla.org	Housing Services Program for low-income individuals and families including: Homeownership, Home repairs, Manufactured homeownership/repairs, WaterWise program. Education; Financial Literacy, First-time homebuyer and Pathways to Homeownership. Youth (5-24) and Veteran support services and engagement programs. Volunteer opportunities for the general public in our build sites, retail store and offices. ReStores (Thrift Stores) home improvement hardware stores. We have new inventory and building materials every day to inspire you on your home project of your dreams. Areas Served: 51 Cities and 61 Unincorporated areas of Los Angeles Office Hours: 9:00 am – 5:00 pm ReStore Hours: 8:30 am – 7:30 pm
Helpline Youth Counseling, Inc. 12440 E Firestone Blvd. #1000 Norwalk, Ca 90650	(562) 864-3722	www.hycinc.org	Provides counseling and intervention services for youth and families. Services include gang intervention/prevention, substance abuse programs (adolescents), individual, group, and family counseling, domestic violence counseling, child abuse prevention, anger management training (adolescents), and parenting skills training. Assistance is in English and Spanish. Access to some services is through Department of Children and Family Services, other county agencies, youth on probation, GAIN recipients, and referrals from school district personnel, law enforcement, parents, etc. Eligibility varies.
John Muir Charter School 211 S. La Fayette Park Pl. #129 Los Angeles, Ca 90057	(661) 809-0441	www.johnmuircs.com	JMCS partners with training organizations, such as California Conservation Corps, YouthBuild, Workforce Innovation Act and others to help young adults complete their High School Diploma and support them to identify a pathway to college and or a career.
LA County Department of Children and Family Services Kinship Division 421 S Glendora Ave West Covina, Ca 91790	(562) 760-8844	www.lacdfs.org/ dcfs.co.la.ca.us/kinshippublic/default.html	Supportive Services to Relative Caregivers caring for children in Dependency System, Probate Courts, Probation, and Informal Kinship Caregivers etc. Support groups, educational opportunities, free recreational opportunities, navigation/advocacy of child welfare system. Connections to tutoring, mental health, DPSS applications for non-needy caregiver funding. Areas Served: All of Los Angeles County Hours: Monday – Friday 8:00 am to 5:00 pm
Links Sign Language Interpreting Services 800 West Pacific Coast Hwy Long Beach, Ca 90806	(562) 435-3411 (562) 436-5559 (f) Emergencies (562) 331-0927	www.linksinterpreting.com	We are an agency that places both sign and verbal language interpreters for temporary assignments. We work with over 300 interpreters supporting American Sign Language and 30 Spoken Languages. M-F 7:30am – 4:30pm After Hours Emergencies 24/7
Long Beach Community Improvement League 2222 Olive Ave. Long Beach, CA 90806	(562) 951-3500 (562) 951-0800 (f)	www.lbcil.org	LBCIL provides social services to low income residents of Long Beach including: Universal Preschool (LAUP); state-subsidized preschool age care; before and after school care; child nutrition; teacher training; parent training, and Summer Youth Training Program Serves: Long Beach Hours: M – F, 6:30am – 6:00pm
Long Beach Job Corps 1903 Santa Fe Ave. Long Beach, Ca 90810	(562) 983-1777, x 2313 (562) 983-6393 (f)	longbeach.jobcorps.gov	Job Corps is a no-cost education and career technical training program administered by the U.S. Department of Labor that helps young people ages 16 through 24 improve the quality of their lives through career technical and academic training. At Long Beach Job Corps Center, we support the Job Corps program's mission of teaching eligible young people the skills they need to become employable and independent and placing them in meaningful jobs or further education.
Mexican American Opportunity Foundation (MAOF) 5657 E Washington Blvd Commerce, Ca 90040	(323) 313-1603 (323) 890-1556 (f)	www.maof.org	Human services organization servicing low income families, children, seniors, and other individuals with services such as vocational/job training, work experience employment, childcare, and senior services. Monday – Friday 8:00 am to 5:00 pm
Norwalk/La Mirada Adult School 15920 Barbata Rd. La Mirada, CA 90638	(714) 670-9279 (714) 670-1654 (f)	www.nlm.as.org	La Mirada Adult School offers ESL, Vocational, Homemaking and Parenting classes.

EDUCATION

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Norwalk-La Mirada Adult School 15711 Pioneer Blvd. Norwalk, CA 90650	(562) 868-9858 (562) 863-2159 (f)	www.nlmas.org	Offer classes such as: High School Diploma, GED, ESL Serves: Norwalk, La Mirada, Artesia, Bellflower, Whittier Hours: M – Th ... 7:30am – 9:00pm Fri ... 7:30am – 3:30pm
Norwalk/La Mirada Unified School District 12820 Pioneer Blvd. Norwalk, CA 90650-2894	(562) 868-0431 La Mirada Fax (714) 670-1654 (f) (562) 864-7541 (f)	www.nlmusd.k12.ca.us	Provides public school services & assistance for both Norwalk and La Mirada.
NTMA Training Center 14926 Bloomfield Norwalk, CA 90650	(562) 921-3722 (562) 802-0894	www.trainingcenters.org	Provides training in machining via a 7 month program; sessions in the morning, afternoon & evening; no high school diploma required; financial aid available to those who qualify; lifetime placement. Training in machining and manufacturing since 1968. Serves: Orange county, Los Angeles County, San Diego, Ontario, San Bernardino Hours: 8:00am ... 7:00pm (M-Th) 8:00am ... 4:30pm (Fri)
Olive Crest Family Resource Center 17800 Woodruff Ave. Bellflower, CA 90706	(562) 866-8956	www.olivecrest.org	Free tutor; Parent support groups/kinship/foster education classes; financial education classes; information to local resources & referrals. Areas Served: Bellflower & Surrounding Communities Hours: Monday – Friday 9:00 am – 5:00 pm
RWM Fiber Optics, Inc. 16627 Avalon Blvd Carson, Ca 90746	(310) 729-5818 (310) 769-0990 (f)	www.rmwfiber.com	RMW offers training in the telecommunication installation field (Home theater, Satellite, Security (alarms and camera), Fiber Optics, Cable TV, and Structured Cabling). Serving Los Angeles County Hours: Monday – Thursday 8:00 am to 3:30 pm
SAHARA South Asian Helpline And Referral Agency 17100 Pioneer Blvd. Ste. 260 Artesia, Ca 90701	(562) 402-4132 (562) 402-6093 (f)	www.saharacares.org	SAHARA is a non-profit organization providing case management, mental health counseling, legal advocacy, transitional home and education for victims of domestic violence. Other services include assistance with public benefits, computer literacy and educational workshops for the older adults/seniors and summer youth programs. All core services are culturally-sensitive and linguistically competent (Hindi, Urdu, Gujarati, Punjabi, Marathi, Bangla, and English) Office locations in Irvine, Artesia and Van Nuys.
Southeast Regional Occupational Program (ROP) 12940 E. Foster Rd. Norwalk, CA 90650	(562) 860-1035 (562) 929-2723 (f)	www.southeastrop.org	Offers Career and Technical Education in: Pharmacy Tech, Medical Assisting, CNA-Nursing, Dental Assisting, Surgical Technologist, Welding. Serves: Los Angeles County Office Hours: 7:30 am to 4:00 pm
UAW-Labor Employment Training – South LA WSC 3965 S Vermont Ave Los Angeles, Ca 90037	(323) 730-7900 (323) 730-7937 (f)		We are a South Los Angeles Worksource Center that offers Employment assistance, training opportunities, and supportive services. We offer referral services to many community based organizations. Areas Served: South Los Angeles Hours: Monday – Friday 8:00 am to 5:00 pm
United American Indian Involvement Inc. 1125 W. 6 th Street Los Angeles, Ca 90017	(213) 202-3970 (213) 241-0925 (f)	www.UAII.org	UAII is an organization that has been established in Los Angeles for over 38 years. The majority of our funding is to serve the Native American Community, we have many programs, the Robert Sundance is our Substance Abuse Program, we have a Senior’s Program, we also have our clinic that receives HIS monies to provide medical care to the Native American Community. Continuing Education for youth seeking their high school diploma, Seven Generations mental health component, we serve everyone, native or non-native. Native Pathway’s to Healing Domestic Violence/Sexual Assault Program, serving victims of domestic violence or sexual abuse. Areas Served: Los Angeles County Hours: 8:00 am – 5:00 pm

EDUCATION

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
World Financial Group 4201 Long Beach Blvd., Suite 102 Long Beach, Ca 90807	(562) 682-1899 (562) 216-4499 (f)	www.wfgopportunity.com	Are you looking for financial security? Discover “The Solution Company”. <ul style="list-style-type: none"> • Increase your cash flow • No experience necessary • Immediate opportunities • PT or FT • Great income potential • Start a new career • Get out of debt • Learn how money works • Prepare for Emergencies • Protect your family • Save money for the future • Build a solid financial future
Young Horizons 501 Atlantic Ave Long Beach, Ca 90802	(562)437-8991 (562) 436-8847 (f)	www.yhcc-lb.com	All families will be placed on a waiting list first. This is not a first come first served, but based on eligibility priorities. First; children at risk of abuse or neglect and referred by legal qualified professionals. Second; families with lowest adjusted income. Third; demonstrate a need for care. Monday – Friday 7:00 am to 6:00 pm



**What sculpture is
to a block of marble,
education
is to a human soul.**

Author: Joseph Addison

EMERGENCY SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
American Red Cross 3150 E. 29 th St. Long Beach, CA 90806	(562) 595-6341	www.redcross.org/ca/long-beach	The American Red Cross is a humanitarian organization led by volunteers and guided by its congressional charter and the fundamental principles of the International Red Cross movement will provide relief to victims of disaster and help prevent, prepare for, and respond to disasters. Serves: Artesia, Bellflower, Cerritos, Hawaiian Gardens, Lakewood, Paramount, Long Beach, Signal Hill, Catalina Island, Downey, La Habra, La Mirada, Montebello, Norwalk, Pico Rivera, Santa Fe Springs, Whittier Hours: M-F... 8:00am – 5:00pm
American Red Cross – Chain Reaction Leadership 6706 South Friend Ave. Whittier, CA 90601	(562) 945-3944		Provides leadership values, communication, and conflict resolution workshops.
Avenues to Work Program 400 E. 5 th St., 2 nd Floor Los Angeles, CA 90013	(213) 572-0436 (213) 572-0428		Four (4) week job preparation program, focusing on employment readiness and obtaining full time employment; client must be willing to work full time, submit to random drug screening, understand rules and regulations; client must have a referral and verification that they are homeless. Serves: Los Angeles, Hollywood, East LA and surrounding area Hours: 8:30am – 4:30pm
Caring Connections (Connected with Bellflower USD) 16703 S. Clark Ave. Bellflower, CA 90706	(562) 866-9011 Ext 2092 (562) 804-6590 (f)	www.caringconnectionsonline.com	Caring Connections works to provide community resources to students and families of the Bellflower Unified School District. Case Managers are available at school sites to link families with services and resources in the community. Referrals may include: Academic support, vision, dental, health insurance, medical services, basic needs and more. Areas Served: Bellflower/Lakewood
Casa Youth Shelter 10911 Reagan Street Los Alamitos, Ca 90720	(800) 914-2272 (562) 594-9185 (f)	www.casayouthshelter.org	Emergency shelter for boys and girls ages 12-17 years who are homeless, running away, or at risk, counseling services provided with the goal of family reunification of safe. Parenting classes also offered in English and Spanish. Approved by Social Services and Probation. Certificates provided. Hours: 24/7
Christian Out-Reach Action (COA) 515 E. 3 rd St. Long Beach, CA 90802	(562) 432-1440 (562) 590-8984 (f)	www.coalongbeach.org	Free groceries to anyone on Tue. & Thur. 9 am-12Noon. Free clothing (Fri.9am-Noon only) and furniture (Fri. 9am-2pm only) to Long Beach residents only. Transitional housing for drug abuse women w/children. Serves Long Beach.
City of Norwalk – Social Services 11929 Alondra Blvd Norwalk, Ca 90650	(562) 929-5547 (562) 929-5515 (f)	www.norwalkca.gov	Emergency Food Cupboard – Emergency food assistance provided to individuals that are experiencing crisis situations, Paralegal Services – Provide free civil paralegal services to qualifying Norwalk residents, Self-help Support Groups – Groups meet weekly to provide support, counseling, and information relating to various issues: Al-Anon, Domestic Violence, Neurotics Anonymous, Alcoholics Anonymous, ESL-English Classes. Senior 60 years and older Nutrition Program – Hot Lunch Monday thru Friday 11:30 am for a minimal donation. Child Development Program available to low income working parents, in training and CALWORKS participants, Norwalk Senior Center – offers a variety of activities and services to meet the social, educational and recreational needs of mature adults. Children’s Dental Program – Provides transportation the dental clinic. Norwalk Dispute Resolution Program – Assists in resolving tenant/landlord, consumer/merchant and neighborhood disputes. Job Board – Current job listings.
Community Family Guidance Center 10929 South St., Ste. 208B Cerritos, CA 90703 8320 Iowa St. Ste. 201 Downey, Ca 90241	(562) 924-5526 (562) 924-1040 (f) Service HOTLINE 855-329-8080 (562) 904-4815	www.cfgcenter.com	Outpatient therapy services for families, children and youth ages 3-17 with Medi-Cal and Healthy Families Insurance. Serves: Surrounding cities as Lakewood, Long Beach, and Bellflower. Hours: M-Th ... 8:00am – 9:00pm Fri ... 8:00am – 4:30pm

EMERGENCY SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Disabled Resources Center Inc. (DRS) 2750 E Spring St Ste. 100 Long Beach, Ca 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch
Fair Housing Foundation 3605 Long Beach Blvd., #302 Long Beach, CA 90807	(562) 989-1206 (562) 989-1836 (f)	www.fairhousingfoundation.com	FHF is a non-profit organization that offers landlord/tenant counseling on their rights & responsibilities, mediation unlawful detainer services & intervention free of charge. Educational workshops available.
LA County Sheriffs Dept. 18135 S. Bloomfield Ave. Cerritos, CA 90703 7500 E. Imperial Hwy Downey, CA 90242 5130 N. Clark Ave. Lakewood, CA 90712 12335 Civic Center Drive Norwalk, CA 90650	(562) 860-0044 (562) 803-7149 (562) 866-9061 (562) 863-8711	www.lasd.org	Providing firm and fair law enforcement services to the public.
Links Sign Language Interpreting Services 800 West Pacific Coast Hwy Long Beach, Ca 90806	(562) 435-3411 (562) 436-5559 (f) Emergencies (562) 331-0927	www.linksinterpreting.com	We are an agency that places both sign and verbal language interpreters for temporary assignments. We work with over 300 interpreters supporting American Sign Language and 30 Spoken Languages. M-F 7:30am – 4:30pm After Hours Emergencies 24/7
Long Beach Rescue Mission 1335 Pacific Ave Long Beach, Ca 90813	(562) 591-1292 (562) 591-5116 (f)	www.lbrm.org	Emergency Shelter, Food Services, Case Management, Life Recovery. Office Hours: Monday – Friday 9:00 am to 5:00 pm
Norwalk Social Service Center 11929 Alondra Blvd. Norwalk, CA 90650	(562) 929-5544 (562) 929-5515 (f)	www.ci.norwalk.us	This is a volunteer board that gives information on unlawful lockouts, evictions, security deposits, letters of protest, and invasion of privacy to try to avoid going to court. Call M-W, 8am-6pm and Friday, 8am-5pm. Ask for tenant/landlord information. Thurs. – NO calls
Rancho Los Amigos National Rehabilitation Center 7601 E Imperial Hwy Downey, Ca 90242	(562) 401-8390	www.dhs.lacounty.gov	Job services, including basic computer groups, functional capacity evaluation, work readiness program, worksite evaluation. Language and culture resource center, wheelchair sports adaptive outdoor adventure with use of specialized equipment. Areas Served: Downey and Surrounding Areas Hours: 8:00 am to 5:00 pm
The Salvation Army 7926 S Pickering Ave Whittier, Ca 90602	(562) 698-8348 (562) 698-7588 (f)		Services provided are emergency food, bus tokens, utility assistance, diapers, hygiene kits and referrals. We also have a daily shower program for the homeless Monday – Friday at 9:00am. Homeless programs require a picture ID and other services for residents require additional paperwork, please call for additional information. Areas Served: Whittier and Rio Hondo Zip Codes
The Salvation Army Bell Shelter 5600 Rickenbacker Rd. Bell, CA 90201	(323) 263-1206	www.salvationarmy-social.org	The largest homeless shelter west of the Mississippi - operates a comprehensive program that offers transitional care for up to 350 homeless men and women. The goal of Bell Shelter is to meet the needs of the homeless population by addressing the myriad of reasons why people become homeless and assisting them in developing a higher quality of life through independence. Services offered include: emergency shelter, transitional housing, substance abuse rehabilitation, case management, counseling, on-site health care & medical referrals, HIV/AIDS education, ESL classes, computer training, vocational assistance, job referrals and life skills classes.

EMERGENCY SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Su Casa – Ending Domestic Violence 3840 Woodruff Ave. #203 Long Beach, CA 90808	(562) 421-6537 (562) 421-8117 (f)	www.sucasadv.org	Program for victims/survivors of domestic violence including women, men and transgendered persons and their children if any. Shelter, support groups, assistance with restraining orders, parenting and education on domestic violence. Serves: Southeast LA County Hours: M-F ... 8:00am – 5:00pm
United American Indian Involvement Inc. 1125 W. 6 th Street Los Angeles, Ca 90017	(213) 202-3970 (213) 241-0925 (f)	www.UAII.org	UAII is an organization that has been established in Los Angeles for over 38 years. The majority of our funding is to serve the Native American Community, we have many programs, the Robert Sundance is our Substance Abuse Program, we have a Senior's Program, we also have our clinic that receives HIS monies to provide medical care to the Native American Community. Continuing Education for youth seeking their high school diploma, Seven Generations mental health component, we serve everyone, native or non-native. Native Pathway's to Healing Domestic Violence/Sexual Assault Program, serving victims of domestic violence or sexual abuse. Areas Served: Los Angeles County Hours: 8:00 am – 5:00 pm

Would you like to tell people more about your services?

Ask us how you can place an ad in this
Resource Guide.

1-800-481-6555, x 1252

Or go to the back pages of the guide and complete the Resource Guide
Information Request and fax to (562 860-5438), Attn: Marjean Clements

or

scan and email to marjeanc@selaco.com

or

mail a camera ready ad to
Marjean Clements
SELACO WDB

10900 E. 183rd St. • Suite 350 • Cerritos, CA 90703

Thank you.

EMPLOYMENT

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
ABC Adult School 12254 Cuesta Dr. Cerritos, Ca 90703	(562) 926-6134 Ext. 25001 (562) 229-7961 (f)	www.abcadulthoodschool.com	ABC Adult School offers meaningful opportunities to fulfill personal, educational and workplace goals. Our programs include Career Technical Training, Community Education, Academics and ESL. We are always open to referrals from agencies and welcome veterans as well as individuals looking to reenter the workforce. Our full service Job Center offers assistance in job readiness skill building. We offer something for everyone.
Abbott Staffing 17785 Center Court Dr. North, Ste690 Cerritos, CA 90703	(562) 860-1662 (562) 860-4623	www.abigailabbott.com	Staffing service specializing in clerical and office support. Full-time and part-time employment.
Angel Step Inn Youth & Family Services 11500 Paramount Blvd Downey, Ca 90241	(562) 949-5358 (562) 869-1835 (f)	www.scadpinc.org	Provides crisis counseling, domestic violence education, individual and group counseling, case management for linkage to social services and substance abuse treatment. Some of the Angel Step Inn activities include: comprehensive needs assessment, treatment planning, individual & group counseling, case management and transportation to social services. Serves: Los Angeles County Hours: 8:00am – 5:00pm
Apple One 11352 E. 183 rd Street Cerritos, CA 90703	(562) 924-7009 (562) 924-3025 (f)	www.appleone.com	Provides Full-time and temp-perm employment. Specialize in clerical work only.
Avenues to Work Program 400 E. 5 th St., 2 nd Floor Los Angeles, CA 90013	(213) 572-0436 (213) 572-0428		Four (4) week job preparation program, focusing on employment readiness and obtaining full time employment; client must be willing to work full time, submit to random drug screening, understand rules and regulations; client must have a referral and verification that they are homeless. Serves: Los Angeles, Hollywood, East LA and surrounding area Hours: 8:30am – 4:30pm
Career Connection 9401 S. Painter Ave. Whittier, CA 90605	(562) 698-8121, x 1240 (562) 693-4414	www.wuhd.org/cc	Assists participants (middle school through adult) with educational support, career development, job development, placement, self-advocacy, money management, disability benefits consultation and independent living skills leading to self-sufficiency. Participants must have identified disability to qualify for services. Serves: Whittier residents Hours: 8:00am – 2:30pm
City of Norwalk – Social Services 11929 Alondra Blvd. Norwalk, Ca 90650	(562) 929-5547 (562) 929-5515 (f)	www.norwalkca.gov	Emergency Food Cupboard – Emergency food assistance provided to individuals that are experiencing crisis situations, Paralegal Services – Provide free civil paralegal services to qualifying Norwalk residents, Self-help Support Groups – Groups meet weekly to provide support, counseling, and information relating to various issues: Al-Anon, Domestic Violence, Neurotics Anonymous, Alcoholics Anonymous, ESL-English Classes. Senior 60 years and older Nutrition Program – Hot Lunch Monday thru Friday 11:30 am for a minimal donation. Child Development Program available to low income working parents, in training and CALWORKS participants, Norwalk Senior Center – offers a variety of activities and services to meet the social, educational and recreational needs of mature adults. Children’s Dental Program – Provides transportation the dental clinic. Norwalk Dispute Resolution Program – Assists in resolving tenant/landlord, consumer/merchant and neighborhood disputes. Job Board – Current job listings.
Community Advocates For Peoples’ Choice 7200 Greenleaf Ave., Ste. 170 Whittier, CA 90602	(562) 693-8826 (562) 693-3826 (f)	www.capcinc.org	Assisting adults with disabilities to work and live on their own. Life skills training, employment services, supported living services, community inclusion services, in home support services, Housing and Urban Development and family supports.

EMPLOYMENT

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Disabled Resources Center Inc. (DRC) 2750 E. Spring St., Suite 100 Long Beach, CA 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch
DPSS 17600 S. Santa Fe Ave. Rancho Dominguez, CA 90221	(310) 761-2213 (310) 764-0927 (f)	www.dpss.co.la.ca.us	General Relief Opportunities for Work program (GROW) provides employment and training services to help employable General Relief participants obtain jobs and achieve long-term self-sufficiency. Participants are assigned GROW case managers who will work with them to achieve their employment goals.
Easter Seals Southern California Adult Services 17416-18 Bellflower Blvd Bellflower, Ca 90706	(562) 804-4686 (562) 804-4824 (f)	www.easterseals.com	We provide exceptional services to ensure that all people with disabilities or special needs and their families have an equal opportunity to live, work and play in their communities. Therapeutic, Developmental and Personal Care, Health Care needs, Behavioral, Personal, Mental needs and Support. Monday – Friday 9:00 am to 4:00 pm
EDD (Employment Development Department) 12715 S. Pioneer Blvd. Norwalk, CA 90650	(562) 929-9107	www.edd.ca.gov www.caljobs.ca.gov eapply4ui.edd.ca.gov	Offers a variety of services that bring employers with job openings together with qualified job seekers. Customers may access services through self-service or with the assistance of staff. Also offers job search workshops that teach skills needed to find and keep a job, assistance with the CalJobs system, referral to training or educational providers and referral to supportive services. Also Provides Labor Market Information, Unemployment Insurance & Information to Employment. Enhances employment for the hearing impaired.
GLADD	(562) 929-9107		
Good Will Long Beach & South Bay 800 W. Pacific Coast Hwy. Long Beach, CA 90806	(562) 435-3411 (562) 436-7145 (f)	www.thinkgood.org	Employment training programs for people with disabilities and other barriers to employment. Job training: CNA Training Program, Loss Prevention Training Program.
InClusion Services 9901 Paramount Blvd Downey, Ca 90240	(562) 945-2000 (562) 324-6190 (f)	www.inclusionsvs.org	Supported Living Services, Adaptive Skills Training, Mobility Training Services, Residential Care Services, and Adult Day Program which includes: fitness and health, computer learning skills, accessing community resources, daily living skills and instruction such as hygiene skills, self-help skills, and community integration. Areas Served: Downey, El Monte, Los Angeles, and Surrounding Areas Hours: 8:00 am to 5:00 pm
LACOE (Los Angeles County Office of Education) 9300 Imperial Hwy. Downey, CA 90241	(562) 922-6111 (562) 806-1964 (f)	www.lacoe.edu	Provides a one-week series of workshops on job search techniques for GAIN clients. Locations and times vary.
Norwalk-La Mirada Adult School 15711 Pioneer Blvd Norwalk, Ca 90650	(562) 868-9858 (562) 863-2159 (f)	www.nlmas.org	Offer classes such as: High School Diploma, GED, ESL, Vocational Programs. Serves: Norwalk, La Mirada, Artesia, Bellflower, Whittier Hours: M – Th ... 7:30am – 9:00pm Fri ... 7:30am – 3:30pm
RWM Fiber Optics, Inc. 16627 Avalon Blvd Carson, Ca 90746	(310) 729-5818 (310) 769-0990 (f)	www.rwmfiber.com	RMW offers training in the telecommunication installation field (Home theater, Satellite, Security (alarms and camera), Fiber Optics, Cable TV, and Structured Cabling. Serving Los Angeles County Hours: Monday – Thursday 8:00 am to 3:30 pm

EMPLOYMENT

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
The Salvation Army Bell Shelter Supportive Services For Veteran Families 5600 Rickenbacker Rd. Bell, Ca 90201	(323) 263-1206 Ext. 205 (323) 263-8543		Housing for homeless and near homeless veterans and their family. Social Services, connecting the veterans with the appropriate benefit source. Employment Services, helping veterans and their families find employment. Qualification other than dishonorable discharge, in danger of losing your housing, or being actually homeless, and low income.
Southern California Rehabilitation Services 7830 Quill Dr., Ste. D Downey, CA 90242	(562) 862-6531 (562)923-5274 (f)	www.scrsl-ilc.org	Offers a variety of services for both individuals with disabilities and employers looking to hire qualified candidates. Services are career education and training, Career assessment and counseling, transportation, and Independent Living Skills.
SELACO WDB (Southeast Los Angeles County Workforce Development Board) 10900 E. 183 rd St., Ste. 350 Cerritos, CA 90703	(562) 402-9336 (562) 403-1606 (f)	www.selaco.com	Provides programs that offer employment, training, and supportive services accomplished through comprehensive and powerful job search assistance and employment training that is focused on emerging high-growth industries. A comprehensive Mix of Services including initial evaluation, intake, LMI research, Staff Assisted Activities, Vocational Assessment, training, job placement, follow-up and retention is delivered with the ultimate objective of placing job seekers into significant profitable employment that allows for economic self-reliance.
Advantage Resourcing 12011 Firestone Blvd. Norwalk, CA 90650	(562) 465-0099 (562) 465-0029 (f)	www.hirethinking.com	Staffing agency that provides temp-permanent employment in the fields of clerical, industrial, technical and upper management.
Social Vocational Services (SVS) 530 E. Wardlow Ave 2 nd Floor Long Beach, Ca 90807	(562) 424-4981 (562) 424-4982 (f)	www.svsinc.com	We provide supported employment for our clients who have Developmental Disabilities (physical or mental). We assist our clients with job searching, applying, and interview coaching, interviewing and job placement. Once our clients have landed the job they get continuous support via job coaching.
Southeast Regional Occupational Program (ROP) 12940 E. Foster Rd. Norwalk, CA 90650	(562) 860-1035 (562) 929-2723 (f)	www.southeastrop.org	Offers career and technical education courses to high school and adult students of all ages. Courses offered include Automotive Repair, Computer Graphics, Web Design, Medical Assistance, Dental Assistance, Pharmacy Tech., Surgical Tech., Welding and many others. Call for more information. Job placement assistance available. Serves ABC Unified & Norwalk-La Mirada Unified School Districts & communities.
UAW-Labor Employment Training – South LA WSC 3965 S Vermont Ave Los Angeles, Ca 90037	(323) 730-7900 (323) 730-7937 (f)		We are a South Los Angeles Worksource Center that offers Employment assistance, training opportunities, and supportive services. We offer referral services to many community based organizations. Areas Served: South Los Angeles Hours: Monday – Friday 8:00 am to 5:00 pm
Working Wardrobes 3030 Pullman Street Costa Mesa, Ca 92626	(714) 210-2460 (714) 434-2870 (f)	www.workingwardrobes.org	Working Wardrobes provides workforce readiness services including resume creation, job training, weekly Job Club Workshops, job placement assistance, but appointment preferred for resume or one-on-one coaching. Professional wardrobe is done through referrals only. We also offer a special program for veterans with additional services.
World Financial Group 4201 Long Beach Blvd., Suite 102 Long Beach, CA 90807	(562) 682-1899 (562) 216-4499 (f)	www.wfgopportunity.com	Are you looking for financial security? Discover “The Solution Company”. <ul style="list-style-type: none"> • Increase your cash flow • No experience necessary • Immediate opportunities • PT or FT • Great income potential • Start a new career • Get out of debt • Learn how money works • Prepare for Emergencies • Protect your family • Save money for the future • Build a solid financial future



HEALTHCARE

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Alta Med 711 E Wardlow Long Beach, Ca 90807	(562) 490-7583 (562) 595-8174 (f)	www.altamed.org	Case management for youth and parenting classes. Connections for senior services, health care and child services. Areas Served: LA & Orange County Hours: 8:00 am to 5:00 pm
Alta-Med – Health Services 5427 E. Whittier Blvd. Los Angeles, CA 90022	(323) 869-1900 (323) 869-5362 (f)	www.altamed.org	Provides a variety of health-related services including HIV testing, drug treatment programs and general health services. Can even take you and your family to doctor’s appointment.
Alta-Med – Senior Health Services 9436 E. Slauson Ave. Pico Rivera, CA 90660	(562) 949-6069 (562) 462-9014 (f)	www.altamed.org	Provides a variety of medical services to seniors including counseling, medical care, meals, in-home support and transportation to and from doctor’s appointments.
American Health Services 5200 San Gabriel Place, Suite D Pico Rivera, CA 90660	(562) 222-1331 (562) 222-1322 (f)	www.americanhealthservices.org	Drug testing for local schools and employers; several outpatient “methadone” clinics with individual counseling, drug tested as part of the program; new outpatient drug free program in Eastside & Pico Rivera (non-methadone).; Most sites are also community clinics with free to low cost medical services, youth and family planning (clinics accept non-documented patients). Serves: Pico Rivera, Whittier, Montebello, Hawaiian Gardens, Norwalk, Santa Fe Springs, Long Beach, Cerritos Hours: 8:00am – 3:30pm
Asian Pacific Mental Health Program 4510 E Pacific Coast Hwy #600 Long Beach, Ca 90804	(562) 346-1100 (562) 218-0402 (f)	www.ssgmain.org	This program provides family, group, and individual mental health counseling to Asian speaking populations by multi-ethnic, culturally sensitive professional staff. Monday/Tuesday, Thursday/Friday, 8am-5pm, Wednesday, 8am-7pm. Assistance is provided in the following languages: Cambodian, Laotian, Vietnamese, Chinese and Tagalog. Sliding scale fees, Medi-Care, Medi-Cal, and other insurance are accepted.
Bellflower District Health Department 10005 E. Flower St Bellflower, CA 90706	(562) 804-8112 (562) 867-7986 (f)	www.dhs.lacounty.gov/wps/portal/dhs/bellflower	Provides adult care, prenatal, pediatric, and well baby care, family planning, chest x-ray. Serves L.A. County. The following programs are accepted \$60/ATP, ORSA Medi-Cal, Healthy Families and FPACT and Healthy Way LA.
Community Family Guidance Center 10929 South St., Ste. 208B Cerritos, CA 90703 8320 Iowa St. Ste. 201 Downey, Ca 90241	(562) 924-5526 (562) 924-1040 (f) Service HOTLINE 855-329-8080 (562) 904-4815	www.cfgcenter.com	CFGC has programs that service children with trauma, depressive symptoms, anxiety, ADHD, and home behavioral issues. Our programs provide clients and families with the tools and skills to improve positive social skills, emotional skills, and strengthen family relationships. We are able to serve children with MediCal insurance and also have some programs where no insurance is required. Serves: Surrounding cities of Lakewood, Long Beach, Bellflower, Norwalk, Paramount, Cerritos, Artesia, and Hawaiian Gardens.
County of Los Angeles-Bellflower Office Ability to Pay Plan 10005 E. Flower St. Bellflower, CA 90706	(562) 804-8112 (562) 867-7986 (f)	dhs.lacounty.gov/wps/portal/dhs/bellflower	This organization provides information on how to obtain low cost medical services. You must be unable to pay the full cost of your medical care. Serves adults and children, call for information on how to apply. LA County Residents only. Services are available in English and Spanish.
Disabled Resources Inc. (DRC) 2750 E Spring St Ste. 100 Long Beach, Ca 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch
Families in Good Health 1045 Atlantic Ave Ste. 705 Long Beach, Ca 90813	(562) 491-9100 (562) 491-9824 (f)	www.stmarymedicalcenter.org	Families in Good Health provides health outreach, education, advocacy, and case management services throughout Los Angeles County, particularly the greater Long Beach area. Services are targeted, but not restricted to the Southeast Asian and Spanish-speaking communities. Monday – Friday 8:00 am to 4:30 pm

HEALTHCARE

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Hawaiian Gardens Health Center 22310 Wardham Ave. Hawaiian Gardens, CA 90716	(562) 420-2433 (562) 429-2053 (f)	www.fhccgla.com	Call or walk in. Applications for Healthy Families. No fees for family planning. Fees are based upon income. (Sliding scale) Hours are 8am-5pm. Closed: 12:30-1:30pm
Links Sign Language Interpreting Services 800 West Pacific Coast Hwy Long Beach, Ca 90806	(562) 435-3411 (562) 436-5559 (f) Emergencies (562) 331-0927	www.linksinterpreting.com	We are an agency that places both sign and verbal language interpreters for temporary assignments. We work with over 300 interpreters supporting American Sign Language and 30 Spoken Languages. M-F 7:30am – 4:30pm After Hours Emergencies 24/7
Little House Inc. 9718 Harvard St. Bellflower, CA 90706	(562) 925-2777 (562) 925-7572 (f)	www.littlehouseinc.org	Women's residential treatment services. Call for a screening, assessment and or referral. Serves: All areas Office Hours: 6:00 am to 10:00 pm
Long Beach Comprehensive Health Center 1333 Chestnut Ave., #205A Long Beach, CA 90813	(562) 599-8636 Admin (562) 218-0853(f)		Same day walk-in appointments on a first come first serve basis. M-F 7:30am-7:30pm Saturday 8:00am-4:30pm
Miracle Ear At Sears 100 Los Cerritos Center Cerritos, CA 90703	(562) 865-0578 (562) 865-2142 (f)	www.miracleear.com	Hearing Aids, Diagnostic Testing, Repairs & Troubleshooting, Maintenance tips, Free Hearing Test and Consultation.
Molina Health Care 1 Golden Shore Dr. Long Beach, CA 90802	(562) 435-3666 (562) 951-1580 (f)	www.molinahealthcare.com	Molina Health care is among the most experienced managed health care organizations serving patients who have traditionally faced barriers to quality healthcare including individuals covered under Medicaid, Healthy Families Program, and SCHIP.
Norwalk Regional Health Center 12360 Firestone Blvd. Norwalk, CA 90650	(562) 281-0305 (562) 281-0309 (f)	www.jwch.com	Direct provision or coordination of health care, health education services, and research to surrounding areas without regards for ability to pay or without discrimination as to age, sex, race, national origin, creed or ability to pay.
Positive Steps 11501 Dolan Ave. Downey, Ca 90241	(562) 923-7894 (562) 869-3400 (f)	positivestepsinc.com	Specializing in: Child Abuse-Domestic Violence-Drug & Alcohol Counseling – Obsessive Compulsive Disorders. Offer individuals advice that to learn healthy ways of relating to others and tools to improve self-esteem and self-worth. Family therapy; parenting and anger management classes. Serve all court ordered and social service cases. Serves: Out of state & all communities Hours: Tues-Thurs: 10am-7pm by appointment Friday: 2pm-7:30pm
Rancho Los Amigos Rehabilitation Center 7601 E Imperial Hwy Downey, Ca 90242	(562) 401-8390	www.dhs.lacounty.gov	Job services, including basic computer groups, functional capacity evaluation, work readiness program, worksite evaluation. Language and culture resource center, wheelchair sports adaptive outdoor adventure with use of specialized equipment. Areas Served: Downey and Surrounding Areas Hours: 8:00 am to 5:00 pm
Remote Area Medical		www.ramusa.org	The Remote Area Medical® (RAM) Volunteer Corps is a non-profit, volunteer, airborne relief corps dedicated to serving mankind by providing free health care, dental care, eye care, veterinary services, and technical and educational assistance to people in remote areas of the United States and the world.
SAHARA South Asian Helpline And Referral Agency 17100 Pioneer Blvd. Ste. 260 Artesia, Ca 90701	(562) 402-4132 (562) 402-6093 (f)	www.saharacares.org	SAHARA is a non-profit organization providing case management, mental health counseling, legal advocacy, transitional home and education for victims of domestic violence. Other services include assistance with public benefits, computer literacy and educational workshops for the older adults/seniors and summer youth programs. All core services are culturally-sensitive and linguistically competent (Hindi, Urdu, Gujarati, Punjabi, Marathi, Bangla, and English) Office locations in Irvine, Artesia and Van Nuys.
The Gary Center 341 Hillcrest St. La Habra, CA 90631	(562) 691-3263 (562) 690-5063 (f)	vistacommunityclinic.org/	Dental clinic provided to those who are low income individuals and family.

Happiness is nothing more than good health and a bad memory. *Albert Schweitzer*



HOMELESS RESOURCES/SHELTERS/FOOD PROGRAMS

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
American Family Housing 15161 Jackson St. Midway City, CA 92655	(714) 897-3221 Ext 113 (714) 893-6858 (f)	www.afhusa.org	Affordable Housing and Interim Housing. Serves: Long Beach, South Gate, City of LA, Orange County, San Bernardino. Hours: 8:00 am to 5:00 pm
Angel Step Too Confidential Address	(562) 461-9272	www.scadpinc.org	Residential treatment facility program targeting battered, substance-addicted women and their children. The program offers needs assessment, case management and service linkage, substance abuse counseling and education, domestic violence counseling and education, life skills training, and vocational/educational services; offers 36 beds for women and children within a six-month program. This program is a part of the agency's large domestic violence service division, which also includes emergency shelters for battered, substance-abusing women and their children and a walk-in counseling center.
Southern California Drug and Alcohol Programs Inc. 11500 Paramount Blvd. Downey, Ca 90241	(562) 949-5358	www.scadpinc.org	Outpatient counseling for domestic violence, counseling, info/referral, education, and substance abuse treatment. Transitional program for homeless women due to domestic violence.
Avenues to Work Program 400 E. 5 th St., 2 nd Floor Los Angeles, CA 90013	(213) 5762-0436 (213) 572-0428		Four (4) week job preparation program, focusing on employment readiness and obtaining full time employment; client must be willing to work full time, submit to random drug screening, understand rules and regulations; client must have a referral and verification that they are homeless. Temporary shelter for 90 days, as long as remain in employment program. Serves: Los Angeles, Hollywood, East LA and surrounding area Hours: 8:30am – 4:30pm
Caring Connections (Connected with Bellflower USD) 16703 S. Clark Ave. Bellflower, CA 90706	(562) 866-9011 Ext 2092 (562) 804-6590 (f)	www.caringconnectionsonline.com	Caring Connections works to provide community resources to students and families of the Bellflower Unified School District. Case Managers are available at school sites to link families with services and resources in the community. Referrals may include: Academic support, vision, dental, health insurance, medical services, basic needs and more. Areas Served: Bellflower/Lakewood
Casa Youth Shelter 10911 Reagan St. Los Alamitos, CA 90720	1-800-914-2272 (562) 594-6825 (562) 594-9185 (f)	www.casayouthshelter.org	Emergency shelter for boys and girls ages 12-17 years who are homeless, running away, or at risk, counseling services provided with the goal of family reunification of safe. Parenting classes also offered in English and Spanish. Approved by Social Services and Probation. Certificates provided. Hours: 24/7
Catholic Charities 123 E. 14 th St. Long Beach, CA. 90813	(562) 591-1351 (562) 988-7949 (f)	www.catholiccharitiesla.org	Direct assistance, food, shelter, childcare, education/job skills, counseling, aging, and refugee & immigration assistance – serving all ages, races, ethnicities, and religion.
Christian Outreach in Action (COA) 515 E. 3 rd St. Long Beach, CA 90802	(562) 432-1440 (562) 590-8984 (f)	www.coalongbeach.org	Breakfast served M – F 7:00-8:00am and dinner from 4:30-5:30pm. Every first and third Saturday lunch is served at 10:00am. Monday and Wednesday, clothing and household item distribution from 9:00am-2:00pm. Every Tuesday and Thursday we provide a grocery distribution from 9am-2pm. Also a women and men's transitional home.
City of Bellflower Volunteer Center SIMM's Park 16610 S. Clark Ave. Bellflower, CA 90706	(562) 925-9003 (562) 925-7272 (f)	www.bellflower.org	The Bellflower Volunteer Center provides emergency food, information and referral. Hours: M ... 9am-2:30pm T,W, Th ... 9am-4:30m Fri, Sat, Sun, Holidays – Closed

HOMELESS RESOURCES/SHELTERS/FOOD PROGRAMS

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
City of Norwalk – Social Services 11929 Alondra Blvd. Norwalk, CA 90650	(562) 929-5547	www.norwalkca.gov	Emergency Food Cupboard – Emergency food assistance provided to individuals that are experiencing crisis situations, Paralegal Services – Provide free civil paralegal services to qualifying Norwalk residents, Self-help Support Groups – Groups meet weekly to provide support, counseling, and information relating to various issues: Al-Anon, Domestic Violence, Neurotics Anonymous, Alcoholics Anonymous, ESL-English Classes. Senior 60 years and older Nutrition Program – Hot Lunch Monday thru Friday 11:30 am for a minimal donation. Child Development Program available to low income working parents, in training and CALWORKS participants, Norwalk Senior Center – offers a variety of activities and services to meet the social, educational and recreational needs of mature adults. Children’s Dental Program – Provides transportation the dental clinic. Norwalk Dispute Resolution Program – Assists in resolving tenant/landlord, consumer/merchant and neighborhood disputes. Job Board – Current job listings.
Community Assessment Services Center (CASC-CHCADA-SP) 9033 Washington Blvd. Pico Rivera, CA 90660	(562) 942-9625 (562) 942-9695 (f) 1-800-564-6600		Substance abuse assessment and referral for drug and alcohol treatment. Transportation available for assessment and initial intake appointment. Ancillary services: housing, clothing and food bank referrals. Brief medical screening, including screening for infectious disease and HIV/AIDS; educational information and presentations. Serves: Spa 7 Hours: 8:00am – 6:00pm
Department of Public Social Services 12727 Norwalk Blvd Norwalk, Ca 90650	(310) 258-7400	dpss.lacounty.gov/wps/portal/dpss	In home supportive services. We help you obtain General Relief, AFDC, Food Stamps, and MediCal. Areas Served: Norwalk and Surrounding Cities Hours: Monday – Friday 8:00 am to 5:00 pm
Disabled Resources Center Inc. (DRC) 2750 E Spring St Ste. 100 Long Beach, Ca 90806	(562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch
DPSS/GROW 17600 S. Santa Fe Ave. Rancho Dominguez, CA 90221	(310) 761-2213 (310) 764-2542 (f) (310) 764-0927 (f)		General Relief Opportunities for Work program (GROW) provides employment and training services to help employable General Relief participants obtain jobs and achieve long-term self-sufficiency. Participants are assigned GROW case managers who will work with them to achieve their employment goals. Also offers expungement & homeless court.
Family Service of Long Beach 16704 Clark St. Bellflower, CA 90706	(562) 335-3358 (562) 867-1737 (Intake)		An addiction treatment center provides outpatient programs and foreign languages other than Spanish. (self-pay, sliding scale fee, payment assistance)
Hawaiian Gardens Food Bank 21411 S. Norwalk Blvd. Hawaiian Gardens, CA 90716	(562) 860-9097 (562) 860-1350 (f)		Provides free USDA commodities for low-income families.
LINC Housing Corporation 110 Pine Ave., Ste.500 Long Beach, CA 90802	(562) 684-1100 (562) 435-1054 (f)	www.linchousing.org	LINC provides services that build networks of support, access, and awareness for families and that support healthy and independent living for those who live within our communities. The staff members teach and collaborate with nearby agencies to facilitate classes and activities that cover health, exercise, financial literacy, after-school care, ESL, computer skills, crafts, volunteer opportunities, social events, and field trips to experience science, nature, and the arts.
Long Beach Job Corps 1903 Santa Fe Ave. Long Beach, Ca 90247	(562) 983-1777, x 2313 (562) 983-6393 (f)	longbeach.jobcorps.gov	Job Corps is a no-cost education and career technical training program administered by the U.S. Department of Labor that helps young people ages 16 through 24 improve the quality of their lives through career technical and academic training. At Long Beach Job Corps Center, we support the Job Corps program’s mission of teaching eligible young people the skills they need to become employable and independent and placing them in meaningful jobs or further education.

HOMELESS RESOURCES/SHELTERS/FOOD PROGRAMS

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Long Beach Rescue Mission 1335 Pacific Ave. Long Beach, CA 90813	(562) 591-1292 (562) 591-5116 (f)	www.lbrm.org	Emergency Shelter, Food Services, Case Management, Life Recovery Programs. Office Hours: Monday – Friday 9:00 am to 5:00 pm
Mental Health Association/Homeless Assistance 456 Elm St Long Beach, CA 90802	(562) 437-6717 (562) 437-5072 (f)	www.mhavillage.org	Provides an outpatient drop –in center where persons can take a shower, utilize the laundry unit, and receive emergency clothes, psychological evaluation and medication. Transportation assistance and referrals are provided. All services are provided on an individual basis. Clients are eligible if they are homeless or at risk of being homeless with a major mental illness. Certain requirements apply to determine eligibility. Call Mon., Tues., Thurs., and Fri., from 9am- 3pm and Wed., 10am-1pm There is no charge for services.
Norwalk Social Services Center 11929 Alondra Blvd. Norwalk, CA 90650	(562) 929-5544 (562) 929-5515 (f)	norwalksocialservicescenter.org	Provides residents of the City of Norwalk with a variety of services: children’s dental program, client advocacy, consumer & rental mediation, counseling, emergency food and a variety of senior services including Meals-on-Wheels. Referrals for services to non-residents.
Community Action Partnership 11870 Monarch Street Garden Grove, Ca 92841	(714) 897-6670 (714) 894-5404 (f)	www.capoc.org	Commodity Supplemental Food Program (CSFP)
Public Safety Dept.	(562) 929-5685 (562) 929-5687 (f)	norwalk.org/city-hall/departments/public-safety	This team provides early intervention and assistance to parents whose children are displaying adverse and delinquent behavior at an early age. This service is for Norwalk residents with children 5-14 years of age. No fees.
SAHARA South Asian Helpline And Referral Agency 17100 Pioneer Blvd. Ste. 260 Artesia, Ca 90701	(562) 402-4132 (562) 402-6093 (f)	www.saharacares.org	SAHARA is a non-profit organization providing case management, mental health counseling, legal advocacy, transitional home and education for victims of domestic violence. Other services include assistance with public benefits, computer literacy and educational workshops for the older adults/seniors and summer youth programs. All core services are culturally-sensitive and linguistically competent (Hindi, Urdu, Gujarati, Punjabi, Marathi, Bangla, and English) Office locations in Irvine, Artesia and Van Nuys.
Salvation Army 455 E. Spring St. Long Beach, CA 90806 9644 Cedar Blvd. Bellflower, CA 90706 7950 S. Pickering Ave. Whittier, CA 90608	(562) 426-7637 (562) 920-9193 (562) 698-8348	www.salvationarmy.org	Food Assistance is provided for disabled and low-income families, a 2-3 day food supply in a 60-day period four times a year maximum. Services are provided by appointment only between the hours of 8am-noon and 1-4:30pm. Only the residents of Long Beach, Lakewood, and Signal Hill are eligible for services. At the time of your appointment you must provide picture ID for adults, proof of residency/income, and birth certificates for children under 18 years old.
The Salvation Army Bell Shelter 5600 Rickenbacker Rd. Bell, CA 90201	(323) 263-1206	salvationarmy-social.org	The largest homeless shelter west of the Mississippi - operates a comprehensive program that offers transitional care for up to 350 homeless men and women. The goal of Bell Shelter is to meet the needs of the homeless population by addressing the myriad of reasons why people become homeless and assisting them in developing a higher quality of life through independence. Services offered include: emergency shelter, transitional housing, substance abuse rehabilitation, case management, counseling, on-site health care & medical referrals, HIV/AIDS education, ESL classes, computer training, vocational assistance, job referrals and life skills classes.
The Salvation Army Bell Shelter Supportive Services for Veteran Families 5600 Rickenbacker Rd Bell, Ca 90201	(323) 263-1206 Ext 205 (323) 263-8543 (f)		Housing for homeless and near homeless veterans and their family. Social Services, connecting the veterans with the appropriate benefit source. Employment Services, helping veterans and their families find employment. Qualification other than dishonorable discharge, in danger of losing your housing, or being actually homeless, and low income.

HOMELESS RESOURCES/SHELTERS/FOOD PROGRAMS

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Su Casa – Ending Domestic Violence 3840 Woodruff Ave. #203 Long Beach, CA 90808	(562) 421-6557 (562) 421-8117 (f)	www.sucasadv.org	Program for victims/survivors of domestic violence including women, men and transgendered persons and their children if any. Shelter, support groups, assistance with restraining orders, parenting and education on domestic violence. Serves: Southeast LA County Hours: M-F ... 8:00am – 5:00pm
Su Casa Family Crisis and Support Center Business 24 Hour Hotline (confidential address)	Hotline #: (562) 402-4888	www.sucasadv.org	A non-profit agency serving victims of domestic violence and their children. Through a 24-hour crisis hotline, clients gain access to shelter services including food, clothing, counseling, referrals, advocacy, support groups, and legal resources. Sheltered clients are emancipated women and their children (up to age 12). All victims/survivors (female) can receive services through the outreach center. There are no fees charged to Su Casa clients. Call hotline # for office hours.
Union Rescue Mission 545 S. San Pedro St. Los Angeles, CA 90013	(213) 347-6308 (213) 612-0260 (f)	unionrescuemission.org	Provides basic needs, a warm meal, and an address to use on an employment application, also given much more than food and shelter. They find the comprehensive help they need to find their way home.
United American Indian Involvement Inc. 1125 W. 6 th Street Los Angeles, Ca 90017	(213) 202-3970 (213) 241-0925 (f)	www.UAII.org	UAII is an organization that has been established in Los Angeles for over 38 years. The majority of our funding is to serve the Native American Community, we have many programs, the Robert Sundance is our Substance Abuse Program, we have a Senior's Program, and we also have our clinic that receives HIS monies to provide medical care to the Native American Community. Continuing Education for youth seeking their high school diploma, Seven Generations mental health component, we serve everyone, native or non-native. Native Pathway's to Healing Domestic Violence/Sexual Assault Program, serving victims of domestic violence or sexual abuse. Areas Served: Los Angeles County Hours: 8:00 am – 5:00 pm
Village Baptist Church 12641 E. Foster Rd. Norwalk, CA 90650	(562) 929-0709	norwalkvillagebaptist.org	A free hot meal is provided every Tuesday morning from 10 am until noon.
Weingart Center 522 E. San Pedro St. Los Angeles, CA 90013	(213) 689-2260 (213) 833-5020 (213) 689-2233 (f)	www.weingart.org	Provides shelter for the homeless, helps them to get back on their feet.
Women and Children Crisis Shelter P.O. Box 404 Whittier, CA 90608	(562) 945-3939 (hotline) (562) 945-39637 (office)	www.wccshope.org	Provides battered women and their children emergency shelter; comprehensive supportive services in English and Spanish, which include crisis intervention counseling, legal, housing, and Calworks advocacy. To be eligible for services you must be over 18, domestic violence victim, and have no other resources. No fees are required; serves the greater LA area.



HOTLINES

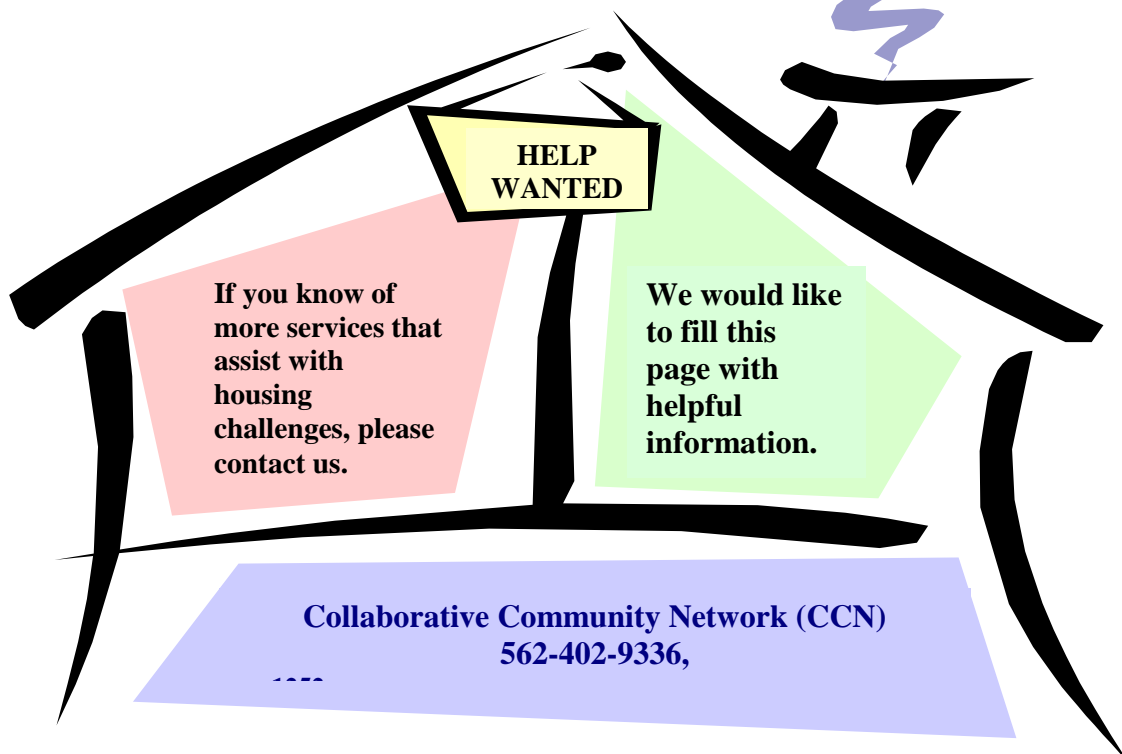
ORGANIZATION NAME	TOLL FREE NUMBER	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
AIDS Info	(800) HIV-0440 (800) 448-0440	www.aidsinfo.nih.gov	Treatment, Prevention and Research
Al-Anon/Alateen Hotline	(800) 344-2666	www.al-anon.alateen.org	Hope & help for young people who are the relatives & friends of a problem drinker.
Alcoholics Anonymous		www.aa.org	If you are concerned with a drinking problem, wish to learn more about Alcoholics Anonymous or want to find A.A. near you, we can help you.
Boys Town National Hotline	(800) 448-3000	www.boystown.org	Crisis hotline that helps parents and children cope with stress and anxiety.
Childhelp National Child Abuse Hotline	(800) 4-A-CHILD (800) 422-4453	www.childhelp.org	At Childhelp, our goal is to meet the physical, emotional, educational, and spiritual needs of abused, neglected and at-risk children. We focus our efforts on prevention, intervention, treatment, and community outreach. Childhelp programs and services help children from any situation and let them experience the life they deserve: one filled with love. The principal theme across all of our programs is to provide children we serve with an environment of compassion and kindness.
Depression and Bipolar Support Alliance	(800) 826-3632	www.dbsalliance.org	DBSA provides hope, help, support, and education to improve the lives of people who have mood disorders.
Identity Theft Resource Center	(888) 400-5530	www.idtheftcenter.org	Provide best-in-class victim assistance at no charge to consumers throughout the United States. Educate consumers, corporations, government agencies, and other organizations on best practices for fraud and identity theft detection, reduction and mitigation
MADD (Mothers Against Drunk Driving)	(800) 438-6233	www.madd.org	To end drunk driving, help fight drugged driving, support the victims of these violent crimes, and prevent underage drinking.
National Alliance on Mental Illness	(800) 950-NAMI (800) 950-6264	www.nami.org	Provides support, information, and referrals.
National Center on Elder Abuse	(800) 677-1116	www.eldercare.gov	The Eldercare Locator, a public service of the Administration on Aging, U.S. Department of Health and Human Services, is a nationwide service that connects older Americans and their caregivers with information on senior services.
National Domestic Violence Hotline	(800) 799-SAFE (800) 799-7233	www.thehotline.org	For nearly 20 years, the National Domestic Violence Hotline has been the vital link to safety for women, men, children and families affected by domestic violence. With the help of our dedicated advocates and staff, we respond to calls 24/7, 365 days a year. We provide confidential, one-on-one support to each caller and chatter, offering crisis intervention, options for next steps and direct connection to sources for immediate safety. Our database holds over 5,000 agencies and resources in communities all across the country. Bilingual advocates are on hand to speak with callers, and our Language Line offers translations in 170+ different languages.
National Runaway Switchboard	(800) RUNAWAY (800) 786-2929	www.1800runaway.org	The National Runaway Safeline (NRS) is here to listen whether you are thinking of running away or already have. Our services are confidential and nonjudgmental.
Parents of Murdered Children	(888) 818-7662	www.pomc.com	To provide support and assistance to all survivors of homicide victims while working to create a world free of murder.
Planned Parenthood Hotline	(800) 230-PLAN (800) 230-7526	plannedparenthood.org	Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care for women, men, and young people, and the nation's largest provider of sex education. - See more at: https://www.plannedparenthood.org/about-us/who-we-are/planned-parenthood-at-a-glance#sthash.muhsI9A0.dpuf
Poison Control	(800) 222-1222	www.calpoison.org	The California Poison Control System (CPCS) provides immediate, free and expert treatment advice and referral over the telephone in case of exposure to poisonous or toxic substances.
Postpartum Support International	(800) 994-4PPD (800) 994-4773	www.postpartum.net	Essential info about perinatal mood & anxiety disorders, including risk factors, symptoms & treatments.
S.A.F.E. Alternatives	(800) DONTCUT (800) 366-8288	www.selfinjury.com	Every day, The Trevor Project saves young lives through its accredited, free and confidential phone, instant message and text messaging crisis intervention services. A leader and innovator in suicide prevention, The Trevor Project offers the largest safe social networking community for LGBTQ youth, best practice suicide prevention educational trainings, resources for youth and adults, and advocacy initiatives.

HOUSING

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
American Family Housing 15161 Jackson St Midway City, Ca 92655	(714) 897-3221 Ext 113 (714) 893-6858 (f)	www.afhusa.org	Affordable Housing and Interim Housing. Serves: Long Beach, South Gate, City of LA, Orange County, and San Bernardino. Hours: 8:00 am to 5:00 pm
Anaheim Housing Authority 201 S. Anaheim Blvd., #201 Anaheim, CA 92805	(714) 765-4320 (714) 765-4331 (f)	www.anaheim.net	The City of Anaheim Housing Authority provides a Housing Choice Voucher Program to assist low-income families in meeting their rent payment, affordable housing program, Section 8.
Christian Outreach in Action (COA) 515 E. 3 rd Street Long Beach, Ca 90802	(562) 432-1440 (562) 590-8984 (f)	www.coalongbeach.org	Free groceries to anyone on Tue. & Thur. 9 am-12Noon. Free clothing (Fri.9am-Noon only) and furniture (Fri. 9am-2pm only) to Long Beach residents only. Transitional housing for drug abuse women w/children. Serves Long Beach.
Community Advocates for Peoples' Choice 7200 Greenleaf Ave Ste. 170 Whittier, Ca 90602	(562) 693-8826 (562) 693-3826 (f)	www.capcinc.org	Assisting adults with disabilities to work and live on their own. Life skills training, employment services, supported living services, community inclusion services, in home support services, Housing and Urban Development and family supports.
Compton Housing Authority 600 N. Alameda, Rm. 163 Compton, CA 90221	(310) 605-3080 (310) 605-3096 (f)	www.comptoncity.org	Handles Section 8 only. Friday & all holidays - Closed
Disabled Resources Center Inc. (DRC) 2750 E Spring St Ste. 100 Long Beach, Ca 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch
Easter Seals Southern California Adult Services 17416-18 Bellflower Blvd Bellflower, Ca 90706	(562) 804-4686 (562) 804-4824 (f)	www.easterseals.com	We provide exceptional services to ensure that all people with disabilities or special needs and their families have an equal opportunity to live, work and play in their communities. Therapeutic, Developmental and Personal Care, Health Care needs, Behavioral, Personal, Mental needs and Support. Monday – Friday 9:00 am to 4:00 pm
Fair Housing Foundation 3605 Long Beach Blvd #302 Long Beach, Ca 90807	(562) 989-1206 (562) 989-1836 (f)	fairhousingfoundation.com	FHF is a non-profit organization that offers landlord/tenant counseling on their rights & responsibilities, mediation unlawful detainee services & intervention free of charge. Educational workshops available.
Habitat for Humanity of Greater Los Angeles 8739 Artesia Blvd. Bellflower, CA 90706	(310) 323-4663	www.habitatla.org home@habitatla.org	Housing Services Program for low-income individuals and families including; Homeownership, Home repairs, Manufactured homeownership/repairs, WaterWise program. Education; Financial Literacy, First-time homebuyer and Pathways to Homeownership. Youth (5-24) and Veteran support services and engagement programs. Volunteer opportunities for the general public in our build sites, retail store and offices. ReStores (Thrift Stores) home improvement hardware stores. We have new inventory and building materials every day to inspire you on your home project of your dreams. Areas Served: 51 Cities and 61 Unincorporated areas of Los Angeles Office Hours: 9:00 am – 5:00 pm ReStore Hours: 8:30 am – 7:30 pm
Hawaiian Gardens Housing Authority 21815 Pioneer Blvd. Hawaiian Gardens, CA 90716	(562) 420-2641 x270	www.hgcity.org/housing	The City of Hawaiian Gardens Housing Authority provides a Housing Choice Voucher Program to assist low-income families in meeting their rent payment.

HOUSING

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
LINC Housing Corporation 110 Pine Ave., Ste.500 Long Beach, CA 90802	(562) 684-1100 (562) 684-1137 (f)	www.linchousing.org	LINC provides housing for people underserved by the marketplace. Their communities are known for excellent design, outstanding management, and life-enhancing services.
Long Beach Rescue Mission 1335 Pacific Ave Long Beach, Ca 90813	(562) 591-1292 (562) 591-5116 (f)	www.lbrm.org	Emergency Shelter, Food Services, Case Management, Life Recovery Programs. Office Hours: Monday – Friday 9:00 am to 5:00 pm
Los Angeles County Housing Authority 12131 Telegraph Rd. Santa Fe Springs, CA 90670	(562) 347-4663 (800) 731-4663	www.hacola.org	The City of Los Angeles Housing Authority provides a Housing Choice Voucher Program to assist low-income families in meeting their rent payment. Hours: M-F ... 8:00am – 5:00pm
Norwalk Housing Authority 12700 Norwalk Blvd Rm 11 Norwalk, CA 90650	(562) 929-5588 (562) 929-5653 (f)	www.norwalkca.gov	The City of Norwalk Housing Authority provides a Housing Choice Voucher Program to assist low-income families in meeting their rent payment. M-T 8am-6pm F 8am-5pm Closed alternating Fridays
The Salvation Army Bell Shelter Supportive Services for Veteran Families 5600 Rickenbacker Rd Bell, Ca 90201	(323) 263-1206 Ext 205 (323) 263-8543 (f)		Housing for homeless and near homeless veterans and their family. Social Services, connecting the veterans with the appropriate benefit source. Employment Services, helping veterans and their families find employment. Qualification other than dishonorable discharge, in danger of losing your housing, or being actually homeless, and low income.
UAW- Labor Employment Training – South LA WSC 3965 S Vermont Ave Los Angeles, Ca 90037	(323) 730-7900 (323) 730-7937 (f)		We are a South Los Angeles Worksource Center that offers Employment assistance, training opportunities, and supportive services. We offer referral services to many community based organizations. Areas Served: South Los Angeles Hours: Monday – Friday 8:00 am to 5:00 pm
United American Indian Involvement Inc. 1125 W. 6 th Street Los Angeles, Ca 90017	(213) 202-3970 (213) 241-0925 (f)	www.UAII.org	UAII is an organization that has been established in Los Angeles for over 38 years. The majority of our funding is to serve the Native American Community, we have many programs, the Robert Sundance is our Substance Abuse Program, we have a Senior’s Program, and we also have our clinic that receives HIS monies to provide medical care to the Native American Community. Continuing Education for youth seeking their high school diploma, Seven Generations mental health component, we serve everyone, native or non-native. Native Pathway’s to Healing Domestic Violence/Sexual Assault Program, serving victims of domestic violence or sexual abuse. Areas Served: Los Angeles County Hours: 8:00 am – 5:00 pm



IMMIGRATION ASSISTANCE

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
A-Immigration Express 18830 Norwalk Blvd. Artesia, CA 90701	(562) 924-1437 (562) 860-1689 (f)	immigrationexpress.com	Helps fill out immigration paper work, and answer questions clients have regarding paperwork.
Cerritos College Adult Education and Diversity Program	(562) 467-5098	www.cerritos.edu/aed	Offers assistance with completing the citizenship form N-400 for only \$60.00. Goal is to help complete the application correctly.
Immigration and Naturalization	(800) 375-5283		Assists with citizenship issues.
Law Office Vachani & Associates 18173 Pioneer Blvd., Ste. E Artesia, CA 90701	(562) 402-8095	www.sjvlaw.com	Legal services for immigration documents.
Links Sign Language Interpreting Services 800 West Pacific Coast Hwy Long Beach, Ca 90806	(562) 435-3411 (562) 436-5559 (f) Emergencies (562) 331-0927	www.linksinterpreting.com	We are an agency that places both sign and verbal language interpreters for temporary assignments. We work with over 300 interpreters supporting American Sign Language and 30 Spoken Languages. M-F 7:30am – 4:30pm After Hours Emergencies 24/7
Los Angeles Center for Law & Justice 1241 S. Soto St. Ste. 102 Los Angeles, Ca 90023	(323) 980-3500 (323) 980-3510 (f)	www.laclj.org	Provide free legal assistance in the areas of Family Law, Consumer Law, Government Benefits Law, Housing Law and Immigration Law.
Mexican American Opportunity Foundation (MAOF) 5657 E Washington Blvd Commerce, Ca 90040	(323) 313-1603 (323) 890-1556 (f)	www.maof.org	Human services organization servicing low income families, children, seniors, and other individuals with services such as vocational/job training, work experience employment, childcare, and senior services. Monday – Friday 8:00 am to 5:00 pm
SAHARA South Asian Helpline & Referral Agency 17100 Pioneer Blvd., Ste. 260 Artesia, CA 90701	(562) 402-4132 (562) 402-6093 (f)	www.saharacares.org	SAHARA is a non-profit organization providing case management, mental health counseling, legal advocacy, transitional home and education for victims of domestic violence. Other services include assistance with public benefits, computer literacy and educational workshops for the older adults/seniors and summer youth programs. All core services are culturally-sensitive and linguistically competent (Hindi, Urdu, Gujarati, Punjabi, Marathi, Bangla, and English) Office locations in Irvine, Artesia and Van Nuys.
South Asian Network 18173 Pioneer Blvd., Ste. I Artesia, CA 90701	(562) 403-0488 x112 (562) 403-0487 (f)	southasiannetwork.org	Domestic violence counseling; serves all areas. Also provide immigration services.
The Greenleaf Center 13006 Philadelphia Ste. #411 Whittier, Ca 90601	(562) 945-5108 (562) 945-5208 (f)	thegreenleafcenter.com	Mental health counseling for children and adults, psychological testing. Immigration evaluation (psychological). Monday – Friday 8:00 am to 5:00 pm
US Dept. of Homeland Security Bureau of Citizenship & Immigration Services (BCIS) or (CIS) 300 N. Los Angeles St., Rm. 3107 Los Angeles, CA 90012	(213) 485-1872	www.uscis.gov	General information; questions on pending cases; Assistance with filing forms.



*Give me your tired, your poor,
Your huddled masses yearning to breathe free,
The wretched refuse of your teeming shore.
Send these, the homeless, tempest-tossed to me,
I lift my lamp beside the golden door!*

Engraved on a bronze plaque in 1903, the plaque is located on a wall of the museum, which is in the base of the Statue of Liberty. (It has never been engraved on the monument itself)

LEGAL ASISTANCE

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
AI's Fingerprinting	(562) 437-1591		Fingerprinting
Better Business Bureau	(909) 825-7280		Assists consumers with complaints against unethical/unfair business practices.
CA Bureau of Automotive Repair	(310) 410-0024		Consumer complaints and intervention.
CA Tenants (CA Dept. of Consumer Affairs)	(800) 952-5210		Information on renter's rights and landlord responsibilities.
City of Norwalk – Social Services 11929 Alondra Blvd Norwalk, Ca 90650	(562) 929-5547 (562) 929-5515 (f)	www.norwalkca.gov	Emergency Food Cupboard – Emergency food assistance provided to individuals that are experiencing crisis situations, Paralegal Services – Provide free civil paralegal services to qualifying Norwalk residents, Self-help Support Groups – Groups meet weekly to provide support, counseling, and information relating to various issues: AI-Anon, Domestic Violence, Neurotics Anonymous, Alcoholics Anonymous, and ESL-English Classes. Senior 60 years and older Nutrition Program – Hot Lunch Monday thru Friday 11:30 am for a minimal donation. Child Development Program available to low income working parents, in training and CALWORKS participants, Norwalk Senior Center – offers a variety of activities and services to meet the social, educational and recreational needs of mature adults. Children's Dental Program – Provides transportation the dental clinic. Norwalk Dispute Resolution Program – Assists in resolving tenant/landlord, consumer/merchant and neighborhood disputes. Job Board – Current job listings.
Community Family Guidance Center 10929 South St., Ste. 208B Cerritos, CA 90703	(562) 924-5526 (562) 924-1040 (f)		Outpatient therapy services for families, children and youth ages 3-17 with Medi-Cal and Healthy Families Insurance. Serves: Surrounding cities as Lakewood, Long Beach, and Bellflower. Hours: M-Th ... 8:00am – 9:00pm Fri ... 8:00am – 4:30pm
Community Legal Services (legal aid) 11834 E. Firestone Blvd. Norwalk, CA 90650	(562) 864-9935 (800) 834-5001	www.legal-aid.com	Provides free legal services in several areas of civil law to low-income residents of Artesia, Bellflower, Cerritos, Downey, Norwalk and Paramount: family problems, housing, lawsuits, employment, education, restraining orders and civil harassment.
Consumer Agencies		www.consumer.gov	Various agencies that protect consumer rights.
County Clerk	(562) 491-5926		Filing of legal documents.
Dept. of Industrial Relations	(562) 590-5033 (562) 590-5048 (562) 590-5240		Rehabilitation Unit Labor Standards Enforcement Unit Worker's compensation Unit
Disabled Resources Center Inc. (DRC) 2750 E Spring St Ste. 100 Long Beach, Ca 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch
Dispute Resolution Services	(213) 896-6533		Provides dispute mediation for: employee/employer, consumer/merchant, domestic, landlord/tenant, family, neighborhood
EEO Commission	(800) 669-4000 (800) 800-3302 (tdd)		
Eviction Defense Center	(213) 487-7609		Legal Assistance to people being evicted.
Fair Housing Foundation 3605 Long Beach Blvd, Ste.32 Long Beach, CA 90802	(562) 989-1206 (562) 989-1836 (f)		FHF is a non-profit organization that offers landlord/tenant counseling on their rights & responsibilities, mediation, unlawful detainee services & intervention free of charge. Educational workshops available.
Federal Information Center	(800) FED-INFO		Information on federal law
Federal Trade Commission 10877 Wilshire Blvd. #700 Los Angeles, Ca 90024	(310) 824-4300	www.ftc.org	Report complaints against businesses.
LA County Public Defender	(562) 651-2500	www.pd.co.la.ca.us	Legal representation

LEGAL ASISTANCE

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Lawyer Referral Service of the Southeast District Bar Association 12749 Norwalk Blvd. Ste. 107 Norwalk, Ca 90650	(562) 868-6787 (562) 864-2747 (f)	www.sedba.org/	This is a referral service to attorneys pertaining to all types of legal matters. There will be a fee for a consultation excluding worker's compensation, personal injury, criminal and social security cases. Attorney fees will be quoted during consultation. Bilingual staff is available. Hours are Monday – Friday, 8am-5pm.
Legal Aid 11834 E. Firestone Norwalk, CA 90650	(800) 834-5001 (714) 571-5200	www.legal-aid.com	Provides legal assistance for those at poverty level or below.
Los Angeles Center for Law & Justice 1241 S. Soto St., Ste. 102 Los Angeles, CA 90023	(323) 980-3500 (323) 980-3510 (f)	www.laclj.org	Provides free legal assistance in the areas of Family Law, Consumer Law, Government Benefits Law, Housing Law and Immigration Law.
Mercury Paralegal Services Norwalk 12061 Orange Street Norwalk, Ca 90650	(562) 868-4158		Offers assistance with or without an attorney in divorce, legal separation, establish parental rights, child support, child custody & visitations, collect un-paid support, name changes, wage assignments, DA cases. Sliding scale fee.
National Housing Hotline	(800) 424-8590		Information on housing laws.
Norwalk Dispute Resolution Program 11929 Alondra Blvd. Norwalk, CA 90650	(562) 929-5544 (800) 696-1145		This is a volunteer board that mediates issues such as unlawful lockouts, evictions, security deposits, letters of protest, and invasion of privacy to avoid going to court. Call Monday-Thursday, 8am-6pm and Friday, 8am-5pm. Ask for tenant/landlord information.
Office of Client's Rights and Advocacy	(800) 776-5746 (800) 719-5798 (tty)	disabilityrightscra.org/about/cra.htm	Provides free legal service for people with developmental disabilities.
Office of LA County Registrar	(310) 510-0026 (800) 201-8999	www.lavote.net/	Obtain, correct, and amend birth records.
OSHA – Division of Safety and Health	(310) 516-3734		Occupation safety and health complaints and investigations.
Pre-Paid Legal Services, Inc. 6709 Greenleaf Ave., Ste. 305 Whittier, CA 90606	(562) 320-0438		Provide legal services at a low rate. Also provide services to those who want to start a new business.
SAHARA South Asian Helpline & Referral Agency 17100 Pioneer Blvd., Ste. 260 Artesia, CA 90701	(562) 402-4132 (562) 402-6093 (f)	www.saharacares.org	SAHARA is a non-profit organization providing case management, mental health counseling, legal advocacy, transitional home and education for victims of domestic violence. Other services include assistance with public benefits, computer literacy and educational workshops for the older adults/seniors and summer youth programs. All core services are culturally-sensitive and linguistically competent (Hindi, Urdu, Gujarati, Punjabi, Marathi, Bangla, and English) Office locations in Irvine, Artesia and Van Nuys.
The Salvation Army Bell Shelter Supportive Services for Veteran Families 5600 Rickenbacker Rd Bell, Ca 90201	(323) 263-1206 Ext 205 (323) 263-8543 (f)		Housing for homeless and near homeless veterans and their family. Social Services, connecting the veterans with the appropriate benefit source. Employment Services, helping veterans and their families find employment. Qualification other than dishonorable discharge, in danger of losing your housing, or being actually homeless, and low income.
Senior Legal Hotline	(916) 551-2140 (800) 222-1753	abanet.org/aging/states/Calif/ornia.com	Law and aging directory for California that provides a comprehensive listing of the state-wide resources available to help older persons with law –related issues... Serves Los Angeles County.
Single Parents United N' Kids (SPUNK) 2125 Santa Fe Ave. Long Beach, Ca 90810	(562) 432-8802		Information on child support issues, monthly divorce clinic, workshops.
Victim Witness Assistance Program 12720 Norwalk Blvd., rm. 201 Norwalk, CA 90650	(562) 807-7230 (562) 929-6776 (f)	da.lacounty.gov/victims	The Victim-Witness Assistance Program's mission is to alleviate the trauma and devastating effects of crime on the lives of victims and their families. Victim advocates guide victims through the court process, help victims receive restitution, provide crisis intervention, and provide referrals to counseling and community services.

LIBRARIES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Artesia Public Library 18722 S. Clarkdale Ave. Artesia, CA 90701	(562) 865-6614	colapublib.org	<p><i>Reading is to the mind, what exercise is to the body. As by the one, health is preserved, strengthened, and invigorated: by the other, virtue (which is the health of the mind) is kept alive, cherished, and confirmed.</i></p> <p><i>Author: Joseph Addison</i></p>
Clifton M. Brakensiek Library 9945 E. Flower Street Bellflower, CA 90706	(562) 925-5543	colapublib.org	
Cerritos Public Library 18025 Bloomfield Ave. Cerritos, CA 90703	(562) 916-1350	ci.cerritos.ca.us	
Downey City Library 11121 Brookshire Ave. Downey, CA 90241	(562) 904-7360	downeylibrary.org	
Health Science Library 7601 Imperial Hwy., Sssa1109 Downey, CA	(562) 401-7696	-----	
LA County Public Library 7400 Imperial Hwy., Rm. 201 Norwalk, CA 90650	(562) 940-8462	colapublib.org	
County of Los Angeles - Hawaiian Gardens Library 11940 Carson St. Hawaiian Gardens, CA 90716	(562) 496-1212	colapublib.org	
Angelo M. Iacoboni Library 4990 Clark Ave. Lakewood, CA 90712	(562) 866-1777	colapublib.org	
George Nye Jr. Library 6600 Del Amo Blvd. Lakewood, CA 90713	(562) 421-8497	-----	
La Mirada Public Library 13800 La Mirada Blvd. La Mirada, CA 90638	(562) 943-0277	colapublib.org	
Norwalk Public Library 12350 E. Imperial Hwy. Norwalk, CA 90650	(562) 868-0775	colapublib.org	
Alondra Public Library 11949 E. Alondra Blvd. Norwalk, CA 90650	(562) 868-7771	-----	
LA County Law Library 12720 Norwalk Blvd., #714 Norwalk, Ca 90650	(562) 807-7310	Lalawlibrary.org	
Paramount 16254 Colorado Ave. Paramount, CA 90723	(562) 630-3171	colapublib.org	



MENTAL HEALTH SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Asian Pacific Mental Health Program 4510 E Pacific Coast Hwy #600 Long Beach, Ca 90804	(562) 346-1100 (562) 218-0402 (f)	www.ssgmain.org	Provides family, group and individual mental health counseling to Asian speaking populations by multi-ethnic, culturally sensitive professional staff. Monday/Tuesday, Thursday/Friday, 8am-5pm, Wednesday, 8am-7pm. Service assistance is provided in the following languages; Cambodian, Laotian, Vietnamese, Chinese and Tagalog. Sliding scale fees, Medi-Care, Medi-Cal, and other insurance is accepted.
Cerritos College Human Resources 11110 Alondra Blvd Norwalk, Ca 90650	(562) 860-2451 Ext 2284	www.cerritos.edu	Assuming faculty leadership roles in activities to support students who are deaf or hard of hearing and activities contributes to student's success. Courses designed for adult students with hearing loss, learning disabilities and physical and mental disabilities. Disabled Student Programs & Services. Areas Served: Artesia, Bellflower, Cerritos, Downey, Surrounding Cities Hours: Monday – Saturday 8:00 am to 5:00 pm
College Hospital Hotline 10802 College Place Cerritos, CA 90703	(800) 352-3301 LA County (800) 773-8001 Orange County	www.collegehospitals.com	Trained phone counselors will assess emergency mental health problems and recommend an appropriate source of help in your community. This program is available 24 hours a day in English and Spanish.
Community Assessment Services Center (CASC-CHCADA-SP) 9033 Washington Blvd. Pico Rivera, CA 90660	(562) 942-9625 (562) 942-9695 (f) 1-800-564-6600	www.chcada.org	Substance abuse assessment and referral for drug and alcohol treatment. Transportation available for assessment and initial intake appointment. Ancillary services: housing, clothing and food bank referrals. Brief medical screening, including screening for infectious disease and HIV/AIDS; educational information and presentations. Serves: Spa 7 Hours: 8:00am – 6:00pm
Community Family Guidance Center 10929 South St., Ste. 208 Cerritos, CA 90703 8320 Iowa St Ste. 201 Downey, Ca 90241	(562) 924-5526 (562) 924-1040(f) Service HOTLINE 855-3298080 (562) 904-4815	www.cfgcenter.com	CFGC has programs that service children with trauma, depressive symptoms, anxiety, ADHD, and home behavioral issues. Our programs provide clients and families with the tools and skills to improve positive social skills, emotional skills, and strengthen family relationships. We are able to serve children with MediCal insurance and also have some programs where no insurance is required. Serves: Surrounding cities of Lakewood, Long Beach, Bellflower, Norwalk, Paramount, Cerritos, Artesia, and Hawaiian Gardens.
County of Los Angeles Department of Mental Health Los Padrinos Juvenile Hall 7285 E. Quill Dr. Downey, CA 90242	(562) 940-6077 (562) 940-6078 (562) 803-0637 (f)		Juvenile detention center that provides mental health evaluations until the adolescent's trial date.
Disability Resources Center Inc. (DRC) 2750 E Spring St Ste. 100 Long Beach, Ca 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch
Helpline Youth Counseling, Inc. 12440 E Firestone Blvd. #1000 Norwalk, Ca 90650	(562) 864-3772	www.hycinc.org	Provides counseling and intervention services for youth and families. Services include gang intervention/prevention, substance abuse programs (adolescents), individual, group, and family counseling, domestic violence counseling, child abuse prevention, anger management training (adolescents), and parenting skills training. Assistance is in English and Spanish. Access to some services is through Department of Children and Family Services, other county agencies, youth on probation, GAIN recipients, and referrals from school district personnel, law enforcement, parents, etc. Eligibility varies.

MENTAL HEALTH SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Little House, Inc. 9718 Harvard St. Bellflower, CA 90706	(562) 925-2777 (562) 925-7572 (f)	www.littlehouseinc.org	Residential Treatment Program for Women with Alcohol and Substance Abuse issues. Program is 6-9 months with three phases of treatment, the third which is re-entry, i.e.: job, school. 12 Step based, daily groups, aimed at the whole woman sustaining her recovery. Supportive Service offered upon completion and weekly aftercare. Call for a phone assessment. Serves: Los Angeles & Orange County Office Hours: 8:00am – 5:00pm
Mental Health of America Los Angeles 456 Elm Ave. Long Beach, CA 90802	(562) 437-6717 (562) 437-5072 (f)	www.mhala.org	This division of the Mental Association provides an outpatient drop –in center where persons can take a shower, utilize the laundry unit, and receive emergency clothes, psychological evaluation and medication. Transportation assistance and referrals are provided. All services are provided on an individual basis. Clients are eligible if they are homeless or at risk of being homeless with a major mental illness. Certain requirements apply to determine eligibility call Mon., Tues., Thurs., and Fri., from 9am-3p.m. and Wed., 10am-1p.m. There is no charge for services.
Metropolitan State Hospital 11401 Bloomfield Ave Norwalk, Ca 90650	(562) 863-7011 (562) 929-3131 (f)	Dsh.ca.gov/metropolitan	Providing evaluations and treatment in a safe and responsible manner, seeking innovation and excellence in hospital operations, across a continuum of care and settings. Hospital offers inpatient mental health care, specializing in legal commitments.
Olive Crest Family Resource Center 17800 Woodruff Ave. Bellflower, CA 90706	(562) 866-8956	www.olivecrest.org	Free tutor center; Parent support groups; Parent/kinship/foster education classes; Financial education classes; Information to local resources & referrals. Areas Served: Bellflower & Surrounding Communities Hours: Monday – Friday 9:00 am – 5:00 pm
Positive Steps 11501 Dolan Ave. Downey, Ca 90241	(562) 923-7894 (562) 869-3400 (f)	www.positivestepsinc.com	Specializing in: Child Abuse-Domestic Violence-Drug & Alcohol Counseling – Obsessive Compulsive Disorders. Offer individuals advice that to learn healthy ways of relating to others and tools to improve self-esteem and self worth. Family therapy; parenting and anger management classes. Serve all court ordered and social service cases. Serves: Out of state & all communities Hours: Tues-Thurs: 10am-7pm by appointment Friday: 2pm-7:30pm
Rio Hondo Mental Health 17707 Studebaker Rd. Cerritos, CA 90701	(562) 402-0688 (562) 402-3032 (f)		Provides outpatient mental health services for adults as well as Psychiatric Services if needed.
SAHARA South Asian Helpline & Referral Agency 17100 Pioneer Blvd., Ste. 260 Artesia, CA 90701	(562) 402-4132 (562) 402-6093 (f)	www.saharacares.org	SAHARA is a non-profit organization providing case management, mental health counseling, legal advocacy, transitional home and education for victims of domestic violence. Other services include assistance with public benefits, computer literacy and educational workshops for the older adults/seniors and summer youth programs. All core services are culturally-sensitive and linguistically competent (Hindi, Urdu, Gujarati, Punjabi, Marathi, Bangla, and English) Office locations in Irvine, Artesia and Van Nuys.
The Greenleaf Center 13006 Philadelphia #411 Whittier, Ca 90601	(562) 945-5108 (562) 945-5208 (f)	www.thegreenleafcenter.com	Mental health counseling for children and adults, psychological testing. Immigration evaluation (psychological). Monday – Friday 8:00 am to 5:00 pm
The Salvation Army Bell Shelter 5600 Rickenbacker Rd. Bell, CA 90201	(323) 263-1206	www.salvationarmy-socal.org	The largest homeless shelter west of the Mississippi - operates a comprehensive program that offers transitional care for up to 350 homeless men and women. The goal of Bell Shelter is to meet the needs of the homeless population by addressing the myriad of reasons why people become homeless and assisting them in developing a higher quality of life through independence. Services offered include: emergency shelter, transitional housing, substance abuse rehabilitation, case management, counseling, on-site health care & medical referrals, HIV/AIDS education, ESL classes, computer training, vocational assistance, job referrals and life skills classes.

MENTAL HEALTH SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Suicide Prevention Center	(877) 727-4747	www.didihirsch.org or www.suicidepreventioncenter.org	This 24-hour suicide crisis line provides direct, confidential telephone counseling to individuals contemplating, threatening or attempting suicide as well as concerned friends or family members. Each caller receives immediate and focused crisis intervention and assistance from a team of highly trained volunteers, consultants and professional staff. The Crisis Line makes referrals to over 3,000 community resources.
Tarzana Treatment Center 2101 Magnolia Ave. Long Beach, CA 90806	(562) 218-1868 x6153 (562) 591-0346 (f)	www.tarzanatc.org	Provide assessments, residential and outpatient treatment, detoxification treatment. Provide individual and group counseling, family therapy and support services such as employment, educational and child care. Accept women with children and youth between the ages of 12-20 years old. Areas served are Long Beach, Tarzana, and Antelope Valley. Hours of operation are from 8:30am- 5:00pm.
The Gary Center 341 Hillcrest St. La Habra, CA 90631	(562) 691-3263 (562) 690-5063 (f)	vistacommunityclinic.org	Counseling, ESL, computer training, Dental clinic job coaching and resume service. Service is provided to those who are low Income Individuals and family.
United American Indian Involvement Inc. 1125 W. 6 th Street Los Angeles, Ca 90017	(213) 202-3970 (213) 241-0925 (f)	www.UAII.org	UAII is an organization that has been established in Los Angeles for over 38 years. The majority of our funding is to serve the Native American Community, we have many programs, the Robert Sundance is our Substance Abuse Program, we have a Senior's Program, and we also have our clinic that receives HIS monies to provide medical care to the Native American Community. Continuing Education for youth seeking their high school diploma, Seven Generations mental health component, we serve everyone, native or non-native. Native Pathway's to Healing Domestic Violence/Sexual Assault Program, serving victims of domestic violence or sexual abuse. Areas Served: Los Angeles County Hours: 8:00 am – 5:00 pm

SENIOR SERVICES

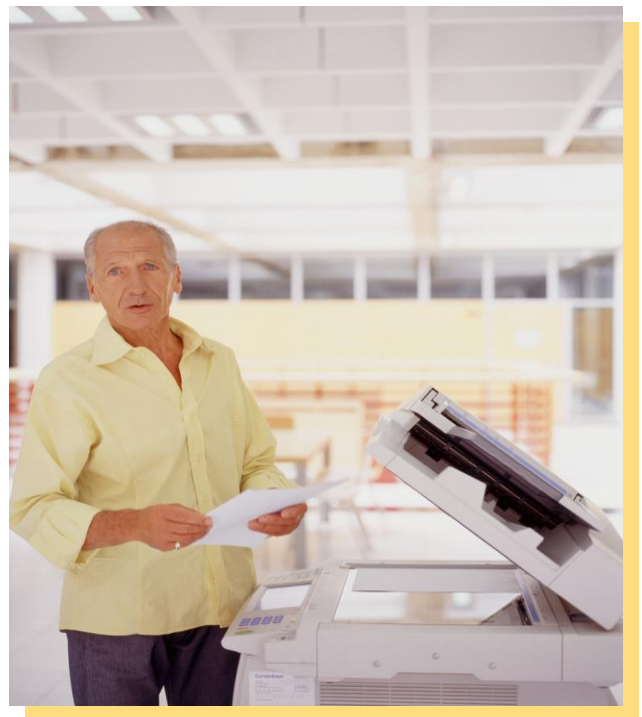
ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Alta Med 711 E Wardlow Long Beach, Ca 90807	(562) 490-7583 (562) 595-8174 (f)	www.altamed.org	Case management for youth and parenting classes. Connections for senior services, health care and child services. Areas Served: LA & Orange County Hours: 8:00 am to 5:00 pm
Alta-Med – Senior Health Svcs. 9436 E. Slauson Pico Rivera, CA 90660	(562) 949-6069 (562) 462-9014 (f)	www.altamed.org	Provides a variety of medical services to seniors including counseling, medical care, meals, in-home support and transportation to and from doctor's appointments.
ARC of Southeast Los Angeles County 9555 Washburn Rd Downey, Ca 90242	(562) 803-4606 (562) 803-1556 (562) 803-4080 (f)	www.thearcaoc.org	Job Training, Job Placement, Adult Education Classes, Independent Living Classes, High School to Work Transportation, Supported Employment, Supported Living, Culinary Arts, Senior Program and Transportation
Cerritos Senior Center at Pat Nixon Park 12340 South Street Cerritos, CA 90703	(562) 916-8550 (562) 916-8554 (f)	www.ci.cerritos.ca.us	Fitness classes, workshops, arts and crafts, blood pressure, sports, bereavement, billiards, tournaments, computer classes, ceramics, spa, line dancing, ESL- all levels, lunch daily, excursions once a month.
Christian Outreach in Action (COA) 515 E. 3 rd Street Long Beach, Ca 90802	(562) 432-1440 (562) 590-8984 (f)	www.coalongbeach.org	Free groceries to anyone on Tue. & Thur. 9 am-12Noon. Free clothing (Fri.9am-Noon only) and furniture (Fri. 9am-2pm only) to Long Beach residents only. Transitional housing for drug abuse women w/children. Serves Long Beach.
City of Norwalk – Social Services 11929 Alondra Blvd. Norwalk, Ca 90650	(562) 929-5547 (562) 929-5515 (f)	www.norwalkca.gov	Emergency Food Cupboard – Emergency food assistance provided to individuals that are experiencing crisis situations, Paralegal Services – Provide free civil paralegal services to qualifying Norwalk residents, Self-help Support Groups – Groups meet weekly to provide support, counseling, and information relating to various issues: AI-Anon, Domestic Violence, Neurotics Anonymous, Alcoholics Anonymous, ESL-English Classes. Senior 60 years and older Nutrition Program – Hot Lunch Monday thru Friday 11:30 am for a minimal donation. Child Development Program available to low income working parents, in training and CALWORKS participants, Norwalk Senior Center – offers a variety of activities and services to meet the social, educational and recreational needs of mature adults. Children's Dental Program – Provides transportation the dental clinic. Norwalk Dispute Resolution Program – Assists in resolving tenant/landlord, consumer/merchant and neighborhood disputes. Job Board – Current job listings.
Disabled Resources Center Inc. (DRC) 2750 E Spring St Ste. 100 Long Beach, Ca 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch
Downey Barbara Riley Senior Center 7810 Quill Dr. Downey, CA 90242	(562) 904-7223 (562) 904-7228 (f)	www.downeyca.org	The Barbara Jo Riley Community & Senior Center is a comprehensive facility offering recreational and social service programs to the community for youth, adults and seniors. Programs include: Nutrition meals, legal assistance, homeowners & renter's assistance, Income tax Preparation, Medicare advocacy, volunteer opportunities, Educational classes, Billiards Library w/Computer supplied with Internet Access, Fitness Center W/Weights, Treadmill & Lifecycles, & Numerous Educational Classes.
Easter Seals Southern California Adult Services 17416-18 Bellflower Blvd Bellflower, Ca 90706	(562) 804-4686 (562) 804-4824 (f)	www.easterseals.com	We provide exceptional services to ensure that all people with disabilities or special needs and their families have an equal opportunity to live, work and play in their communities. Therapeutic, Developmental and Personal Care, Health Care needs, Behavioral, Personal, Mental needs and Support. Monday – Friday 9:00 am to 4:00 pm

SENIOR SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Grandparents as Parents	(562) 421-7991 (310) 893-2548 (818) 789-1177 Call for Groups in your area.	www.grandparentsasparents.org	Educates relatives who are child caregivers of their rights and responsibilities through psychological, emotional support groups, guidance and companionship. Information and support for grandparents who are having difficulties raising children under new and unfamiliar guidelines. Support groups are located in Long Beach, and other cities in the Los Angeles County area. Professionals lead these groups.
Habitat for Humanity of Greater Los Angeles 8739 Artesia Blvd. Bellflower, CA 90706	(310) 323-4663	www.habitatla.org home@habitatla.org	Housing Services Program for low-income individuals and families including; Homeownership, Home repairs, Manufactured homeownership/repairs, WaterWise program. Education; Financial Literacy, First-time homebuyer and Pathways to Homeownership. Youth (5-24) and Veteran support services and engagement programs. Volunteer opportunities for the general public in our build sites, retail store and offices. ReStores (Thrift Stores) home improvement hardware stores. We have new inventory and building materials every day to inspire you on your home project of your dreams. Areas Served: 51 Cities and 61 Unincorporated areas of Los Angeles Office Hours: 9:00 am – 5:00 pm ReStore Hours: 8:30 am – 7:30 pm
Hawaiian Gardens Mary Rodriguez Center 21815 S Pioneer Blvd. Hawaiian Gardens, CA 90716	(562) 420-2641 x205 (562) 425-9585 (f)	www.hgcity.org	Provides transportation, senior nutrition programs, billiards, arts and crafts, sewing, ceramics, oil painting, computer classes, and excursions. Transportation is for residents of Hawaiian Gardens.
LA County Department of Children and Family Services Kinship Division 421 S Glendora Ave West Covina, Ca 91790	(562) 760-8844	dcfs.co.la.ca.us/kinshippublic/default.html www.lacdcfs.org/	Supportive Services to Relative Caregivers caring for children in Dependency System, Probate Courts, Probation, and Informal Kinship Caregivers etc. Support groups, educational opportunities, free recreational opportunities, navigation/advocacy of child welfare system. Connections to tutoring, mental health, DPSS applications for non-needy caregiver funding. Areas Served: All of Los Angeles County Hours: Monday – Friday 8:00 am to 5:00 pm
Lakewood Weingart Senior Center 5220 Oliva Ave. Lakewood, CA 90712	(562) 630-6141 (562) 866-0505	www.lakewoodcity.org	Nursing facility, homecare services, and retirement housing. Senior Services, Senior Services, Case Management, Low-cost Lunches, Fitness Room, Pool Tables, Cards, Dances.
LINC Housing Corporation 555 E. Ocean Blvd. Ste. 900 Long Beach, Ca 90802	(562) 684-1100 (562) 435-1054 (f)	www.linchousing.org	LINC Housing Corporation is a nonprofit organization that builds, owns and operates affordable housing for seniors and families throughout California. LINC also offers its residents life-enhancing services through the LINC Cares program.
Long Beach Multipurpose Senior Center 1150 E. 4 th St. Long Beach, CA 90802	(562) 570-3500 (562) 570-1107 (f)	www.longbeach.gov	Offers computer, dance, aerobic, tai-chai, and arts and crafts classes etc.
Mexican American Opportunity Foundation (MAOF) 5657 E Washington Blvd Commerce, Ca 90040	(323) 313-1603 (323) 890-1556 (f)	www.maof.org	Human services organization servicing low income families, children, seniors, and other individuals with services such as vocational/job training, work experience employment, childcare, and senior services. Monday – Friday 8:00 am to 5:00 pm
Norwalk Senior Citizens Center 14040 San Antonio Dr. Norwalk, CA 90650	(562) 929-5580 (562) 929-5532 (f)	www.ci.norwalk.ca.us/seniors	Provides fitness and educational classes. Some classes are free and other classes may require a small fee. Movies shown once a week. Health screenings, Bingo twice a week, one dance per month, western dance with live band once a week, support group and case management.
Oasis 5100 Lakewood Mall Lakewood, CA 90714 (At Macy's at Lakewood Mall)	(562) 601-5010		Oasis is a nonprofit educational organization designed to enhance the quality of life to mature adults. Offering challenging programs in the arts, humanities, wellness, technology and volunteer service, Oasis creates opportunities for older adults to continue their personal growth and provide meaningful service to the community. Hours of operation are 10:00am-3:00p.m.
PathPoint 10900 E. 183 rd St., Ste. 350 Cerritos, CA 90703	(800) 481-6555 Ext. 1214	www.selaco.com	Provides paid work experience, skill assessments, job placement assistance, annual physical examinations, classroom training, computer and internet training for men and women 55 and older.

SENIOR SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
SAHARA - South Asian Helpline & Referral Agency 17100 Pioneer Blvd., Ste. 260 Artesia, CA 90701	(562) 402-4132 (562) 402-6093 (f)	www.saharacares.org	SAHARA is a non-profit organization providing case management, mental health counseling, legal advocacy, transitional home and education for victims of domestic violence. Other services include assistance with public benefits, computer literacy and educational workshops for the older adults/seniors and summer youth programs. All core services are culturally-sensitive and linguistically competent (Hindi, Urdu, Gujarati, Punjabi, Marathi, Bangla, and English) Office locations in Irvine, Artesia and Van Nuys.
Senior Legal Hotline	(916) 551-2140 (800) 222-1753	www.slh.lsnc.net	Law and Aging guide for California that provides a comprehensive listing of the state-wide resources available to help older persons with law-related issues. Serves Los Angeles County.
Southern California Rehabilitation Services 7830 Quill Dr., # D Downey, CA 90242	(562) 862-6531 (562) 923-5274 (f)	www.scrs-ilc.org	In home services; cook, clean, bathe, and help apply for benefits through Social Security Administration.
UAW-Labor Employment Training – South LA WSC 3965 S Vermont Ave Los Angeles, Ca 90037	(323) 730-7900 (323) 730-7937 (f)		We are a South Los Angeles Worksource Center that offers Employment assistance, training opportunities, and supportive services. We offer referral services to many community based organizations. Areas Served: South Los Angeles Hours: Monday – Friday 8:00 am to 5:00 pm
United American Indian Involvement Inc. 1125 W. 6 th Street Los Angeles, Ca 90017	(213) 202-3970 (213) 241-0925 (f)	www.UAII.org	UAII is an organization that has been established in Los Angeles for over 38 years. The majority of our funding is to serve the Native American Community, we have many programs, the Robert Sundance is our Substance Abuse Program, we have a Senior’s Program, we also have our clinic that receives HIS monies to provide medical care to the Native American Community. Continuing Education for youth seeking their high school diploma, Seven Generations mental health component, we serve everyone, native or non-native. Native Pathway’s to Healing Domestic Violence/Sexual Assault Program, serving victims of domestic violence or sexual abuse. Areas Served: Los Angeles County Hours: 8:00 am – 5:00 pm



SUBSTANCE/PHYSICAL ABUSE ASSISTANCE

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
American Health Services 5200 San Gabriel Place, Suite D Pico Rivera, CA 90660	(562) 222-1310 (562) 222-2301 (f) (877) 557-7826 Customer Service	www.americanhealthservices.org	Drug testing for local schools and employers; several outpatient “methadone” clinics with individual counseling, drug tested as part of the program; new outpatient drug free program in Eastside & Pico Rivera (non-methadone).; Most sites are also community clinics with free to low cost medical services, youth and family planning (clinics accept non-documented patients). Serves: Pico Rivera, Whittier, Montebello, Hawaiian Gardens, Norwalk, Santa Fe Springs, Long Beach, Cerritos Hours: 8:00am – 3:30pm
Angel Step Too Confidential Address	(562) 461-9272	www.scadpinc.org	Transitional housing program targeting battered, substance-addicted women and their children. The program offers needs assessment, case management and service linkage, substance abuse counseling and education, domestic violence counseling and education, life skills training, and vocational/educational services; offers 36 beds for women and children within a six-month program. This program is a part of the agency’s large domestic violence service division, which also includes emergency shelters for battered, substance-abusing women and their children and a walk-in counseling center. Call for info. Monday - Friday, 9am – 5pm.
California Diversion Intervention Foundation 12440 Firestone Boulevard, Ste. 101 Norwalk, CA 90650 7336 South Painter Whittier, CA 90602 1095 N. Main St. Orange, CA 92867	800-842-9089	www.cdifcounseling.com	Provide Drug & Alcohol Counseling, Anger Management Classes, Domestic Violence Counseling. English and Spanish We do drug and alcohol counseling, domestic violence, Prop. 36 and outpatient services. We work with DCFS, Courts, Voluntary, and Probation. Serves: Los Angeles and Orange Counties Hours: 9:00 am to 4:00 pm
Casa Elena Recovery Home 832 S. Anaheim Blvd. Anaheim, CA 92805	(714) 772-5580 (714) 772-1685 (f)	www.chcada.org	Casa Elena is a non-profit recovery home designed to provide Latin women with an alcohol free, supportive environment that facilitates recovery from alcohol & drug addiction. The State Department of Alcohol & Drug Programs licenses Casa Elena. Casa Elena offers a six bed recovery home; a 90 day live-in residential program; a program of recovery offering group and individual counseling & education on alcohol related issues; Culturally & nutritionally balanced meals & transportation to self help groups & other community resources.
Child Abuse Hotline	(800) 540-4000		To report child abuse.
Cider House Supportive Program 11400 Bloomfield Ave. Norwalk, CA 90650	(562) 929-7518		Full treatment, transitional housing program providing shelter to homeless and low-income men, 18 years of age and older recovering from substance abuse; includes male Cal-WORKs clients non-custodial parents to build educational/vocational readiness which will help men support their children financially.
City of Norwalk – Social Services 11929 Alondra Blvd Norwalk, Ca 90650	(562) 929-5547 (562) 929-5515 (f)	www.norwalkca.gov	Emergency Food Cupboard – Emergency food assistance provided to individuals that are experiencing crisis situations, Paralegal Services – Provide free civil paralegal services to qualifying Norwalk residents, Self-help Support Groups – Groups meet weekly to provide support, counseling, and information relating to various issues: Al-Anon, Domestic Violence, Neurotics Anonymous, Alcoholics Anonymous, ESL-English Classes. Senior 60 years and older Nutrition Program – Hot Lunch Monday thru Friday 11:30 am for a minimal donation. Child Development Program available to low income working parents, in training and CALWORKS participants, Norwalk Senior Center – offers a variety of activities and services to meet the social, educational and recreational needs of mature adults. Children’s Dental Program – Provides transportation the dental clinic. Norwalk Dispute Resolution Program – Assists in resolving tenant/landlord, consumer/merchant and neighborhood disputes. Job Board – Current job listings.

SUBSTANCE/PHYSICAL ABUSE ASSISTANCE

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Community Assessment Services Center (CASC-CHCADA-SP) 9033 Washington Blvd. Pico Rivera, CA 90660	(562) 942-9625 (562) 942-9695 (f) 1-800-564-6600		Substance abuse assessment and referral for drug and alcohol treatment. Transportation available for assessment and initial intake appointment. Ancillary services: housing, clothing and food bank referrals. Brief medical screening, including screening for infectious disease and HIV/AIDS; educational information and presentations. Serves: Spa 7 Hours: 8:00am – 6:00pm
Community Family Guidance Center 10929 South St., Ste. 208B Cerritos, CA 90703 8320 Iowa St Ste. 201 Downey, Ca 90241	(562) 924-5526 (562) 924-1040 (f) Service HOTLINE 855-329-8080 (562) 904-4815	www.cfgcenter.com	Outpatient therapy services for families, children and youth ages 3-17 with Medi-Cal and Healthy Families Insurance. Serves: Surrounding cities as Lakewood, Long Beach, and Bellflower. Hours: M-Th ... 8:00am – 9:00pm Fri ... 8:00am – 4:30pm
East L.A. Women’s Center 1255 S. Atlantic Ave. Los Angeles, CA 90022	(323) 526-5819 (323) 526-5822 (f)	www.elawc.org	Provides free Domestic Violence & Sexual Assault Counseling and support. Training is also provided for sexual assault & HIV. Hotlines are also available 24/7 for Rape & Battering 800-585-6231 and Bilingual AIDS Hotline (9-5PM). 800-400-7432.
Family Intervention Team 12700 Norwalk Blvd. Norwalk, CA 90650	(562) 929-5685		Provides early intervention and assistance to parents whose children are displaying adverse and delinquent behavior at an early age. This service is for Norwalk residents with children 5 to 14 years of age. No Fees.
Family Outreach & Community Intervention Services (F.O.C.I.S.) 11364 E. Imperial Hwy. Norwalk, Ca 90650	(562) 807-6464 (562) 864-3528 (f)	www.focisweb.com	Serving our community by providing innovative programs that increase individual and family growth and structure. Tuesday – Friday 8:00 am to 4:00 pm
Helpline Youth Counseling, Inc. 12440 E Firestone Blvd #1000 Norwalk, Ca 90650	(562) 864-3722	www.hycinc.org	Provides counseling and intervention services for youth and families. Services include gang intervention/prevention, substance abuse programs (adolescents), individual, group, and family counseling, domestic violence counseling, child abuse prevention, anger management training (adolescents), and parenting skills training. Assistance is in English and Spanish. Access to some services is through Department of Children and Family Services, other county agencies, youth on probation, GAIN recipients, and referrals from school district personnel, law enforcement, parents, etc. Eligibility varies.
Homes of Promise Izzy’s Place Recovery Home for Men	(888) 856-9480	www.homesofpromise.org	Christ centered Recovery Homes.
Hosanna Counseling Center 16523 Bellflower Blvd Bellflower, Ca 90706 Mailing: Po Box 1817 Bellflower, Ca 90706	(562) 925-7200 (562) 286-8899 (f)	www.hosannachapel.org	We provide state-approved domestic violence counseling for batterers and victims, as well as substance abuse help. Monday – Friday 9:00 am to 5:00 pm
Interval House 24-Hour Hotline	Hotlines (562) 594-9492 (562) 594-4555 (714) 891-8121 (562) 596-3370 (f)	www.intervalhouse.org	Services are available in over 70 languages; include 24 hour crisis hotlines/24 hour teen hotline; Second Generation teen dating violence program; emergency and transitional housing; children, elder abuse, legal, medical, educational and prevention programs; emergency response team; individual and group counseling, including parenting and domestic violence classes; community education, prevention and training; university/internship programs; volunteer opportunities and much more. Fees are based on a sliding scale, and no one is turned away if unable to pay. Our mission is to ensure safety for people, who are battered, abused or at risk, to create public awareness about the epidemic of violence, and to mobilize the community to prevent violence, and end this recurring phenomenon in our society.

SUBSTANCE/PHYSICAL ABUSE ASSISTANCE

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
La Casita De Las Mamas 10603 Downey Ave. Downey, CA 90241	(562) 622-2268 (562) 869-4615 (f)	www.scadpinc.org	Offers a six-month residential treatment program, provides substance abuse education, individual and group counseling.
Los Angeles Centers for Alcohol & Drug Abuse 11015 Bloomfield Ave, Santa Fe Springs, CA 90670	(562) 906-2676 (562) 906-2681 (f)	www.lacada.com	Intensive Outpatient Programs: youth outpatient program, anger management, parenting classes (12 & 52 weeks), domestic violence, drug diversion, drug counseling, individual sessions, HIV testing.
Links Sign Language Interpreting Services 800 West Pacific Coast Hwy Long Beach, Ca 90806	(562) 435-3411 (562) 436-5559 (f) Emergencies (562) 331-0927	www.linksinterpreting.com	We are an agency that places both sign and verbal language interpreters for temporary assignments. We work with over 300 interpreters supporting American Sign Language and 30 Spoken Languages. M-F 7:30am – 4:30pm After Hours Emergencies 24/7
Little House Inc. 9718 Harvard St. Bellflower, CA 90706	(562) 925-2777 (562) 925-7572 (f)	www.littlehouseinc.org	Women's residential treatment services. Call for a screening, assessment and or referral. Serves: All areas Office Hours: 6:00 am to 10:00 pm
NARCONON Drug Prevention 13850 Graber Ave. Sylmar, CA 91342	(800) 775-8750 moreinfo@theroadout.org	www.theroadout.org www.narconon.org	Free drug rehab referral services; drug abuse prevention programs to school age children and adults. Serves: Southern California Hours: 9:00am – 9:00pm
NCADD – Woman to Woman 780 Atlantic Ave. Long Beach, CA 90813	(562) 426-8262 (562) 426-5283 (f)		Substance abuse recovery services. Long-term outpatient and residential substance abuse recovery for women, without children. Drug Court, co-ed. Positive Choices youth program. Domestic Violence case management services, with GAIN referral. Agency offers a variety of services in the substance abuse field. Child care available for our clients. Treatment covers a variety of topics such as anger management, domestic violence, parenting, etc. Hours: 9:00am – 5:00pm
Paramount Counseling Services 11500 Paramount Blvd. Downey, CA 90241 16247 Colorado Ave. Paramount, CA 90723	(562) 272-4004 (562) 529-8513 (f)	www.scadpinc.org	Proposition 36 Habilitative Day Care Services for persons referred by the Proposition 36 program. Drug Court services.
Positive Steps Inc. (SCADP, Inc.) 11501 Dolan Ave Downey, Ca 90241	(562) 923-7894 (562) 869-3400 (f)	www.positivestepsinc.com	Specializing in: Child Abuse-Domestic Violence-Drug & Alcohol Counseling – Obsessive Compulsive Disorders. Offer individuals advice that to learn healthy ways of relating to others and tools to improve self-esteem and self-worth. Family therapy; parenting and anger management classes. Serve all court ordered and social service cases. Serves: Out of state & all communities Hours: Tues-Thurs: 10am-7pm by appointment Friday: 2pm-7:30pm
Southern California Alcohol & Drug Program / Outreach Services 11500 Paramount Blvd. Downey, CA 90241 • Cider House Program 11401 Bloomfield Ave. Norwalk, CA 90650	(562) 923-4545 (562) 869-1295 (f) (562) 864-7724	www.scadpinc.org	Provides a variety of outpatient and residential treatment programs, counseling, and support groups to adults and youth with substance abuse issues. Includes shelters specifically for victims of domestic violence. Community outreach serving the communities of Los Angeles and Orange County. The Cider House Program is a complete non-medical detoxification site for men. This program is a 90-day full phase recovery program and includes follow up for up to one year. Please call for an assessment; phone service is available from 7am-10pm. Fees are based on a sliding scale.

SUBSTANCE/PHYSICAL ABUSE ASSISTANCE

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Southern California Alcohol & Drug Youth Programs Bell Gardens Downey Paramount Pico Rivera	(562) 927-1656 (562) 862-9766 (562) 923-4545 (562) 923-4545	www.scadpinc.org	Free outpatient program for youth between the ages of 13-18. Services include: Counseling, alcohol & drug use assessments, weekly drug testing, 12-Step Awareness, Intensive supervision, Crisis Intervention, Parenting classes, referral sources, and transportation provided free of charge.
Substance Abuse Foundation 3125 E. 7 th St. Long Beach, CA 90804	(562) 987-5722 (888) 467-2743 (562) 987-4586 (f)	www.safinc.org	Coed residential substance abuse recovery program (90 day to 1-yr. Social model program) sober living, transitional and long term. Outpatient program offered through GR, Medi-Cal, and those living with AIDS. Treatment also available at no cost to individuals on state parole or fed probation, women with children, pregnant women, and veterans of the armed forces.
SPIRITT Family Services 9401 S. Painter Ave., Bldg. E Whittier, CA 90605	(562) 698-9436 (855) 714-8800 (562) 963-7000 (f)	www.spiritt.org	Family Communication skills classes, parenting, anger management, alcohol and drug recovery services, domestic violence, child abuse prevention. After school programs are available for ages 5-18 years old. Services are in English and Spanish. Sliding scale fees apply for low-income clients.
Tarzana Treatment Center 2101 Magnolia Ave. Long Beach, CA 90806	(562) 218-1868 x6153 (562) 591-0346 (f)	www.tarzanatc.org	Provide assessments, residential and outpatient treatment, detoxification treatment. Provide individual and group counseling, family therapy and support services such as employment, educational and child care. Accept women with children and youth between the ages of 12-20 years old. Areas served are Long Beach, Tarzana, and Antelope Valley. Hours of operation are from 8:30am- 5:00pm.
United American Indian Involvement Inc. 1125 W. 6 th Street Los Angeles, Ca 90017	(213) 202-3970 (213) 241-0925 (f)	www.UAII.org	UAII is an organization that has been established in Los Angeles for over 38 years. The majority of our funding is to serve the Native American Community, we have many programs, the Robert Sundance is our Substance Abuse Program, we have a Senior's Program, we also have our clinic that receives HIS monies to provide medical care to the Native American Community. Continuing Education for youth seeking their high school diploma, Seven Generations mental health component, we serve everyone, native or non-native. Native Pathway's to Healing Domestic Violence/Sexual Assault Program, serving victims of domestic violence or sexual abuse. Areas Served: Los Angeles County Hours: 8:00 am – 5:00 pm

TRANSPORTATION

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
ACCESS PARATRANSIT Eastern Region Western Region Southern Region San Fernando Valley	(877) 640-3278 (877) 408-9378 (877) 517-6884 (877) 716-6784		
Arts and Services for Disabled Inc. 3962 N Studebaker Rd Ste. 206 Long Beach, Ca 90808	(562) 982-0252	www.artsandservices.org	
Bellflower Dial-A-Ride	(562) 804-1424 Ext. 2267	Provides transportation to the disabled and seniors.	
Community Advocates for Peoples' Choice 7200 Greenleaf Ave Ste. 170 Whittier, Ca 90602	(562) 693-8826 (562) 693-3826 (f)	www.capcinc.org	
Cerritos On Wheels (COW) 7209 E. Rosecrans Paramount, CA 90723	(562) 928-4269 (562) 916-1202		
Dial-A-Ride 12650 Imperial Hwy. Norwalk, CA 90650	(562) 929-5550 (562) 929-5572 (f)		
Disabled Resources Center Inc. (DRC) 2750 Spring St Ste. 100 Long Beach, Ca 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	
go Metro	(323) 466-3876	www.metro.net	
Live Free Traffic Information	511	www.go511.com	
Long Beach Transit 1963 E. Anaheim St. Long Beach, CA 90813	(562) 591-2301	www.lbtransit.com	
METROLINK 700 S. Flower St., Ste. 2600 Los Angeles, CA 90017	(800) 371-5465	www.metrolinktrains.com	
Metropolitan Transit Authority	(213) 922-6235	Metro Customer Relations	
Orange County Transit 550 S. Main St. Orange, CA 92863	(714) 636-7433	www.octa.net	
Salvation Army 7926 S Pickering Whittier, Ca 90602	(562) 698-8348 Ext 201 (562) 698-7588		
Torrance Transit System 20500 Madrona Ave. Torrance, CA 90503	(310) 618-6266	www.transit.torranceca.gov	
United American Indian Involvement Inc. 1125 W. 6 th Street Los Angeles, Ca 90017	(213) 202-3970 (213) 241-0925 (f)	www.UAII.org	
Yellow Cab	(877) 733-3305		

VETERANS' SERVICES

ORGANIZATIONADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
ABC Adult School 12254 Cuesta Dr. Cerritos, Ca 92703	(562) 926-6134 Ext 25001 (562) 229-7961 (f)	abcadulthoodschool.edu/	ABC Adult School offers meaningful opportunities to fulfill personal, educational and workplace goals. Our programs include Career Technical Training, Community Education, Academics and ESL. We are always open to referrals from agencies and welcome veterans as well as individuals looking to reenter the workforce. Our full service Job Center offers assistance in job readiness skill building. We offer something for everyone.
Department of Veterans Affairs Long Beach Healthcare Systems 5901 E. 7 th St., Bldg. 26 Long Beach, CA 90822	(562) 826-8000 (888) 769-8387 (562) 826-5972 (f)	www.longbeach.va.gov	Medical assistance, rehabilitation and employment services for all veterans and family assistance. There are five community outpatient clinics: Laguna Hills, Santa Ana, Anaheim, Whittier/Santa Fe Springs and Villages of Cabrillo (Long Beach). Hours of Operation: M-F 8:00am-4:30pm Emergencies are seen 24/7.
Disabled Resources Center Inc. (DRC) 2750 Spring St Ste. 100 Long Beach, Ca 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch
Easter Seals Southern California Adult Services 17416-18 Bellflower Blvd Bellflower, Ca 90706	(562) 804-4686 (562) 804-4824 (f)	www.easterseals.com	We provide exceptional services to ensure that all people with disabilities or special needs and their families have an equal opportunity to live, work and play in their communities. Therapeutic, Developmental and Personal Care, Health Care needs, Behavioral, Personal, Mental needs and Support. Monday – Friday 9:00 am to 4:00 pm
EDD-Veteran Services 12715 S. Pioneer Blvd. Norwalk, CA 90650	(562) 929-9137 (562) 929-9168 (f)	www.edd.ca.gov	Provides veterans with job search assistance and referrals to a variety of programs designed to assist veterans specifically.
Habitat for Humanity of Greater Los Angeles 8739 Artesia Blvd. Bellflower, CA 90706	(310) 323-4663	www.habitatla.org home@habitatla.org	Housing Services Program for low-income individuals and families including; Homeownership, Home repairs, Manufactured homeownership/repairs, WaterWise program. Education; Financial Literacy, First-time homebuyer and Pathways to Homeownership. Youth (5-24) and Veteran support services and engagement programs. Volunteer opportunities for the general public in our build sites, retail store and offices. ReStores (Thrift Stores) home improvement hardware stores. We have new inventory and building materials every day to inspire you on your home project of your dreams. Areas Served: 51 Cities and 61 Unincorporated areas of Los Angeles Office Hours: 9:00 am – 5:00 pm ReStore Hours: 8:30 am – 7:30 pm
National Veterans Legal Services Program	(202) 265-8305	www.nvlsp.org	Helps veterans who, because of the effects of military service, have been unable to share in opportunities available to most Americans. Services include advocacy, education, litigation, training and publications.
Positive Steps 11501 Dolan Ave. Downey, Ca 90241	(562) 923-7894 (562) 869-3400 (f)	www.positivestepsinc.com	Specializing in: Child Abuse-Domestic Violence-Drug & Alcohol Counseling – Obsessive Compulsive Disorders. Offer individuals advice that to learn healthy ways of relating to others and tools to improve self-esteem and self-worth. Family therapy; parenting and anger management classes. Serve all court ordered and social service cases. Serves: Out of state & all communities Hours: Tues-Thurs: 10am-7pm by appointment Friday: 2pm-7:30pm

VETERANS' SERVICES

ORGANIZATION	ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
RWM Fiber Optics, Inc.	16627 Avalon Blvd Carson, Ca 90746	(310) 729-5818 (310) 769-0990 (f)	www.rwmfiber.com	RMW offers training in the telecommunication installation field (Home theater, Satellite, Security (alarms and camera), Fiber Optics, Cable TV, and Structured Cabling. Serving Los Angeles County Hours: Monday – Thursday 8:00 am to 3:30 pm
Selective Services			www.sss.gov	Veterans who leave the military before their 26th birthday must be registered in the Selective Service System.
The Salvation Army Bell Shelter Supportive Services for Veteran Families	5600 Rickenbacker Rd. Bell, CA 90201	(323) 263-1206 Ext 205 (323) 263-8543 (f)	www.salvationarmy-socal.org	Housing for homeless and near homeless veterans and their family. Social Services, connecting the veterans with the appropriate benefit source. Employment Services, helping veterans and their families find employment. Qualification other than dishonorable discharge, in danger of losing your housing, or being actually homeless, and low income.
UAW-Labor Employment Training – South LA WSC	3965 S Vermont Ave Los Angeles, Ca 90037	(323) 730-7900 (323) 730-7937 (f)		We are a South Los Angeles Worksource Center that offers Employment assistance, training opportunities, and supportive services. We offer referral services to many community based organizations. Areas Served: South Los Angeles Hours: Monday – Friday 8:00 am to 5:00 pm
U.S. Vets Villages at Cabrillo	2001 River Ave. Long Beach, CA 90810	(562) 388-8049 (562) 200-7300 (562) 388-7803 (f)	www.usvetsinc.org	Provide safe, sober, clinically supported housing & employment assistance for homeless and at-risk veterans (men and women).
Veterans Assistance	11301 Wilshire Blvd. Los Angeles, Ca 90073	(800) 827-1000 (310) 478-3711	www.losangeles.va.gov	Hours of operation are 8:00am-3:30pm.
Veterans Center & Veterans Outreach Center	5400 E. Olympic, Ste. 140 Commerce, CA 90022	(323) 728-9966 (877) 927-8387 (323) 887-1082 (f)	www.Va.gov	Provides individual, group, marriage, family, domestic violence, anger management and substance abuse classes, employment and VA claims assistance.
Veterans University Center for Excellence College of Health and Human Services	1250 Bellflower Blvd. Long Beach, CA 90840	(562) 985-4279 (572) 985-7581 (f)		<ul style="list-style-type: none"> ▪ Post-deployment screening/counseling ▪ Family support ▪ Med/Surg, Mental Health, Rehab, SCI, PTSD etc. ▪ Primary Care and Case Management ▪ Polytrauma Services ▪ Linkages to all VA national programs/services ▪ Blind rehabilitation
Working Wardrobes	3030 Pullman Street Costa Mesa, Ca 92626	(714) 210-2460 (714) 434-2870 (f)	workingwardrobes.org	Working Wardrobes provides workforce readiness services including resume creation, job training, weekly Job Club Workshops, job placement assistance, but appointment preferred for resume or one-on-one coaching. Professional wardrobe is done through referrals only. We also offer a special program for veterans with additional services.

*The moon gives you light,
And the bugles and the drums
give you music,
And my heart, O my soldiers, my veterans,
My heart gives you love.*

Author: Walt Whitman



YOUTH SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Alta Med 711 E Wardlow Long Beach, Ca 90807	(562) 490-7583 (562) 595-8174 (f)	www.altamed.org	Case management for youth and parenting classes. Connections for senior services, health care and child services. Areas Served: LA & Orange County Hours: 8:00 am to 5:00 pm
Alta-Med – Pregnant and Parenting Teen Programs 9436 E. Slauson Pico Rivera, CA 90660	(562) 949-6069 (562) 949-0199 (f)	www.altamed.org	Provides assistance with education, career planning, parenting, family planning, and nutrition and child safety. Also administers Cal-Learn, the cash assistance program for a parenting teen, which assists teens in obtaining a GED and developing, career goals.
Alta-Med Youth Services 512 S. Indiana Los Angeles, CA 90063	(323) 722-0160 (323) 307-0161 (f)	www.altamed.org	The Adolescent Family Life Program provides case management for pregnant and parenting adolescents. Case managers serve with encouragement, guidance, and support.
Arts and Services for Disabled Inc. 3962 N Studebaker Rd Ste. 206 Long Beach, Ca 90808	(562) 982-0252	www.artsandservices.org	We provide meaningful day programming for adults with developmental disabilities, using the creative arts as a tool to develop and strengthen social and developmental skills. Our primary focus is to encourage and support artists with disabilities in their creative expression through inclusive community participation. We also offer transportation to and from our site. Serving the Southern California Area. Hours: 8:30 am to 3:30 pm
Casa Youth Shelter 10911 Reagan St. Los Alamitos, CA 90720	(800) 914-2272 (562) 594-6825 (562) 594-9185 (f)	www.casayouthshelter.org	Emergency shelter for boys and girls ages 12-17 years who are homeless, running away, or at risk, counseling services provided with the goal of family reunification of safe. Parenting classes also offered in English and Spanish. Approved by Social Services and Probation. Certificates provided. Hours: 24/7
City of Long Beach Center for Families & Youth 3665 Myrtle Ave. Long Beach, Ca 90805	(562) 570-3300 (562) 570-3306 (f)		Family Preservation is an integrated, comprehensive approach to strengthening and preserving families at risk of already experiencing problems in family functioning, with the goal of assuring the emotional, social, educational, cultural and spiritual development of children in a safe and nurturing environment. With linkages to education & youth services.
City of Norwalk Youth Intervention 12700 Norwalk Blvd. Norwalk, CA 90650	(562) 929-5518 (562) 929-5761 (562) 651-1075 (f)	www.ci.norwalk.ca.us	Provides free services for Norwalk families whose children are between the ages of 13-17 that are experiencing dysfunction in the areas of school, home, or community.
City of Whittier Therapeutic Recreation Program 13225 Walnut Street Whittier, Ca 90602	(562) 567-9470 (562) 567-2878 (f)	www.cityofwhittier.org	The Therapeutic Recreation Program provides an opportunity for physical activity, emotional release, social involvement and creative expression for those with disabilities helps participants develop positive self-image and feelings of individual worth, physical activities, and continuing relationships. Ages 8 and up. Serving: City of Whittier and the Surrounding Cities
Community Family Guidance Center 10929 South St., Ste. 208B Cerritos, CA 90703 8320 Iowa St Ste. 201 Downey, Ca 90241	(562) 924-5526 (562) 924-1040 (f) Service HOTLINE 855-329-8080 (562) 904-4815	www.cfgcenter.com	CFGC has programs that service children with trauma, depressive symptoms, anxiety, ADHD, and home behavioral issues. Our programs provide clients and families with the tools and skills to improve positive social skills, emotional skills, and strengthen family relationships. We are able to serve children with MediCal insurance and also have some programs where no insurance is required. Serves: Surrounding cities of Lakewood, Long Beach, Bellflower, Norwalk, Paramount, Cerritos, Artesia, and Hawaiian Gardens.

YOUTH SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
Disabled Resources Center Inc. (DRC) 2750 E Spring St Ste. 100 Long Beach, Ca 90806	(562) 427-1000 (562) 427-2027 (f) (562) 427-1366 (tty)	www.drcinc.org	Serving people with disabilities to live independently in the community. Offer Assistive Technology, Community Advocacy, Personal Assistance Services, Benefits Education, Housing Services Information and Referral, Transitional Funding, Independent Living skills, Peer Support Services, Mobility Management Training, Ticket to Work, Stepping Stones to Employment; DRC is fully accessible; all materials are available in alternate format upon request. Group Orientation for new consumers every Thursday at 9am. Hours: 8:00 am to 5:00 pm Closed 12:00 to 1:00 for lunch
Families in Good Health 1045 Atlantic Ave Ste. 705 Long Beach, Ca 90813	(562) 491-9100 (562) 491-9824 (f)		Families in Good Health provides health outreach, education, advocacy, and case management services throughout Los Angeles County, particularly the greater Long Beach area. Services are targeted, but not restricted to the Southeast Asian and Spanish-speaking communities. Monday – Friday 8:00 am to 4:30 pm
Family Intervention Team 12700 Norwalk Blvd. Norwalk, CA 90650	(562) 929-5685		Provides early intervention and assistance to parents whose children are displaying adverse and delinquent behavior at an early age. This service is for Norwalk residents with children 5 to 14 years of age. No Fees.
Family Outreach & Community Intervention Services (F.O.C.I.S.) 11364 E Imperial Hwy Norwalk, Ca 90650	(562) 807-6464 (562) 864-3528 (f)	www.focisweb.com	Serving our community by providing innovative programs that increase individual and family growth and structure. Tuesday – Friday 8:00 am to 4:00 pm
Field Of Dreams Learning Inc. 15014 Studebaker Rd. Norwalk, Ca 90650	(562) 708-1046 (562) 991-5031 (f)	www.fieldofdreamslearning.org	FoDL is an educational nonprofit servicing young people 16-24 in the areas of education (high school diploma based education), post-secondary support, vocational training, personal counseling, mentorship, and leadership. Hours: Monday – Friday 8:00 am to 4:00 pm
Habitat for Humanity of Greater Los Angeles 8739 Artesia Blvd. Bellflower, CA 90706	(310) 323-4663	www.habitatla.org home@habitatla.org	Housing Services Program for low-income individuals and families including: Homeownership, Home repairs, Manufactured homeownership/repairs, WaterWise program. Education; Financial Literacy, First-time homebuyer and Pathways to Homeownership. Youth (5-24) and Veteran support services and engagement programs. Volunteer opportunities for the general public in our build sites, retail store and offices. ReStores (Thrift Stores) home improvement hardware stores. We have new inventory and building materials every day to inspire you on your home project of your dreams. Areas Served: 51 Cities and 61 Unincorporated areas of Los Angeles Office Hours: 9:00 am – 5:00 pm ReStore Hours: 8:30 am – 7:30 pm
Helpline Youth Counseling, Inc. 12440 E Firestone Blvd #1000 Norwalk, Ca 90650	(562) 864-3722	www.hycinc.org	Provides counseling and intervention services for youth and families. Services include gang intervention/prevention, substance abuse programs (adolescents), individual, group, and family counseling, domestic violence counseling, child abuse prevention, anger management training (adolescents), and parenting skills training. Assistance is in English and Spanish. Access to some services is through Department of Children and Family Services, other county agencies, youth on probation, GAIN recipients, and referrals from school district personnel, law enforcement, parents, etc. Eligibility varies.
Job Corps	(213) 741-5356	www.jobcorps.gov	Offer free career training, GED & High School diploma instructions, Cash Allowance, Medical & Dental Care, Meals, Housing, Sports & Recreation, College Opportunities, & Job Placements. At no cost to you. For Individuals ages 16-24.
Los Angeles Centers for Alcohol & Drug Abuse 11015 Bloomfield Ave, Santa Fe Springs, CA 90670	(562) 906-2676 (562) 906-2681 (f)	www.lacada.com	Intensive Outpatient Programs: youth outpatient program, anger management, parenting classes (12 & 52 weeks), domestic violence, drug diversion, drug counseling, individual sessions, HIV testing.

YOUTH SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
LINC Housing Corporation 555 Ocean Blvd. Ste. 900 Long Beach, Ca 90802	(562) 684-1100 (562) 864-1137 (f)	www.linchousing.org	LINC provides services that build networks of support, access, and awareness for families and that support healthy and independent living for those who live within our communities. The staff members teach and collaborate with nearby agencies to facilitate classes and activities that cover health, exercise, financial literacy, after-school care, ESL, computer skills, crafts, volunteer opportunities, social events, and field trips to experience science, nature, and the arts.
Long Beach Community Improvement League 2222 Olive Ave. Long Beach, CA 90806	(562) 426-8897 (562) 424-1943 (f)	www.lbcil.org	LBCIL provides social services to low income residents of Long Beach including: Universal Preschool (LAUP); state-subsidized preschool age care; before and after school care; child nutrition; teacher training; parent training, and Summer Youth Training Program Serves: Long Beach Hours: M – F, 6:30am – 6:00pm
Long Beach Job Corps 1903 Santa Fe Ave. Long Beach, Ca 90247	(562) 983-1777 (562) 983-6393 (f)	longbeach.jobcorps.gov	Job Corps is a no-cost education and career technical training program administered by the U.S. Department of Labor that helps young people ages 16 through 24 improve the quality of their lives through career technical and academic training. At Long Beach Job Corps Center, we support the Job Corps program's mission of teaching eligible young people the skills they need to become employable and independent and placing them in meaningful jobs or further education.
Mexican American Opportunity Foundation (MAOF) 5657 E Washington Blvd Commerce, Ca 90040	(323) 313-1603 (323) 890-1556 (f)	www.maof.org	Human services organization servicing low income families, children, seniors, and other individuals with services such as vocational/job training, work experience employment, childcare, and senior services. Monday – Friday 8:00 am to 5:00 pm
NARCONON Drug Prevention 13850 Graber Ave. Sylmar, CA 91342	(800) 775-8750 (818) 367-8300	www.narconon.org moreinfo@theroadout.org	Free drug rehab referral services; drug abuse prevention programs to school age children and adults. Serves: Southern California Hours: 9:00am – 9:00pm
Olive Crest Family Resource Center 17800 Woodruff Ave. Bellflower, CA 90706	(562) 866-8956	www.olivecrest.org	Free tutor center; Parent support groups; Parent/kinship/foster education classes; Financial education classes; Information to local resources & referrals. Areas Served: Bellflower & Surrounding Communities Hours: Monday – Friday 9:00 am – 5:00 pm
Positive Steps 11501 Dolan Ave. Downey, Ca 90241	(562) 923-7894 (562) 869-3400 (f)	www.positivestepsinc.com	Specializing in: Child Abuse-Domestic Violence-Drug & Alcohol Counseling – Obsessive Compulsive Disorders. Offer individuals advice that to learn healthy ways of relating to others and tools to improve self-esteem and self worth. Family therapy; parenting and anger management classes. Serve all court ordered and social service cases. Serves: Out of state & all communities Hours: Tues-Thurs: 10am-7pm by appointment Friday: 2pm-7:30pm
Providence Community Services (PCS) 21520 S. Pioneer Blvd., Ste. 110 Hawaiian Gardens, CA 90716	(562) 865-3644 (562) 865-5244 (f)		Intensive Day Treatment Services are offered to children and adolescents ages 6-18, living in the South East Los Angeles area and receiving Medi-Cal. The program is designed for youth with behavioral management problems related to Serious Emotional Disturbances (SED). 3afternoon treatment groups are provided for Elementary, Middle and High School ages. Youth qualified for Day Treatment services generally have been unable to achieve success in an outpatient setting.

YOUTH SERVICES

ORGANIZATION ADDRESS	PHONE/FAX	WEBSITE	DESCRIPTION/SERVICES/PROGRAMS PROVIDED
The Salvation Army 7926 S Pickering Whittier, Ca 90602	(562) 698-8348 Ext 201 (562) 698-7588 (f)		Services provided are emergency food, bus tokens, utility assistance, diapers, hygiene kits and referrals. We also have a daily shower program for the homeless Monday – Friday at 9:00am. Homeless programs require a picture ID and other services for residents require additional paperwork, please call for additional information. Areas Served: Whittier and Rio Hondo Zip Codes
Southern California Alcohol & Drug Youth Programs Bell Gardens Downey Paramount Pico Rivera	(562) 927-1656 (562) 862-9766 (562) 923-4545 (562) 923-4545	www.scadpinc.org	Free outpatient program for youth between the ages of 13-18. Services include: Counseling, alcohol & drug use assessments, weekly drug testing, 12-Step Awareness, Intensive supervision, Crisis Intervention, Parenting classes, referral sources, and transportation provided free of charge.
SPIRITT Family Services 9401 S. Painter Ave., Bldg. E Whittier, CA 90605	(562) 698-9436 (562) 693-9524 (f)	www.spiritt.org	Family Communication skills classes, parenting, anger management, alcohol and drug recovery services, domestic violence, child abuse prevention. After school programs are available for ages 5-18 years old. Services are in English and Spanish. Sliding scale fees apply for low-income clients.
United American Indian Involvement Inc. 1125 W. 6 th Street Los Angeles, Ca 90017	(213) 202-3970 (213) 241-0925 (f)	www.UAII.org	UAII is an organization that has been established in Los Angeles for over 38 years. The majority of our funding is to serve the Native American Community, we have many programs, the Robert Sundance is our Substance Abuse Program, we have a Senior's Program, we also have our clinic that receives HIS monies to provide medical care to the Native American Community. Continuing Education for youth seeking their high school diploma, Seven Generations mental health component, we serve everyone, native or non-native. Native Pathway's to Healing Domestic Violence/Sexual Assault Program, serving victims of domestic violence or sexual abuse. Areas Served: Los Angeles County Hours: 8:00 am – 5:00 pm





STORE / ADDRESS	PHONE NUMBER
Affordable Treasures 17829 S. Bellflower Blvd. Bellflower, CA 90706	(562) 866-0060
A King's Attic 15706 Pioneer Blvd Norwalk, CA 90650	(562) 210-8512
ARC Value Village 9334 Alondra Blvd. Bellflower, CA 90706	(714) 578-4000
Goodwill 9125 E. Imperial Hwy. Downey, CA 90242	(562) 803-5392
Goodwill 12827 Pioneer Blvd. Norwalk, CA 90650	(562) 864-0662
Goodwill 10745 South St., Cerritos, Ca 90703	(562)207-9464
Habitat for Humanity ReStore 8739 Artesia Blvd. Bellflower, CA 90706	(310) 323-4663
HG Thrift Store 21622 Norwalk Blvd. Hawaiian Gardens, CA 90716	(562) 219-5360
Precious Life Thrift & Gift 3622 Florista St Los Alamitos, CA 90720-2423	(562) 430-7309
Quality Thrift Store 1639 E. Artesia Blvd. Long Beach, CA 90805	(562) 428-8795
Rancho Thrift Store 7601 Imperial Hwy. Downey, CA 90242	(562) 401-7218
Salvation Army 1100 N. La Palma Way Anaheim, CA	(714) 535-4631
Salvation Army 7035 Stanton Ave. Buena Park, CA 90621	(714) 521-7390
Salvation Army 9444 Firestone Blvd. Downey, CA 90241	(562) 803-3115
Savers Thrift Store 15825 E. Imperial Hwy. La Mirada, CA 90638	(562) 943-1182
Team Amvets Thrift Store 3315 E. South St. Long Beach, CA 90805	(562) 470-6805



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Resale Boutiques

TUSTIN LAGUNA NIGUEL

Locations

Laguna Niguel

28051 Greenfield Drive
(at Crown Valley Parkway)
Laguna Niguel, CA 92677

(949) 425-9900

Store Hours

Monday—Saturday
10am—6pm

Tustin

1071 Main Street
(at Newport)
Tustin, CA 92780

(714) 573-4596

Store Hours

Monday—Saturday
10am—6pm

If you are not able to find what you are looking for in this resource guide be sure to access 211.

211 functions as a gateway to the county's vast and complex social service delivery system. 211 LA County links ALL Los Angeles County resident to services that strengthen families and improve their economic success; equips them to prepare their children for school; helps them find and keep jobs with opportunities for advancement; helps them identify and gain access to public benefits and subsidies; and increase their access to quality health care. Professional community resource advisors help callers with critical issues such as health care and substance abuse, domestic violence, shelter, food, legal and financial assistance, programs for children and seniors and different types of mental health services. This community resource database contains information on over 49,000 programs and services and is continuously being updated to ensure that the most current and accurate information possible is being provided.



"Celebrating 30 years of service to the community"

HOW TO CONTACT	Phone	Dial 211
	Internet	Infoline-la.org 211la.org